



# KEEP ALBUQUERQUE BEAUTIFUL HOSTS THE 3RD ANNUAL:

**VOLUNTEERS NEEDED!!!!**

# Junk Jog

Plogging is a new Swedish fitness craze and is a combination of jogging with picking up litter (Swedish: plocka upp). Come and help keep Albuquerque beautiful by volunteering for this event at the Bosque!

*We need volunteers to help at tables, traffic control, etc!*

**Saturday, October 22, 2022 from 9 a.m. to 11 p.m.**

**Central and Sunset**

**Parking Lots north and south of Central**

**For more information visit [keepalbuquerquebeautiful.com](http://keepalbuquerquebeautiful.com)**



**Deadline to submit this registration form is 5:00pm, Thursday, Oct 6, 2022**

Mail to:

Mila Romero

Keep Albuquerque Beautiful

4600 Edith Blvd N.E.

Albuquerque, NM 87107

OR

E-mail: [milaromero@cabq.gov](mailto:milaromero@cabq.gov)

First & Last Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip code: \_\_\_\_\_

HOW DID YOU HEAR ABOUT THIS EVENT? \_\_\_\_\_

Please check one:  Individual  Group (Groups sizes should be limited to 2-4 people)

Volunteer Group size: \_\_\_\_\_

T-Shirt Size\* (if multiple of a size is needed, please write the quantity on the lines provided):

MEN'S:  Small  Medium  Large  XL  2XL

WOMEN'S:  Small  Medium  Large  XL  2XL

\*Due to delayed shipping times, shirt sizes cannot be guaranteed if you register after Sep 23, 2022