



KEEP ALBUQUERQUE BEAUTIFUL HOSTS THE 3RD ANNUAL:

Junk Jog

Plogging is a new Swedish fitness craze and is a combination of jogging with picking up litter (Swedish: plocka upp). Come and help keep Albuquerque beautiful by participating in this new exercise craze at the Bosque! The individual and group that fills the most trash bags will receive fun prizes!

Saturday, October 22, 2022 from 9 a.m. to 11 p.m.

Central and Sunset

Parking Lots north and south of Central

For more information visit keepalbuquerquebeautiful.com



Deadline to submit this registration form is 5:00pm, Thursday, Oct 6, 2022

Mail to:

Mila Romero

Keep Albuquerque Beautiful

4600 Edith Blvd N.E.

Albuquerque, NM 87107

OR

E-mail: milaromero@cabq.gov

First & Last Name: _____

Address: _____

City: _____ State: _____ Zip code: _____

HOW DID YOU HEAR ABOUT THIS EVENT? _____

Please check one: Individual Group (Group sizes should be limited to 2-4 people)

Participant Group size: _____

T-Shirt Size* (if multiple of a size is needed, please write the quantity on the lines provided):

MEN'S: Small Medium Large XL 2XL

WOMEN'S: Small Medium Large XL 2XL

*Due to delayed shipping times, shirt sizes cannot be guaranteed if you register after Sep 23, 2022