

October 2025



**Santa Barbara Martineztown
Multigenerational Center**

505.767.5671

1825 Edith Blvd NE 87102

cabq.gov/seniors

Welcome to Santa Barbara Martineztown!

Spooky Season is Upon Us at Santa Barbara Martineztown

As the leaves fall and the air gets cooler, it's the perfect time to cozy up and enjoy all the fun events we have planned for the Halloween season.
Zumba is Expanding

We're excited to announce that our Zumba classes are now offered three days a week! In addition to our regular schedule, we've added a Monday class, so come start your week with some energy and movement.

New Meditation Class

Take time to relax and unwind at our new Friday afternoon meditation class. Enjoy a calm space to reset and connect with others in the community.

Monthly Flea Market

Our community Flea Market will now take place on the first Wednesday of every month. Come shop, browse, and support local vendors and neighbors.

Trunk or Treat – Thursday, October 30 | 4:00 PM – 7:00 PM

Join us for a fun and safe Halloween celebration. If you'd like to participate by handing out candy and decorating your car, please call the front desk at 505-767-5671 to sign up.

2nd Annual Turkey Bingo – Coming in November

Get ready for another exciting round of Turkey Bingo. Bring your good luck and compete to win a Thanksgiving turkey or other great surprises.
Daily Meal Program

We serve meals at the center every weekday. To reserve a meal for the following day, please sign up before 1:00 PM. We look forward to seeing you!

Center Closure Notice

The center will be closed on Monday, October 13 in observance of Indigenous Peoples Day.

Youth Program is in Full Swing

Our Youth Program runs Monday through Friday from 3:00 PM to 6:00 PM. If you know someone who would benefit from the program, please call us for more information.

Center Hours

Monday-Friday:

Open to all.

8:00 AM-5:00 PM

Youth only.

5:00 PM-6:00 PM

Saturday and Sunday:

Closed.

Mayor

Timothy M. Keller



Director

Anna M. Sanchez

Center Staff

**Matthew Montoya
Program Coordinator**

**Isaiah Poole,
Carl Sleeper**

General Service Worker

Part-Time Staff

**Aaliyah, Albert, Amiah,
Brandon, Sebastian,
Lucero, Ronan and
Iveinna**

Important Information

Center Closed

**Indigenous peoples
day
Oct. 13, 2025**



Monday

TV Viewing
Friendship Coffee
Computer Lab
Puzzle Table
Yoga-Gentle
Zumba-Low Impact

8:00 AM-5:00 PM
8:00 AM-2:00 PM
8:00 AM-3:00 PM
8:00 AM-4:45 PM
9:00 AM-10:00 AM
3:45 PM-4:45 PM



Tuesday

TV Viewing
Friendship Coffee
Computer Lab
Puzzle Table
Tech Help Tuesday
Yoga-All Level
Line Dancing
Zumba-Low Impact

8:00 AM-5:00 PM
8:00 AM-2:00 PM
8:00 AM-3:00 PM
8:00 AM-4:45 PM
8:00 AM-4:45 PM
8:30 AM-9:30 AM
1:00 PM-2:00 PM
3:45 PM-4:45 PM



Wednesday

TV Viewing
Friendship Coffee
Computer Lab
Flea Market (1st Wednesday)
Paint and Sip
Puzzle Table
Walk in the Park
YouTube Foodies
Movie
(3rd Wednesday)
Corn Hole

8:00 AM-5:00 PM
8:00 AM-2:00 PM
8:00 AM-3:00 PM
8:00 AM-12:00 PM
10:00 AM-12:00 PM
8:00 AM-4:45 PM
8:30 AM-9:00 AM
9:00 AM-10:00 AM
9:00 AM-11:00 AM
1:30 PM-2:30 PM



Weekly Activity

Thursday

TV Viewing
Friendship Coffee
Computer Lab
Puzzle Table
Yoga-All Level
Crochet Group
Pickleball
Inclusive Bingo

8:00 AM-5:00 PM
8:00 AM-2:00 PM
8:00 AM-3:00 PM
8:00 AM-4:45 PM
8:30 AM-9:30 AM
10:00 AM-11:30 AM
1:30 PM-3:00 PM
2:00 PM-3:00 PM



Friday

TV Viewing
Friendship Coffee
Computer Lab
Puzzle Table
Yoga
Karaoke
Card Game Time
Meditation
Zumba-Low Impact

8:00 AM-5:00 PM
8:00 AM-2:00 PM
8:00 AM-3:00 PM
8:00 AM-4:45 PM
9:45 AM-10:45 AM
12:00 PM-3:00 PM
1:30 PM-3:00 PM
2:30 PM-3:30 PM
3:45 PM-4:45 PM



Memberships!

- \$20.00 Annual Membership Fee
- Yearly from the day of payment.
- You gain access to all Multigenerational Centers, Senior Centers and Sports and Fitness Centers!
- Please remember to update or renew membership. Also, check in at the front desk for any classes or activities in which you participate.



ONE
ALBUQUE
RQUE



Santa Barbara Martineztown Multigenerational Flea Market

Come join us for flea markets every 1st Wednesday of the month! All ages! Come find some knick knacks to take home!



**Wednesday,
October 1st**

**Lottery Drawing
First come, First served**

**\$2 per table
8:00 AM- 12:00 PM**

Zumba-Low Impact

Join us for some fun times and low impact zumba! Get your body going and break a sweat while listening to some awesome music with our Phenomenal instructor Leo!

**Mondays, Tuesdays, and
Fridays
3:45 PM-4:45 PM**



ZUMBA
FITNESS

Line Dancing (Beginning)

Tuesdays from 1:00 PM - 2:00 PM



Join our great beginning line dancing class open for All ages who loves to line dance or wants to learn line dancing!

GEHM Clinic

**Thursday, October 16th
8:30 AM - 12:00 PM**



Come participate in this clinic that helps to identify how your body is doing!

That Darn Yarn: Crochet Group



**Thursdays
10:00 AM-11:30 AM**



**Building
Friendships and
Relationships:
Supporting
Individuals with
Intellectual
Disabilities**



Cost:Varies

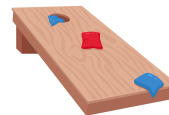
Wednesdays

9:00 AM - 12:00 PM

Thursdays

10:00 AM-12:00 PM

12:30 PM-2:30 PM



Corn Hole

Join us for some exciting games of Corn Hole indoors!

Wednesdays

1:30 PM-2:30 PM

Gentle Yoga

Instructor: Toby

Mondays

9:00 AM - 10:00 AM

Fridays

9:45 AM - 10:45 AM



Yoga (Beginning)

All Level Yoga

Instructor: Amy

Tuesdays

8:30 AM-9:30 AM

Thursday

8:30 AM-9:30 AM



8 week Meditation Class

Starting Friday, October 10th

2:00 PM-3:30 PM



Karaoke

Fridays

12:00 PM-3:00 PM

Join us for a fun-filled karaoke session where you can sing your heart out and shine like a star!

Pickleball

Join us for some exciting games of Pickleball with one court indoors!

Thursdays

1:30 PM-3:00 PM



*Attention- Movies
subject to change*

Movies Wednesdays



Tech Help Tuesday
Come join us every Tuesday all day!

Come find some help with your
technology from the staff of Santa
Barbara Martineztown
Multigenerational Center!

Join us for skill building on
all your technology from
laptop to cell phones!

Coming in November
at Santa Barbara Martinztown!
Please call to book an appointment!
505-600-1297



YouTube Foodies
Learn how to whip up delicious,
healthy meals on a budget in our fun
and easy online cooking class!

Wednesday
9:00 AM-10:00 AM

Fridays
1:30 PM-3:00 PM

Card Game Time

Join us at the Santa Barbara
Martineztown Multigenerational
Center for a fun time with family
and friends! Enjoy a variety of
board and card games.



Paint and Sip Coffee

Unwind with a relaxing Paint & Sip session—
enjoy a cup of coffee while you unleash your
creativity on canvas!



Wednesdays
10:00 AM-12:00 PM

DSA Advisory Council

October 20, 2025

Highland Senior Center
131 Monroe NE, 87108



Friendship Coffee

Come drop in and enjoy some coffee
and socialize with one another!

Monday-Friday
8:00 AM-2:00 PM



Drama
1st Wednesday
9:00 AM -11:00 AM



Action
2nd Wednesday
9:00 AM -11:00 AM



Romance
3rd Wednesday
9:00 AM -11:00 AM



Comedy
4th Wednesday
9:00 AM -11:00 AM

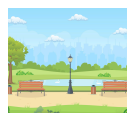


Halloween Theme
4th Wednesday
9:00 AM -11:00 AM

Walk in the Park

Take a refreshing stroll with us through
the park as the leaves fall and we
embrace the beauty of the
fall season every Wednesday!

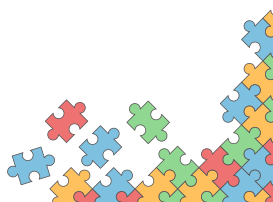
Note: if inclement weather we can walk
inside the building.



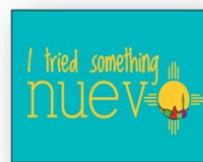
Wednesdays
8:30 AM-9:00 AM

Puzzle Table

Monday-Friday
8:00 AM-4:45 PM



As part of the New Mexico Grown state initiative, every Thursday, the Department of Senior Affairs will feature a vegetarian meal that incorporates locally sourced fruits, vegetables, beans, or chile into the menu.


**IMPORTANT
NOTICE**

Dine in hot lunch is served
11:30 AM - 1:00 PM
Monday - Friday.

Please call
505-767-5671
to make your
reservation by
12:00P.M. the day
prior.

If you have made a
reservation please
call and inform so
we can give the
meal to another
participant.

If you forgot to
make a reservation
we will be able to
give out
cancellation meals
at 12:30 p.m.

Thanks in advance!

COST BY AGE-
50-55
\$7.67
55-59
\$3.25
60 AND UP
\$2
(DONATION)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29 Chicken Fajitas w/ 4oz Salsa 2oz Ranch Beans 4oz Flour Tortilla 2ea Hot Sliced Apples 4oz 1% Milk 8oz	30 Beef Stroganoff w/ 3oz Elbow Pasta 3oz Cauliflower w/ 3oz Red Peppers 4oz Dinner Roll 1ea Margarine 1pc Grapes 1ea 1% Milk 8oz	1 Tamales 2ea Red Chile Sauce 1oz Spinach 4oz Pinto Beans 4oz Yogurt 4oz 1% Milk 8oz	2 Green Chile 4oz Mac & Cheese 4oz Steamed Broccoli 4oz Diced Beets 4oz Brownie 1ea 1% Milk 8oz	3 BBQ Pulled Pork 4oz Sweet Potato Mash 4oz Green Beans w/ 4oz Mushrooms 4oz Jell-O 4oz 1% Milk 8oz
6 Cottage Pie 5oz Spinach w/ Onions 4oz Corn Bread 1ea Mandarin Oranges 4oz 1% Milk 8oz 	7 Teriyaki Pork w/ 3oz Brown Rice 2oz Stir Fry Veggies 4oz Corn & Edamame 4oz Diced Pears 4oz 1% Milk 8oz 	8 Frito Pie 5oz Normandy Blend 4oz Banana 1ea 1% Milk 8oz 	9 Green Chile Cheese 4oz Veggie Burger 5oz Diced Potatoes 4oz Stewed Tomatoes 4oz Diced Peaches 4oz 1% Milk 8oz 	10 Green Chile Posole 4oz Green Beans 4oz Steamed Carrots 4oz Crackers 2ea Jell-O 4oz 1% Milk 8oz
CLOSED 13 INDIGENOUS PEOPLES' DAY 	14 Open Faced Turkey 3oz Sandwich 2oz Gravy 4oz Sweet Potato Mash 4oz Green Beans 4oz Yogurt 1ea 1% Milk 8oz 	15 Sweet & Sour Pork 4oz Brown Rice 4oz Stir Fry Veggies 4oz Sliced Carrots 4oz Pudding 1ea 1% Milk 8oz 	16 Vegetable Lasagna 4oz Brussel Sprouts 4oz Garlic Breadstick 1ea Mixed Berries 4oz 1% Milk 8oz 	17 Green Chile Stew 4oz Pinto Beans 4oz Flour Tortilla 2ea Applesauce 4oz 1% Milk 8oz
20 Beef Tips w/ Pasta 4oz Gravy 2oz Green Beans w/ 4oz Mushrooms 4oz Sliced Carrots 4oz Pudding 4oz 1% Milk 8oz 	21 Chicken Pot Pie 5oz Diced Beets 4oz Brussel Sprouts 4oz Yogurt 4oz 1% Milk 8oz 	22 Tilapia w/ 3oz Garlic Butter 1oz Brown Rice 4oz Cauliflower 4oz Apple Slices 4oz 1% Milk 8oz 	23 Pasta Primavera 4oz Spinach w/ Onions 4oz Edamame 4oz Banana 1ea 1% Milk 8oz 	24 Green Chile Ham 4oz Mac & Cheese 4oz Normandy Blend 4oz Cornbread 1ea Mixed Berries 4oz 1% Milk 8oz
27 Carne Adovada 3oz Spanish Rice 4oz Corn 4oz Tortilla 1ea Pear 1ea 1% Milk 8oz 	28 Breaded Chicken Patty 3oz w/ Green Chile White 4oz Gravy 4oz Sweet Potato Mash 4oz Green Beans 4oz Applesauce 4oz 1% Milk 8oz 	29 Pot Roast 4oz Italian Blend 4oz Ancient Grain 4oz Yogurt 4oz 1% Milk 8oz 	30 Cheese Omelet w/ 3oz Fajita Blend 2oz Stewed Tomato 4oz Diced Potatoes 4oz Mandarin Oranges 4oz 1% Milk 8oz 	31 Mummy loaf in 4oz Swamp Water 4oz Mashed Potatoes 4oz Sliced Carrots 4oz Jell-O 4oz 1% Milk 8oz



Notice

ALL FOOD AND MILK MUST BE CONSUMED IN DESIGNATED DINING AREAS ONLY

In compliance with Area Agency on Aging and New Mexico Aging and Long-Term Services senior meal program regulations, meals cannot be removed from the meal site designated dining area, however fruit, such as bananas, apples, oranges and individually wrapped cookies are exceptions to the rule. If you have any questions regarding regulations and guidelines, please call Senior Affairs Nutrition and Transportation Division Manager

Tim Martinez at 505-764-6450 for further clarification.

Thank you in advance for your cooperation.

EVENTS AND INFO

Santa Barbara Martineztown
Multigenerational Center
After School Camp
1825 Edith Blvd Ne 87102
505-767-5671



After School Program
Ages 5 Years old to 13 Years old.

Schools Providing for:
Jefferson Middle School
(Van pick up to Center)
and
Lew Wallace Elementary School.
(Van Pick Up to Center)

Fees
\$20.00 Membership Fee
Plus a \$15.00 Monthly Fee Per Child

Hours of After School Program
3:00pm-6:00pm



SCAN HERE

ONE
ALBUQUE
RQUE



SANTA BARBARA MARTINEZTOWN
MULTIGENERATIONAL CENTER
PRESENTS:

2ND ANNUAL SPOOKTACULAR TRUNK OR TREAT!

THURSDAY, OCTOBER 30TH,
4PM TO 7PM

TREATS, GAMES, MUSIC

SANTA BARBARA MARTINEZTOWN
MULTIGENERATIONAL CENTER
1825 EDITH BLVD NE 87102
RSVP AT 505-767-5671



ONE
ALBUQUE
RQUE

senior affairs

29th Annual
PRIME TIME
MONTHLY MAGAZINE
50+
EXPO

Don't miss...

The Largest Health Fair in New Mexico!

- Free Event -
Wednesday, October 8th 2025!

8:30AM - 1:00PM At Embassy Suites (Lomas & I-25)

This is a fun and informative event connecting mature adults with health and wellness providers, lifestyle option providers, free health information and free health screenings.

The Prime Time 50+ Expo is great for seniors and anyone caregiving for elderly family members and friends.

Free Health Information and Screenings • Free Flu Shots Live Entertainment • Giveaways and Much More!

BROUGHT TO YOU BY
PRESENTING SPONSOR



AND



Call 505-242-2428 or Visit PrimeTimeNM.com

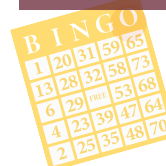
SANTA BARBARA MARTINEZTOWN
MULTIGENERATIONAL CENTER
PRESENTS:

2ND ANNUAL TURKEY BINGO

MONDAY, NOVEMBER 3RD
1:30PM TO 3:00PM

SANTA BARBARA
MARTINEZTOWN
MULTIGENERATIONAL CENTER
1825 EDITH BLVD NE 87102
RSVP AT 505-767-5671

WHILE SUPPLIES LAST COME
PLAY SOME BINGO FOR THE
CHANCE TO WIN A TURKEY!



ONE
ALBUQUE
RQUE

senior affairs