

# April 2026



## Santa Barbara Martineztown Multigenerational Center

505.767.5671

1825 Edith Blvd NE 87102

[cabq.gov/seniors](http://cabq.gov/seniors)

### Welcome to Santa Barbara Martineztown!

We celebrated our St Paddys Day Bingo, and it was a good time for all generations involved! We were proud to partner with the Senior Citizens Law Office, who provided valuable information about Power of Attorney. Thank you to everyone who participated and helped make this event such a success!

We were also excited to partner with the Albuquerque High School Photography Class, showcasing their phenomenal work. The event concluded with a viewing party, which was a wonderful success with a student mariachi group from Albuquerque High!

A special shout-out to the Albuquerque High School Student Photography Class. Their hard work is currently on display in the Social Hall at the center — it was awesome and we wrapped up the presentation of the photographs on March 20th.

#### Membership Reminder

Please check your membership to ensure it is up to date. If you need assistance, stop by the front desk and we'll be happy to help get everything squared away. Thank you in advance!

#### Upcoming Events & Ongoing Classes

Please call the Center at 505-767-5671 to RSVP and reserve your spot for these workshops and events.

- Senior Citizens Law Office Workshops
  - Medicaid for Long-Term Care Presentation
    - Tuesday, April 21 | 9:30 AM - 11:00 AM
- Yoga
  - We now have a Wednesday yoga class!
    - Wednesdays, 9:00 AM - 10:00 AM

#### Bingo Events

- Easter Bingo
  - Wednesday, April 15 | 10:30 AM - 12:30 PM
- Fiesta Bingo
  - Wednesday, May 13 | 10:30 AM - 12:30 PM

#### Other Events

- Centenarian Celebration
  - Friday, April 10 | 11:00 AM - 2:00 PM
    - Live Band "Milagro"
    - Meals if you RSVP

#### After-School Camp

- Dates: Follows APS school schedule
- Hours: 3:30 PM - 6:00 PM

Snack provided

Youth Camp is offered with daily activities to keep participants engaged and active. Spots are available. Please call 505-767-5671 for more information.

#### Transportation Update:

- We provide pickup from Zia Elementary School and Jefferson Middle School.

### Center Hours

**Monday-Friday:**

Open to all.

8:00 AM-5:00 PM

Youth only.

5:00 PM-6:00 PM

**Saturday and Sunday:**

Closed.

#### Mayor

Timothy M. Keller



#### Director

Anna M. Sanchez



### Center Staff

**Program Coordinator**  
Matthew Montoya

**General Service Worker**  
Michelle

**Part-Time Staff**  
Aaliyah, Albert, Amiah,  
Brandon, Lucero, and  
Sebastian

**Front Desk**  
Donald

### Important Information

**Centenarian Celebration**  
April 10th  
11:00 AM-2:00 PM

**Easter Bingo**  
April 15th  
10:30 AM-12:30 PM



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**Our Mission: We are committed to providing resources with care and compassion that help our community thrive while embracing aging.**

Hello, April!

Spring is here, and with it comes a renewed sense of gratitude—for our community, for your dedication, and for the trust you place in the Department of Senior Affairs. As we reflect on this past survey season, I want to take a moment to sincerely thank each and every one of you who took the time to complete our Annual Survey to let us know your thoughts on the quality of our services.

Many have shared that our services are unique among other places across the country, especially as we serve a growing number of generations at both our senior and multigenerational centers. This uniqueness is one of our strengths, but is largely attributed to the fact that nearly half of the Department's funding comes from the Area Agency on Aging (AAA), which provides funding solely for those 60 and older across Bernalillo County. In addition, the Department receives General Fund dollars from local taxes and fees, and like many city departments, we are working with limited resources. Your survey responses help us demonstrate the impact of our programs through performance measures tied to the City's budget and fulfill our grant reporting requirements, strengthening the case for the funding that sustains everything we offer, from hot meals to transportation to social activities.

As we head into spring and summer programming, we will continue to listen, adapt, and work hard to ensure our most essential services meet you where you are.

This month, the Department will be hosting the DSA Advisory Council Meeting at Manzano Mesa Multigenerational Center on Monday, April 20, from 12:00–1:30 pm, and "Coffee with Constituents" at Barelas Senior Center on Thursday, April 23, from 8:30–9:30 am. I look forward to connecting with you in person!

Here's to a beautiful April filled with sunshine and good health!

Sincerely,  
Anna Sanchez, Director  
Department of Senior Affairs



**CENTER SURVEY ANNOUNCEMENT!**

WE'RE PLEASED TO ANNOUNCE THAT OUR DEPARTMENT OF SENIOR AFFAIRS ANNUAL SURVEYS HAVE BEEN COMPLETED AND COLLECTED!

THE WINNERS WILL BE ANNOUNCED SOON!

THANK YOU FOR YOUR PARTICIPATION IN OUR YEARLY SURVEYS!



**Coffee With Constituents:**

**Thurs, April 23, 2026**

**8:30 – 9:30 am**

**Barelas Senior Center  
714 7<sup>th</sup> Street SW, 87102**

**Join us for some coffee with**

**April Advisory Council Meeting**

**Monday, April 20, 2026**

**12:00 PM**

**Manzano Mesa Multigenerational Center  
501 Elizabeth St SE, 87123**



# Monday

TV Viewing	8:00 AM-5:00 PM
Friendship Coffee	8:00 AM-2:00 PM
Computer Lab	8:00 AM-3:00 PM
Puzzle Table	8:00 AM-4:45 PM
Yoga-Gentle	9:00 AM-10:00 AM
Intermediate Pickleball	1:00PM-3:30PM
Zumba-Gold	3:45 PM-4:45 PM



# Tuesday

TV Viewing	8:00 AM-5:00 PM
Friendship Coffee	8:00 AM-2:00 PM
Computer Lab	8:00 AM-3:00 PM
Puzzle Table	8:00 AM-4:45 PM
Tech Help Tuesday	8:00 AM-4:45 PM
Yoga-All Level	9:00 AM-10:00 AM
Beginner Pickleball	10:00AM-11:30AM
Line Dancing	1:00 PM-2:00 PM
Zumba-Gold	3:45 PM-4:45 PM



# Wednesday

TV Viewing	8:00 AM-5:00 PM
Friendship Coffee	8:00 AM-2:00 PM
Computer Lab	8:00 AM-3:00 PM
Flea Market (1 <sup>st</sup> Wednesday)	8:00 AM-12:00 PM
Yoga	9:00 AM-10:00AM
Paint and Sip	10:00 AM-12:00 PM
Puzzle Table	8:00 AM-4:45 PM
Walk in the Park	8:30 AM-9:00 AM
YouTube Foodies	9:00 AM-10:00 AM
Movie	9:00 AM-11:00 AM
Corn Hole	1:30 PM-2:30 PM
Friendships/Relationships	2:00PM-4:00PM



# Thursday

TV Viewing	8:00 AM-5:00 PM
Friendship Coffee	8:00 AM-2:00 PM
Computer Lab	8:00 AM-3:00 PM
Puzzle Table	8:00 AM-4:45 PM
Yoga-All Level	9:00 AM-10:00 AM
Crochet Group	10:00 AM-11:30 AM
Art Class	12:00 PM-2:00 PM
Friendships/Relationships (AM)	10:00AM-12:00PM
Friendships/Relationships (PM)	12:30PM-2:30PM
Inclusive Bingo	2:00 PM-3:00 PM



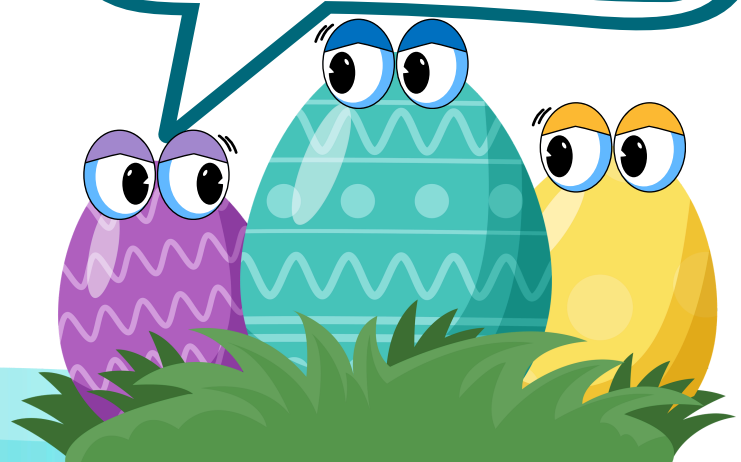
# Friday

TV Viewing	8:00 AM-5:00 PM
Friendship Coffee	8:00 AM-2:00 PM
Computer Lab	8:00 AM-3:00 PM
Puzzle Table	8:00 AM-4:45 PM
Yoga	9:45 AM-10:45 AM
Karaoke	12:00 PM-3:00 PM
Card Game Time	1:30 PM-3:00 PM
Zumba-Gold	3:45 PM-4:45 PM



## Memberships!

- \$20.00 Annual Membership Fee
- Yearly from the day of payment.
- You gain access to all Multigenerational Centers, Senior Centers and Sports and Fitness Centers!
- Please remember to update or renew membership. Also, check in at the front desk for any classes or activities in which you participate.





# Senior Citizens Law Office



**Medicare for Long-Term  
Care Presentation**  
Tuesday, Apr. 21, 2026  
9:30 AM to 11:30 AM

**RSVP at  
505-767-5671**

# Santa Barbara Martineztown Multigenerational Flea Market

Come join us for flea  
markets every 1st  
Wednesday of the month!  
All ages!  
Come find some knick  
knacks to take home!



**Wednesday,  
February 4th**

\$2 per table  
8:00 AM- 12:00 PM

**Lottery Drawing**  
First come, First served

# Zumba-Low Impact

Join us for some fun times and low impact  
zumba! Get your body going and break a sweat  
while listening to some awesome music with our  
Phenomenal instructor Leo!

**Mondays, Tuesdays, and  
Fridays**  
3:45 PM-4:45 PM



# Line Dancing (Beginning)

**Tuesdays from 1:00 PM - 2:00 PM**



Join our great beginning line dancing class  
open for all ages for those who loves to  
line dance or wants to learn line dancing!

# Crochet Group: That Darn Yarn

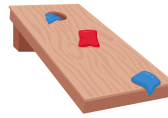
**Thursdays**  
10:00 AM-11:30 AM



# Building Friendships and Relationships: Supporting Individuals with Intellectual Disabilities



**Cost: Varies**  
**Wednesdays**  
2:00 PM - 4:00 PM  
**Thursdays**  
10:00 AM-12:00 PM  
12:30 PM-2:30 PM



**Corn Hole**  
Join us for some exciting  
games of Corn Hole indoors!  
**Wednesdays**  
1:30 PM-2:30 PM

# Gentle Yoga

**Instructor: Toby**  
**Mondays**  
9:00 AM - 10:00 AM  
**Fridays**  
9:45 AM - 10:45 AM

# Yoga (Beginning) Yoga

**Instructor: Justine**  
**Wednesday**  
9:00 AM-10:00 AM  
**Thursday**  
9:00 AM-10:00 AM

# All Level Yoga

**Instructor: Amy**  
**Tuesdays**  
9:00 AM-10:00 AM



# Karaoke

**Fridays**  
1:00 PM-3:00 PM

Join us for a fun-filled karaoke  
session where you can sing your  
heart out and shine like a star!

Join us for some exciting games of  
Pickleball with one court indoors!

# Pickleball

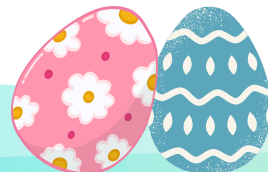
**Beginner**  
**Tuesdays**  
9:30 AM-11:30 AM



**Intermediate**  
**Mondays**  
1:00 PM-3:00 PM



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# Movies Wednesdays

\*Attention- Movies subject to change\*



**Easter Movie**  
1<sup>st</sup> Wednesday  
9:00 AM -11:00 AM



**Action**  
2<sup>nd</sup> Wednesday  
9:00 AM -11:00 AM



**Comedy**  
3<sup>rd</sup> Wednesday  
9:00 AM -11:00 AM



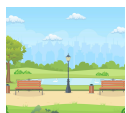
**Adventure**  
4<sup>th</sup> Wednesday  
9:00 AM -11:00 AM



## Walk in the Park

Take a refreshing stroll with us through the park as the leaves fall and we embrace the beauty of the fall season every Wednesday!

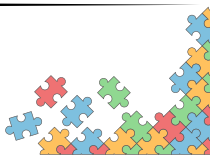
Note: if inclement weather occurs we can walk inside the building.



**Wednesdays**  
8:30 AM-9:00 AM

## Puzzle Table

Monday-Friday  
8:00 AM-4:45 PM



## Acoustic Music Circle

All songs and voices welcome including original tunes

All ages and abilities welcome

Come express yourself and show your talent

Call 5057675671 and RSVP for the Class!

**1<sup>st</sup> Thursday of the Month,**  
**1 PM-3 PM**  
**No Cost**



## Tech Help Tuesday

Come join us every Tuesday all day!



Come find some help with your technology from the staff of Santa Barbara Martineztown Multigenerational Center!

## Friendship Coffee

Come drop in and enjoy some coffee and socialize with one another!

Monday-Friday  
8:00 AM-2:00 PM



**YouTube Foodies**  
Learn how to whip up delicious, healthy meals on a budget in our fun and easy online cooking class!

Wednesday  
9:00 AM-10:00 AM

Fridays

1:30 PM-3:00 PM

## Card Game Time

Join us at the Santa Barbara Martineztown Multigenerational Center for a fun time with family and friends! Enjoy a variety of board and card games.



## Paint and Sip Coffee

Unwind with a relaxing Paint & Sip session—enjoy a cup of coffee while you unleash your creativity on canvas!

Wednesdays  
10:00 AM-12:00 PM



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## DSA Advisory Council

April 20th, 2026

Manzano Mesa

Multigenerational Center – 501

Elizabeth SE, 871230



# Santa Barbara Martineztown Multigenerational Center

505.767.5671  
1825 Edith Blvd NE  
87102  
cabq.gov/seniors

Senior Hot Meals  
Monthly Schedule

**IMPORTANT  
NOTICE**

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**A P R I L**



As part of the New Mexico Grown state initiative, every Thursday, the Department of Senior Affairs will feature a vegetarian meal that incorporates locally sourced fruits, vegetables, beans, or chile into the menu.

Dine in hot lunch is served  
11:30 AM - 1:00 PM  
Monday - Friday.

Please call  
**505-767-5671**  
to make your  
reservation by  
1:00 P.M. the day  
prior.

If you have made a  
reservation and can  
not make it please  
call and inform us of  
the Cancellation so  
we can give the  
meal to another  
participant.

If you forgot to  
make a reservation  
we will be able to  
give out  
cancellation meals  
at 12:30 p.m.

Thanks in advance!

**COST BY AGE-**

**50-55**

**\$7.67**

**55-59**

**\$3.25**

**60 AND UP**

**\$2**

**(DONATION)**



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>30</b> Green Chile Chicken Posole 4oz Green Beans & Mushrooms 4oz Stewed Tomatoes 4oz Jell-O 1ea 1% Milk 8oz	<b>31</b> Salisbury Steak 4oz Gravy 2oz Mashed Potatoes 4oz Roasted Vegetables 4oz Dinner Roll 1ea Margarine 1pc Yogurt 4oz 1% Milk 8oz	<b>1</b> Chicken Tetrizzini 4oz Diced Beets 4oz Breadstick 1ea Pears 4oz 1% Milk 8oz	<b>2</b> Cheese Omelet 3oz Fajita Blend 2oz Spinach 4oz Sweet Potato Mash 4oz Orange 1ea 1% Milk 8oz	<b>3</b> Baked Tilapia 3oz Diced Tomatoes 1oz Brown Rice 4oz Steamed Broccoli 4oz Apple Slices 4oz 1% Milk 8oz
<b>6</b> Pork Chop 3oz w/ Gravy 1oz Mashed Potatoes 4oz Buttery Peas 4oz Mandarin Oranges 4oz 1% Milk 8oz	<b>7</b> Rotisserie Chicken 4oz Brown Rice 4oz Diced Beets 4oz Dinner Roll 1ea Margarine 1pc Banana 1ea 1% Milk 8oz	<b>8</b> Frito Pie 4oz Imperial Blend 4oz Corn Chips 1oz Orange 1ea 1% Milk 8oz	<b>9</b> Green Chile Cheese Veggie Burger 1ea Cauliflower 4oz Succotash 4oz Chocolate Pudding 4oz 1% Milk 8oz	<b>10</b> Lemon Pepper Pollock Sweet Potato Mash 4oz Green Beans 4oz Dinner Roll 1ea Margarine 1pc Grapes 4oz 1% Milk 8oz
<b>13</b> Sloppy Joe 1ea Ranch Beans 4oz Broccoli 4oz Apple Slices 1ea 1% Milk 8oz	<b>14</b> Tuna Salad Sandwich 1 Cucumber, Tomato & Red Onion 4oz 3 Bean Salad 4oz Honey Dew 4oz 1% Milk 8oz	<b>15</b> Chicken Fajita 4oz Spanish Rice 4oz Calabacitas 4oz Tortilla 2ea Banana 1ea 1% Milk 8oz	<b>16</b> Vegetable & Cheese Lasagna 4oz Diced Potatoes 4oz Crinkle Cut Carrots 4oz Sliced Peaches 4oz 1% Milk 8oz	<b>17</b> Meatloaf w/ Tomato Sauce 4oz Normandy Blend 4oz Sweet Potato Mash 4oz Yogurt 4oz 1% Milk 8oz
<b>20</b> Carne Adovada w/ Red Chili 3oz Spinach 2oz Pinto Beans 4oz Tortilla 2ea Vanilla Pudding 4oz 1% Milk 8oz	<b>21</b> Beef Fajita Meat w/ Gravy 4oz Mashed Yams 1oz Collard Greens 4oz Dinner Roll 1ea Margarine 1pc Yogurt 1ea 1% Milk 8oz	<b>22</b> Mushroom Swiss Beef Patty 1ea Normandy Blend 4oz Brussel Sprouts 4oz Dinner Roll 1ea Margarine 1pc Orange 1ea 1% Milk 8oz	<b>23</b> Spaghetti w/ Marinara Sauce 4oz Imperial Blend 2oz Garlic Bread Stick 1ea Apple Slices 1ea 1% Milk 8oz	<b>24</b> Denver Omelet 4oz Stewed Tomatoes 4oz Hash Browns 4oz Banana 1ea 1% Milk 8oz
<b>27</b> Green Chile Chicken Posole 4oz Roasted Potatoes 4oz Bell Peppers 4oz Mandarin Oranges 4oz 1% Milk 8oz	<b>28</b> Beef Tips w/ Noodles 3oz Normandy Blend 4oz Pinto Beans 4oz Dinner Roll 1ea Margarine 1pc Pear 4oz 1% Milk 8oz	<b>29</b> Pork Loin 3oz Black Eyed Peas 4oz Sweety Potatoes 4oz Honey Dew 1ea 1% Milk 8oz	<b>30</b> Mozzarella Baked Ziti 4oz Marinara 1oz Winter Blend 4oz Garlic Bread Stick 1ea Apple Sauce 4oz 1% Milk 8oz	<b>MAY 1</b> Salisbury Steak 3oz Gravy 1oz Diced Potatoes 4oz Malibu Blend 4oz Jell-O 4oz 1% Milk 8oz

## Notice

**All FOOD AND MILK MUST BE CONSUMED IN DESIGNATED DINING AREAS ONLY**

In compliance with Area Agency on Aging and New Mexico Aging and Long-Term Services senior meal program regulations, meals cannot be removed from the meal site designated dining area, however fruit, such as bananas, apples, oranges and individually wrapped cookies are exceptions to the rule. If you have any questions regarding regulations and guidelines, please call Senior Affairs Nutrition and Transportation Division Manager

Tim Martinez at 505-764-6450 for further clarification.

Thank you in advance for your cooperation.

# Senior Affairs Events

ONE ALBUQUERQUE

**Senior Easter Party**  
**Apr. 1, 2026**  
**2:00 PM to 4:00 PM**  
**Bear Canyon Senior Center**  
**4645 Pitt St NE 87111**  
 Join us for a fun time with great people!



ONE ALBUQUERQUE

**Route 66 Centenarian Celebration**  
**Apr. 10, 2026**  
**11:00 AM to 2:00 PM**  
**Santa Barbara Martineztown Multigenerational Center-** Join us to celebrate all of our participants that are near or past 100 years old!



SENIOR CITIZENS LAW OFFICE

**Medicaid for long term care**  
**Apr. 21, 2026**  
**9:30 AM to 11:30 AM**  
**Santa Barbara Martineztown Multigenerational Center-** Join us for a presentation on Medicaid for Long - Term Care.

ONE ALBUQUERQUE

**Easter Bingo**  
**Apr. 15, 2026**  
**10:30 AM to 12:30 PM**  
**Santa Barbara Martineztown Multigenerational Center**  
 Join us for some Bingo!



Join the Senior Citizens' Law Office  
**For a Presentation on**  
**Medicaid for**  
**Long-Term Care**  
**Tuesday, April 21, 2026**  
**Starting at 9:30 AM**  
**At Santa Barbara-Martineztown Multigenerational Center**

\*Medicaid coverage for nursing homes, home & community based services.

Please sign up in advance for this presentation with the staff at SBMMC.

ONE ALBUQUERQUE

**Fiesta Bingo**  
**May 13, 2026**  
**10:30 AM to 12:30 PM**  
**Santa Barbara Martineztown Multigenerational Center**  
 Join us for some Bingo!



For a full list of programs, activities, and events happening across DSA centers, please visit the DSA website.

