

May 2025

Santa Barbara Martineztown Multigenerational Center



505.767.5671

1825 Edith Blvd NE 87102

cabq.gov/seniors

Welcome to Santa Barbara Martineztown!

May is packed with fun and community here at Santa Barbara Martineztown Multigenerational Center!

Start your mornings with Yoga four times a week, keep the energy going with Zumba twice a week in the afternoons, and don't miss our weekly Line Dancing class—a great way to stay active and connect with others.

Mark your calendars for our Growing Strong, Year One Anniversary Celebration!

We're celebrating Growing Strong, Year One with live music by La Raza, fun activities, and plenty of goodies. It's going to be a party you won't want to miss!

Summer Youth Program Lottery

The summer program is just around the corner! If you have children or grandchildren who would like to join, don't miss the upcoming lottery drawing. More details can be found on the last page.

Santa Fe National Cemetery Trip – May 14th

We'll be taking a special trip to the Santa Fe National Cemetery to visit and honor loved ones. Please reach out if you'd like to join us for this meaningful outing.

Coffee with a Cop – May 2nd

Come by for some coffee and conversation with our local officers. It's a great chance to connect and share.

Teeniors – May 15th, 3–5 PM

Join us for this special event where tech-savvy teens help seniors with technology questions. Can't make it that day? No problem—stop by any Tuesday, and we'll help you out throughout the day. There's always something going on here—come be part of it!

-Matthew Montoya
Center Program Coordinator

SANTA BARBARA MARTINEZTOWN
MULTIGENERATIONAL CENTER PRESENTS:

Growing Strong, Year One!

1825 Edith Blvd NE
87102

505-767-5671

June 11th

11:00 AM-3:00 PM

ONE
ALBUQUE
ROQUE



- LIVE BAND
- COTTON CANDY
- SNOW CONES
- POPCORN



Center Hours

Monday-Friday:
8:00 AM-5:00 PM

Saturday and Sunday:
Closed.

Mayor

Timothy M. Keller



Director

Anna M. Sanchez

Center Staff

Matthew Montoya
Program Coordinator

Vacant
General Service
Worker

Part-Time Staff
Aaliyah, Albert,
Cindy, and Iveienna

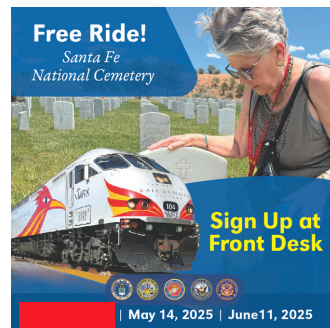
IMPORTANT

CLOSURE

Memorial Day
Monday, May 26th, 2025



Free Ride!
Santa Fe
National Cemetery



**Sign Up at
Front Desk**

| May 14, 2025 | June 11, 2025

Monday

Friendship Coffee	8:00 AM-2:00 PM
Computer Lab	8:00 AM-3:00 PM
Puzzle Table	8:00 AM-4:45 PM
Yoga-Gentle	8:30 AM-9:30 AM
Inclusive Art and Crafts Class	10:30 AM-12:00 PM
On The Move	1:15 PM-2:15 PM
Movie	1:30 PM-3:30 PM
Dance(4th Monday)	1:30 PM-3:00 PM



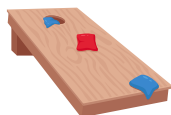
Tuesday

Friendship Coffee	8:00 AM-2:00 PM
Computer Lab	8:00 AM-3:00 PM
Puzzle Table	8:00 AM-4:45 PM
Tech Help Tuesday	8:00 AM-4:45 PM
Yoga-All Level	8:30 AM-9:30 AM
Mommy and Me Class	9:30 AM-10:30 AM
Line Dancing	1:00 PM-2:00 PM
Zumba-Low Impact	3:45 PM-4:45 PM



Wednesday

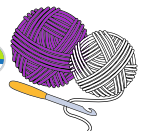
Friendship Coffee	8:00 AM-2:00 PM
Computer Lab	8:00 AM-3:00 PM
Flea Market	8:00 AM-12:00 PM
Flea Market Sign up (Last Wednesday)	10:15 AM-11:00 AM
Puzzle Table	8:00 AM-4:45 PM
Walk in the Park	8:30 AM-9:00 AM
YouTube Foodies	9:00 AM-10:00 AM
Inclusive Art and Crafts Class-	10:00 AM-12:00 PM
Paint and Sip	
Birthday Celebration! (3rd Wednesday)	1:00 PM-1:30 PM
Corn Hole	1:30 PM-2:30 PM
Inclusive Bingo	2:00 PM-3:00 PM



Weekly Activity

Thursday

Friendship Coffee	8:00 AM-2:00 PM
Computer Lab	8:00 AM-3:00 PM
Puzzle Table	8:00 AM-4:45 PM
Yoga-All Level	8:30 AM-9:30 AM
Movie	9:00 AM-11:00 AM
Mommy and Me Class	9:30 AM-10:30 AM
Crochet Group	10:00 AM-11:30 AM
Pickleball	1:30 PM-3:00 PM



Friday

Friendship Coffee	8:00 AM-2:00 PM
Computer Lab	8:00 AM-3:00 PM
Puzzle Table	8:00 AM-4:45 PM
Yoga	9:45 AM-10:45 AM
Inclusive Art And Crafts Class	10:30 AM- 12:00 PM
Karaoke	11:00 AM-12:30 PM
Card Game Time	1:30 PM-3:00 PM
Zumba-Low Impact	3:45 PM-4:45 PM



Las Volcanes

35

PRIZES

FOOD

CORN-HOLE

LET'S CELEBRATE!

WEDNESDAY, MAY 14, 2025

1:30PM - 3:30 PM

FREE DANCE FEATURING
ANTONIO Y LOS UNICOS

SPONSORED BY: Oak St. Health

ONE OAK STREET HEALTH

Coffee With A Cop

Friday, May 2nd 9:30 am-10:30 am

Come hang out with us for a cozy, coffee-filled morning! Sip, chat, and connect with our awesome local law enforcement—because great conversations are best shared over a cup of joe!



Inclusive Beats:

Dance, Smile, Belong

May 23rd, 2025
1:30 PM-3:00 PM
Totally 80's

Entry: Free

June 23rd, 2025
1:30 PM-3:00 PM
Aloha Luau



Mommy and Me Class

Join our fun staff-led class open for all ages. Join us for some mommy and me classes!



Tuesday
9:30 AM-10:30 AM
Thursday
9:30 AM-10:30 AM

Inclusive Art and Crafts Class

Join our fun staff-led class open for all ages. Join us to see what we can create!

Craft-Mondays
10:30 AM - 12:00 PM)
Paint and Sip-Wednesdays
10:00 AM- 12:00 PM
Craft-Fridays
10:30 AM - 12:00 PM)



Birthday Cake Celebration

Join us to celebrate birthdays of the month for our Birthday Cake Celebration, Sponsored by Oak Street Health.



Birthday Celebration
Wednesday, May 21st
1:30 PM



Birthday Celebration
Wednesday, June 18th
1:30 PM

Trip to Santa Fe to Visit Loved Ones via the Rail Runner

Provided By New Mexico Rail Runner

We're also excited to announce a new partnership with New Mexico Rail Runner! This program will provide trips for seniors to visit their loved ones. Sign up today at the front desk to take advantage of this opportunity!

Wednesday, May 14th
Leave Center:8:30 AM
Depart:9:00 AM
Arrive at Center:4:30 PM
*Sign up at front desk

Wednesday, June 11th
Leave Center:8:30 AM
Depart:9:00 AM
Arrive at Center:4:30 PM
*Sign up at front desk



Yoga (Beginning)

Gentle Yoga
Instructor: Toby
Mondays
8:30 AM - 9:30 AM
Fridays
9:45 AM - 10:45 AM



All Level Yoga
Instructor: Amy
Tuesdays
8:30 AM-9:30 AM
Thursday
8:30 AM-9:30 AM



GEHM Clinic

Thursday, May 8th
8:30 AM - 12:00 PM

Come participate in this clinic that helps to identify how your body is doing!

Participant Code Of Conduct

Participants shall:

1. Maintain personal hygiene that is not offensive or unhealthy.
 2. Does not harass or bully other participants and/or staff, with racial slurs, verbal abuse, or sexual harassment.
 3. Does not use voice and behavior that will disturb other participants.
 4. Does not use language and behavior that other participants and staff will find obscene, abusive or sexually offensive. This includes, but is not limited to in person, by telephone or electronic device.
 5. Show courtesy to other participants and staff ; respect decisions made by staff and bring issues involving the operations of a facility is prohibited.
 6. No unlawful weapons are allowed in City facilities. (see Administrative Instruction A15-19, NMSA 1978 Section 30-7-2.1)
 7. Fighting between participants or with a staff person is prohibited.
 8. Bringing bicycles into the facility is prohibited.
 9. Smoking is prohibited in facilities or on premises.
 10. Alcohol consumption or possession of alcoholic beverages is prohibited.
 11. Any type of gambling is strictly prohibited in all facilities.
 12. Selling, soliciting or panhandling is prohibited.
 13. Eating is prohibited in billiards rooms and computer labs.
 14. Vandalizing or damaging facilities, grounds, equipment or materials or from any city sponsored program is prohibited.
 15. Treat city materials, equipment, furniture, grounds and facility with respect.
 16. Use city equipment in a safe and appropriate manner.
 17. Keep the building and grounds neat, clean, and litter free.
- Failure to observe rules of conduct may result in disciplinary action being taken against participants, up to and including suspension from the facility, program or service.

Puzzle Table

Take a break and enjoy a peaceful time with puzzles while giving your brain a little workout! Stop by and help us piece together some fun as we relax and challenge our minds.

Monday-Friday
8:00 AM-4:45 PM

Memberships!

- \$20.00 Annual Membership Fee
- Yearly from the day of payment.
- You gain access to all Multigenerational Centers, Senior Centers and Sports and Fitness Centers!
- Please remember to update or renew membership. Also, check in at the front desk for any classes or activities in which you participate.

The Zone

Santa Barbara Martineztown Multigenerational Flea Markets

Come join us for flea markets every Wednesday!

All ages!

Come find some knick knacks to take home!

Lottery is the last Wednesday of the month 10:15 AM when drawing occurs for the following Months.

Lottery Drawing
Wednesday, May 28th
10:15 AM



\$2 per table
8:00 AM- 12:00 PM



Line Dancing (Beginning)

Tuesdays from 1:00 PM - 2:00 PM

Join our great beginning line dancing class open for All ages who loves to line dance or wants to learn line dancing!

DSA Advisory Council

May 19th

12:00 PM-1:30 PM

Casa Kitchen

2540 Karsten Ct SE, 87102

ONE
ALBUQUE
RQUE

That Darn Yarn: Crochet Group



Thursdays

10:00 AM-11:30 AM



Karaoke

Fridays

12:00 AM-2:00 PM

Join us for a fun-filled karaoke session where you can sing your heart out and shine like a star!



Friendship Coffee

Come drop in and enjoy some coffee and socialize with one another!

Monday-Friday
8:00 AM-2:00 PM

ONE
ALBUQUE
RQUE

Movies

***Attention- Movies
subject to change***

Mondays



**MOVIE
TIME**

Action
Monday, May 5th
1:30 PM -3:30 PM

ACTION!

Comedy
Monday, May 12th
1:30 PM -3:30 PM

**HA
HA**

Drama
Monday, May 19th
1:30 PM -3:30 PM



Romance
Monday, May 26th
1:30 PM -3:30 PM



Thursdays

Comedy
Thursday, May 1st
9:00 AM -11:00 AM

**HA
HA**

Drama
Thursday, May 8th
9:00 AM -11:00 AM



Action
Thursday, May 15th
9:00 AM -11:00 AM

ACTION!

Romance
Thursday, May 22nd
9:00 AM -11:00 AM



Mystery
Thursday, May 29th
9:00 AM -11:00 AM



Zumba-Low Impact

Join us for some fun times and low impact zumba! Get your body going and break a sweat while listening to some awesome music with our Phenomenal instructor Leo!

Tuesdays and Fridays
3:45 PM-4:45 PM



ZUMBA
FITNESS

**ONE
ALBUQUE
RQUE**

The Zone

Tech Help Tuesday

Come join us every Tuesday all day!



Come find some help with your technology from the staff of Santa Barbara Martineztown Multigenerational Center!

Join us for skill building on all your technology from laptop to cell phones!



Thursday, May 15th
3:00 PM-5:00 PM

Thursday, June 12th
10:00 AM-12:00 PM

YouTube Foodies

Learn how to whip up delicious, healthy meals on a budget in our fun and easy online cooking class!



Wednesday
9:00 AM-10:00 AM

Fridays
1:30 PM-3:00 PM

Card Game Time

Join us at the Santa Barbara Martineztown Multigenerational Center for a fun time with family and friends! Enjoy a variety of board and card games.



Pickleball

Join us for some exciting games of Pickleball with one court indoors!



Thursdays
1:30 PM-3:00 PM

Paint and Sip Coffee

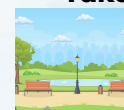
Unwind with a relaxing Paint & Sip session—enjoy a cup of coffee while you unleash your creativity on canvas!



Wednesdays
10:00 AM-12:00 PM

Walk in the Park

Take a refreshing stroll with us through the park as the leaves fall and we embrace the beauty of the fall season every Wednesday!



Note: if inclement weather we can walk inside the building.

Wednesdays
8:30 AM-9:00 AM

**IMPORTANT
NOTICE**

Dine in hot lunch is served

**11:30 AM - 1:00 PM
Monday - Friday.**

**Please call
505-767-5671**

**to make your
reservation by
12:00P.M. the day
prior.**

**If you have made a
reservation please
call and inform so
we can give the
meal to another
participant.**

**If you forgot to
make a reservation
we will be able to
give out
cancellation meals
at 12:30 p.m.**

Thanks in advance!

COST BY AGE-

50-55

\$7.67

55-59

\$3.25

60 AND UP

\$2

(DONATION)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28 ♦ Salisbury Steak 3oz Gravy 1oz ♦ Rosemary Potatoes 4oz ♦ Malibu Blend 4oz ♦ Mixed Berry 4oz ♦ 1% Milk 8oz 	29 ♦ Chicken Posole 4oz ♦ Mushrooms 4oz ♦ Spinach 4oz ♦ Dinner Roll 1ea Margarine 1pc ♦ Pears 4oz ♦ 1% Milk 8oz 	30 ♦ Garlic Tilapia 3oz ♦ Brussel Sprouts 4oz ♦ Carrots 4oz ♦ Jell-O 4oz ♦ 1% Milk 8oz 	1 ♦ Cheese Lasagna 4oz ♦ Roasted Veggies 4oz ♦ Dinner Roll 1ea Margarine 1pc ♦ Yogurt 4oz ♦ 1% Milk 8oz 	2 ♦ Diced Pork 3oz Gravy 2oz ♦ Sweet Potato Mash 4oz ♦ Green Beans 4oz ♦ Orange 1ea ♦ 1% Milk 8oz 
5 ♦ Beef Tips 3oz Rotini Pasta 4oz ♦ Roasted Veggies 4oz ♦ Green Beans 4oz ♦ Dinner Roll 1ea Margarine 1pc ♦ Seasonal Fruit 4oz ♦ 1% Milk 8oz 	6 ♦ Beef Enchilada 2ea Red Chile 1oz ♦ Spanish Rice 4oz ♦ Pinto Beans 4oz ♦ Jell-O 4oz ♦ 1% Milk 8oz 	7 ♦ Rotisserie Chicken 4oz ♦ Mashed Potatoes 4oz ♦ Black-Eyed Peas 4oz ♦ Banana 1ea ♦ 1% Milk 8oz 	8 ♦ Cheese Omelet 1ea Red Chile/Peppers 4oz ♦ Diced Potatoes 4oz ♦ Spinach 4oz ♦ Peaches 4oz ♦ 1% Milk 8oz 	9 ♦ Sweet & Sour 1oz Pork 4oz ♦ Brown Rice 4oz ♦ Stir Fry 4oz ♦ Mandarin Orange 4oz ♦ 1% Milk 8oz 
12 ♦ Salisbury Steak 4oz Green Chile Gravy 1oz ♦ Mashed Potatoes 4oz ♦ Spinach 4oz ♦ Cupped Pears 4oz ♦ 1% Milk 8oz 	13 ♦ Cajun Tilapia 3oz ♦ Brussel Sprouts 4oz ♦ Sweet Potato Mash 4oz ♦ Dinner Roll 1ea Margarine 1pc ♦ Yogurt 4oz ♦ 1% Milk 8oz 	14 ♦ Carne Adovada 3oz Red Chile 1oz ♦ Pinto Beans 4oz ♦ Spanish Rice 4oz ♦ Applesauce 4oz ♦ 1% Milk 8oz 	15 ♦ Pasta Primavera 4oz ♦ Steamed Broccoli 4oz ♦ Dinner Roll 1ea Margarine 1pc ♦ Jell-O 4oz ♦ 1% Milk 8oz 	16 ♦ Asian Chicken 3oz Peppers 2oz ♦ Brown Rice 4oz ♦ Green Beans 4oz ♦ Fortune Cookie 2ea ♦ 1% Milk 8oz 
19 ♦ Beef Chile Beans 4oz ♦ Cauliflower 4oz ♦ Dinner Roll 1ea Margarine 1pc ♦ Brownie 2x2 ♦ 1% Milk 8oz 	20 ♦ Baked Cod 3oz Tarter Sauce 1pc ♦ Quinoa 4oz ♦ Steamed Carrots 4oz ♦ Pear 1ea ♦ 1% Milk 8oz 	21 ♦ Baked Chicken 3oz ♦ Spinach 4oz ♦ Corn/ Edamame 4oz ♦ Jell-O 4oz ♦ 1% Milk 8oz 	22 ♦ Veggie Swiss Burger 1ea ♦ Steamed Broccoli 4oz ♦ Sweet Potato Mash 4oz ♦ Yogurt 4oz ♦ 1% Milk 8oz 	23 ♦ Chicken Posole 4oz ♦ Spinach & Mushrooms 4oz ♦ Dinner Roll 1ea Margarine 1pc ♦ Mixed Berries 4oz ♦ 1% Milk 8oz 
CLOSED 26 	27 ♦ Chicken Tamales 2ea Green Chile 2oz ♦ Steamed Mushrooms w/Onions 4oz ♦ Brussel Sprouts 4oz ♦ Mixed Berries 4oz ♦ 1% Milk 8oz 	28 ♦ Carne Adovada 3oz Red Chile 1oz ♦ Corn w/Peppers 4oz ♦ Broccoli/Cauliflower 4oz ♦ Carrots 4oz ♦ Yogurt 4oz ♦ Tortilla 1pc ♦ 1% Milk 8oz 	29 ♦ Rotini Pasta 4oz Marinara Sauce 1oz ♦ Spinach w/Onions 4oz ♦ Corn 4oz ♦ Jell-O 4oz ♦ 1% Milk 8oz 	30 ♦ Beef Tips 3oz Gravy 1oz ♦ Brown Rice 4oz ♦ Roasted Veggies 4oz ♦ Dinner Roll 1ea Margarine 1pc ♦ Applesauce 4oz ♦ 1% Milk 8oz 

Notice

ALL FOOD AND MILK MUST BE CONSUMED IN DESIGNATED DINING AREAS ONLY

In compliance with Area Agency on Aging and New Mexico Aging and Long-Term Services senior meal program regulations, meals cannot be removed from the meal site designated dining area, however fruit, such as bananas, apples, oranges and individually wrapped cookies are exceptions to the rule. If you have any questions regarding regulations and guidelines, please call Senior Affairs Nutrition and Transportation Division Manager

Tim Martinez at 505-764-6450 for further clarification.

Thank you in advance for your cooperation.



YOUTH summer PROGRAM

ONE
ALBUQUE senior affairs
RQUE

Santa Barbara Martineztown Multigenerational Center

1825 Edith Blvd NE, 87102

(505) 767-5671

LOTTERY Sign-up
April 28th - May 9th
LOTTERY DRAWING
May 12th



Scan to sign-up!

Registration for selected
participants starts
May 14th to May 23rd
PROGRAM DATES
June 9th-August 1st
7:30am-5:30pm