

# June 2025

## Santa Barbara Martineztown Multigenerational Center



505.767.5671

1825 Edith Blvd NE 87102

[cabq.gov/seniors](http://cabq.gov/seniors)

### Welcome to Santa Barbara Martineztown!

Message from Dir. Sanchez:  
Hello Summer!

As we welcome the start of summer, I'm filled with excitement for the months ahead and all that they hold for our community. This season is a time of renewal and opportunity, and here at the Department of Senior Affairs, we're embracing it with enthusiasm and forward-thinking as we continue to evolve to meet the growing demand for services.

First, we're kicking off a new campaign for the Department, entitled "Engage", to reflect all of our core initiatives committed to community, wellness, and advocacy for our city's older adults. Through "Engage," we aim to highlight the importance of staying active and involved in every stage of life. You'll start to see this messaging across our centers, programs, and events, and we invite you share this movement with the greater community.

Speaking of events, this month kicks off some new Engage offerings, such as Self-Check Health Days at our centers, providing easy access to tools that will help you Engage with Wellness. Then, on June 11th, we invite you to Engage with Community at the 1-Year Anniversary Celebration of the Santa Barbara Martineztown Multigenerational Center, a milestone we're proud to share with all of our DSA family. And don't miss the Pride Masquerade Ball at Highland Senior Center on June 26th, a day of joy, inclusion, and connection.

Our new fiscal year begins July 1st, and as a department, we are continuing to take a deep-dive on our budget, to continue our essential services and also evolve for the changing and growing constituency we serve. You may notice our efforts to ensure operational consistency across our centers, all in an effort to continue to manage costs, while focused on serving you with dignity and care. I encourage each of you to continue supporting the Department of Senior Affairs, reaching out to your elected officials and raising our collective voice for our older adults! Together, we can keep strengthening the programs and services that matter most.

Finally, thank you to all those who filled out our recent annual survey - we had more than 800 participants provide feedback. The raffle winners from the survey participants attend Highland Senior Center, Manzano Mesa Multigenerational Center, North Domingo Baca Multigenerational Center, and one recipient receives our Home Delivered Meals. With your input and support, you will help us advance our services to meet the needs of the community in the coming year and I am grateful!

Sincerely,  
Anna M. Sanchez, Director



#### Shout-Out and Thank You in Advance!

We'd like to give a big thank you in advance to Roma Bakery for providing delicious assorted pastries for our event, and to The Piklr, Presbyterian, and Oak Street Health for generously donating raffle prizes!

We also truly appreciate the upcoming participation of the Albuquerque Police Department for taking the time to engage with our community, and Albuquerque Fire Rescue for bringing the firetruck for everyone to enjoy — we know the participants are going to love it!



### Center Hours

Monday-Friday:  
8:00 AM-5:00 PM

Saturday and Sunday:  
Closed.

#### Mayor

Timothy M. Keller



#### Director

Anna M. Sanchez

### Center Staff

Matthew Montoya  
Program Coordinator

Isaiah Poole,  
Carl Sleeper  
General Service Worker

#### Part-Time Staff

Aaliyah, Albert, Amiah,  
Brandon, Celine, Josiah,  
Sebastian, Lucero,  
Cindy, Donald and  
Ivevienna

#### Foster Grandparents

Bridget, Joe, Nancy,  
Sylvia

### IMPORTANT

#### CLOSURES

Training Week  
June 2nd-June 9th

Memorial Day  
Thursday, June 19th

#### Free Ride!

Santa Fe  
National Cemetery



# Monday

TV Viewing  
Friendship Coffee  
Computer Lab  
Puzzle Table  
Yoga-Gentle  
Movie  
Dance(4th Monday)

8:00 AM-5:00 PM  
8:00 AM-2:00 PM  
8:00 AM-3:00 PM  
8:00 AM-4:45 PM  
9:00 AM-10:00 AM  
1:30 PM-3:30 PM  
1:30 PM-3:00 PM



# Tuesday

TV Viewing  
Friendship Coffee  
Computer Lab  
Puzzle Table  
Tech Help Tuesday  
Yoga-All Level  
Line Dancing  
Zumba-Low Impact

8:00 AM-5:00 PM  
8:00 AM-2:00 PM  
8:00 AM-3:00 PM  
8:00 AM-4:45 PM  
8:00 AM-4:45 PM  
8:30 AM-9:30 AM  
1:00 PM-2:00 PM  
3:45 PM-4:45 PM



**ZUMBA**  
FITNESS

# Wednesday

TV Viewing  
Friendship Coffee  
Computer Lab  
Flea Market  
Paint and Sip  
Flea Market Sign up  
(Last Wednesday)  
Puzzle Table  
Walk in the Park  
YouTube Foodies  
Birthday Celebration!  
(3rd Wednesday)  
Corn Hole  
Inclusive Bingo

8:00 AM-5:00 PM  
8:00 AM-2:00 PM  
8:00 AM-3:00 PM  
8:00 AM-12:00 PM  
10:00 AM-12:00 PM  
10:15 AM-11:00 AM  
8:00 AM-4:45 PM  
8:30 AM-9:00 AM  
9:00 AM-10:00 AM  
1:00 PM-1:30 PM  
1:30 PM-2:30 PM  
2:00 PM-3:00 PM



## Memberships!

- \$20.00 Annual Membership Fee
- Yearly from the day of payment.
- You gain access to all Multigenerational Centers, Senior Centers and Sports and Fitness Centers!
- Please remember to update or renew membership. Also, check in at the front desk for any classes or activities in which you participate.

## Weekly Activity

# Thursday

TV Viewing  
Friendship Coffee  
Computer Lab  
Puzzle Table  
Yoga-All Level  
Movie  
Crochet Group  
Pickleball

8:00 AM-5:00 PM  
8:00 AM-2:00 PM  
8:00 AM-3:00 PM  
8:00 AM-4:45 PM  
8:30 AM-9:30 AM  
9:00 AM-11:00 AM  
10:00 AM-11:30 AM  
1:30 PM-3:00 PM



# Friday

TV Viewing  
Friendship Coffee  
Computer Lab  
Puzzle Table  
Yoga  
Karaoke  
Card Game Time  
Zumba-Low Impact

8:00 AM-5:00 PM  
8:00 AM-2:00 PM  
8:00 AM-3:00 PM  
8:00 AM-4:45 PM  
9:45 AM-10:45 AM  
11:00 AM-12:30 PM  
1:30 PM-3:00 PM  
3:45 PM-4:45 PM



ONE ALBUQUE RQUE senior offices  
SANTA BARBARA MARTINEZTOWN  
MULTIGENERATIONAL CENTER PRESENTS:

**Centenarian Birthday Celebration**  
April 10th, 2025

COME JOIN US FOR A CELEBRATION  
WITH A LIVE BAND AND COME  
DANCE WITH US TO CELEBRATE A  
CENTURY OF BEING ALIVE!

RSVP WITH THE  
FRONT DESK AT  
505-767-5671

ENTRY: FREE  
START AT  
1:30 PM-3:00 PM



SANTA BARBARA  
MARTINEZTOWN  
MULTIGENERATIONAL CENTER  
1825 EDITH BLVD NE 87102  
505-767-5671



## BOARDS & COMMISSIONS NEEDS YOU

JOIN ONE OF OUR 50 BOARDS & COMMISSIONS

Shape the future of our city! No  
matter your subject matter  
expertise, there's a board or  
commission that needs you.

CABQ.GOV/BOARDS

APPLY TODAY

ONE ALBUQUE RQUE city clerk



## DANCE WITH PRIDE

THURSDAY JUNE 26TH

2:00PM-4:00PM

Highland Senior Center

LIVE MUSIC / PHOTO BOOTH / TABLING

Celebrate LGBTQ Pride Month-All Are Welcome



## Inclusive Beats:

### Dance, Smile, Belong

June 23rd, 2025  
1:30 PM-3:00 PM  
Aloha Luau



July 28th, 2025  
1:30 PM-3:00 PM  
Red, White and Blue



## Santa Barbara Martineztown Multigenerational Flea Markets

Come join us for  
flea markets every  
Wednesday!

All ages!

Come find some  
knick knacks to  
take home!



Lottery is the last Wednesday of the  
month 10:15 AM when drawing  
occurs for the following Months.

Lottery Drawing  
Wednesday, May 28th  
10:15 AM

\$2 per table  
8:00 AM- 12:00 PM

## Zumba-Low Impact

Join us for some fun times and low impact  
zumba! Get your body going and break a sweat  
while listening to some awesome music with our  
Phenomenal instructor Leo!

Tuesdays and Fridays  
3:45 PM-4:45 PM



**ZUMBA**  
FITNESS

## Line Dancing (Beginning)

Tuesdays from 1:00 PM - 2:00 PM



Join our great beginning line dancing  
class open for All ages who loves to line  
dance or wants to learn line dancing!

## GEHM Clinic

Thursday, June 12th  
8:30 AM - 12:00 PM

Come participate in this clinic that helps  
to identify how your body is doing!



ONE  
ALBUQUE  
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The Zone



## Birthday Cake Celebration

Join us to celebrate birthdays of the month  
for our Birthday Cake Celebration,  
Sponsored by Oak Street Health.



Birthday Celebration  
Wednesday, June 18th  
1:30 PM

Birthday Celebration  
Wednesday, July 16th  
1:30 PM



## Trip to Santa Fe to Visit Loved Ones via the Rail Runner Provided By New Mexico Rail Runner

We're also excited to announce a new  
partnership with New Mexico Rail Runner! This  
program will provide trips for seniors to visit  
their loved ones. Sign up today at the front desk  
to take advantage of this opportunity!



Wednesday, June 11th

Leave Center: 8:30 AM

Depart: 9:00 AM

Arrive at Center: 4:30 PM

\*Sign up at front desk

## Yoga (Beginning)



### Gentle Yoga

Instructor: Toby

Mondays

9:00 AM - 10:00 AM

Fridays

9:45 AM - 10:45 AM



### All Level Yoga

Instructor: Amy

Tuesdays

8:30 AM-9:30 AM

Thursday

8:30 AM-9:30 AM



## Karaoke

Fridays

12:00 AM-2:00 PM

Join us for a fun-filled karaoke  
session where you can sing your  
heart out and shine like a star!

## Pickleball

Join us for some exciting games of  
Pickleball with one court indoors!

Thursdays

1:30 PM-3:00 PM





\*Attention- Movies  
subject to change\*


# Movies

## Mondays      Thursdays

**Action**  
Monday, June 9th  
1:30 PM -3:30 PM

**ACTION!**

**Drama**  
Thursday, June 12th  
9:00 AM -11:00 AM




**Comedy**  
Monday, June 16th  
1:30 PM -3:30 PM

**HA HA**

**Action**  
Thursday, June 19th  
9:00 AM -11:00 AM

**ACTION!**


**Drama**  
Monday, June 23rd  
1:30 PM -3:30 PM



**Romance**  
Thursday, June 26th  
9:00 AM -11:00 AM



**Romance**  
Monday, June 30th  
1:30 PM -3:30 PM



### Walk in the Park

Take a refreshing stroll with us through the park as the leaves fall and we embrace the beauty of the fall season every Wednesday!

Note: if inclement weather we can walk inside the building.



**Wednesdays**  
8:30 AM-9:00 AM

### Puzzle Table

Monday-Friday  
8:00 AM-4:45 PM



### That Darn Yarn: Crochet Group



**Thursdays**  
10:00 AM-11:30 AM

**ONE  
ALBUQUE  
RQUE**

## Tech Help Tuesday

Come join us every Tuesday all day!



Come find some help with your technology from the staff of Santa Barbara Martineztown Multigenerational Center!

Join us for skill building on all your technology from laptop to cell phones!

**Thursday, June 12th**  
10:00 AM-12:00 PM



## YouTube Foodies

Learn how to whip up delicious, healthy meals on a budget in our fun and easy online cooking class!

**Wednesday**  
9:00 AM-10:00 AM



## Card Game Time

**Fridays**  
1:30 PM-3:00 PM Join us at the Santa Barbara Martineztown Multigenerational Center for a fun time with family and friends! Enjoy a variety of board and card games.



## Paint and Sip Coffee

Unwind with a relaxing Paint & Sip session—enjoy a cup of coffee while you unleash your creativity on canvas!

**Wednesdays**  
10:00 AM-12:00 PM



## DSA Advisory Council

**ONE  
ALBUQUE  
RQUE**

**June 16th**  
12:00 PM-1:30 PM  
Los Volcanes Senior Center  
6500 Los Volcanes NW, 87121

## Friendship Coffee

Come drop in and enjoy some coffee and socialize with one another!

**Monday-Friday**  
8:00 AM-2:00 PM





As part of the New Mexico Grown state initiative, every Thursday, the Department of Senior Affairs will feature a vegetarian meal that incorporates locally sourced fruits, vegetables, beans, or chile into the menu.


**IMPORTANT  
NOTICE**

Dine in hot lunch is served  
**11:30 AM - 1:00 PM**  
**Monday - Friday.**

Please call  
**505-767-5671**  
to make your  
reservation by  
**12:00P.M.** the day  
prior.

If you have made a  
reservation please  
call and inform so  
we can give the  
meal to another  
participant.

If you forgot to  
make a reservation  
we will be able to  
give out  
cancellation meals  
at 12:30 p.m.

Thanks in advance!

**COST BY AGE-**
**50-55**
**\$7.67**
**55-59**
**\$3.25**
**60 AND UP**
**\$2**
**(DONATION)**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
BBQ Chicken Sandwich 3oz Sweet Potato Mash 4oz Spinach/Onions 4oz Apple Slices 4oz 1% Milk 8oz	Greek Pasta Salad w/ Diced Ham 4oz Cucumber Salad 4oz Dinner Roll 1ea Margarine 1pc Oranges 4oz 1% Milk 8oz	Pork Tamale 3oz Red Chili 1oz Spanish Rice 4oz Pinto Beans 4oz Jell-O 4oz 1% Milk 8oz	Mushroom Swiss Veggie Burger 4oz Diced Potatoes 4oz Stewed Tomatoes 4oz Diced Peaches 4oz 1% Milk 8oz	Beef Steak 3oz Grilled Onions 1oz Mash Potatoes 4oz Green Beans 4oz Pudding 4oz 1% Milk 8oz
9	10	11	12	13
Baked Ham 3oz Pineapple Sauce 1oz Rice Pilaf 4oz Sliced Carrots 4oz Yogurt 4oz 1% Milk 8oz	Egg Salad Sandwich 4oz Potato Salad 4oz Coleslaw 4oz Oranges 4oz 1% Milk 8oz	Salisbury Steak 3oz Gravy 1oz Mashed Potatoes 4oz Green Beans 4oz Mixed Berries 4oz 1% Milk 8oz	Rotini Pasta 4oz Parmesan Cheese 1oz Spinach/Onions 4oz Corn 4oz Jell-O 4oz 1% Milk 8oz	Teriyaki Pork 4oz Brown Rice 4oz Stir Fry Veggies 4oz Watermelon 4oz 1% Milk 8oz
16	17	18	CLOSED 19	20
Meatloaf 4oz Tomato Sauce 1oz Green Beans 4oz Cauliflower 4oz Apple Slices 4oz 1% Milk 8oz	Baked Chicken Thigh 3oz Spinach/Peppers 4oz Brown Rice 4oz Yogurt 4oz 1% Milk 8oz	Cheese Macaroni 3oz Broccoli/ Ham 2oz Normandy Mix 4oz Brussel Sprouts 4oz Honeydew 4oz 1% Milk 8oz	JUNE TEENTH	Pork Roast 3oz Gravy 1oz Broccoli/Carrots 4oz Sweet Potatoes 4oz Dinner Roll 1ea Margarine 1pc Grapes 4oz 1% Milk 8oz
23	24	25	26	27
Red Chile Beef Enchiladas 4oz Pinto Beans 4oz Spanish Rice 4oz Yogurt 4oz 1% Milk 8oz	Chicken Salad 4oz <i>*May Contain Nuts</i> Coleslaw 4oz Dinner Roll 1ea Margarine 1pc Mixed Berries 4oz 1% Milk 8oz	Baked Pollok 3oz Roasted Peppers 4oz Steamed Broccoli 4oz Dinner Roll 1ea Margarine 1pc Chocolate Pudding 4oz 1% Milk 8oz	Cheese Omelet 3oz Red Chili/Peppers 3oz Diced Potatoes 4oz Stewed Tomatoes 4oz Applesauce 4oz 1% Milk 8oz	Carne Adovada 4oz Calabacitas 4oz Green Beans 4oz Flour Tortilla 2ea Jell-O 4oz 1% Milk 8oz

## Notice

### ALL FOOD AND MILK MUST BE CONSUMED IN DESIGNATED DINING AREAS ONLY

In compliance with Area Agency on Aging and New Mexico Aging and Long-Term Services senior meal program regulations, meals cannot be removed from the meal site designated dining area, however fruit, such as bananas, apples, oranges and individually wrapped cookies are exceptions to the rule. If you have any questions regarding regulations and guidelines, please call Senior Affairs Nutrition and Transportation Division Manager

Tim Martinez at 505-764-6450 for further clarification.

Thank you in advance for your cooperation.

# FIELD TRIPS AND IMPOTANT DATES

# YOUTH CORNER

Monday	Tuesday	Wednesday	Thursday	Friday
		Parent Orientation 6:00pm-7:00pm		
2	3	4	5	6
First Day of Program <i>WELCOME BACK</i>	Swimming 12:00-2:00	Happy Birthday	Swimming 12:00-2:00	Dion's 9:30-11:00
9	10	11	12	13
	Kickball Tournament 10:00-11:00		JUNE TEENTH CLOSED	Albuquerque Museum 10:00-11:00
16	17	18	19	20
Inclusive Dance: Aloha Luau 1:30-3:00	Swimming 12:00-2:00		Swimming 12:00-2:00	Rock Climbing Wall 9:30-11:00
23	24	25	26	27
30				

## JUNE 2025

June 9<sup>th</sup> -First day of Program-\$30 Fee Due  
 June 10<sup>th</sup> -Swimming- \$1.50-Team A  
 June 11<sup>th</sup> -Anniversary of SBMT being open-Free  
 June 12<sup>th</sup> -Swimming-\$1.50-Team B  
 June 13<sup>th</sup> -Dions-\$7-13 Spots  
 June 17<sup>th</sup> -Kickball Tournament-Free  
 June 19<sup>th</sup> -Center Closed-Juneteenth  
 June 20<sup>th</sup> -Albuquerque Museum-Free-13 Spots  
 June 23<sup>rd</sup> -Inclusive Luau-Free  
 June 24<sup>th</sup> -Swimming-\$1.50-Team A  
 June 26<sup>th</sup> -Swimming-\$1.50-Team B  
 June 27<sup>th</sup> -Rock climbing Wall-Free-All

## JULY 2025

July 1<sup>st</sup> -Program Fee Due-\$30 Fee Due  
 July 1<sup>st</sup> -Swimming-\$1.50-Team A  
 July 3<sup>rd</sup> -Swimming- \$1.50-Team B  
 July 3<sup>rd</sup> -Family Water day/BBQ- Free  
 July 4<sup>th</sup> -Center Closed- 4<sup>th</sup> of July  
 July 8<sup>th</sup> -Swimming-\$1.50-Team A  
 July 10<sup>th</sup> -Swimming-\$1.50-Team B  
 July 11<sup>th</sup> -Ninja Force-\$12-Team B  
 July 22nd -Swimming-\$1.50-Team A  
 July 24th -Swimming-\$1.50-Team B  
 July 25<sup>th</sup> -Talent Show-Free  
 July 28<sup>th</sup> -Inclusive Red,White and Blue Dance-Free  
 July 29<sup>th</sup> -Swimming-\$1.50-Team A  
 July 31<sup>st</sup> -Swimming-\$1.50-Team B  
 June 27<sup>th</sup> -Rock climbing Wall-Free-All

Monday	Tuesday	Wednesday	Thursday	Friday
	Swimming 12:00-2:00		Swimming 12:00-2:00 Family Water Day/ BBQ 10:00-11:30	HAPPY 4 <sup>th</sup> of July CLOSED
30	1	2	3	4
	Swimming 12:00-2:00		Swimming 12:00-2:00	Ninja Force 2:00-3:30
7	8	9	10	11
	Swimming 12:00-2:00		Swimming 12:00-2:00	
14	15	16	17	18
	Swimming 12:00-2:00		Swimming 12:00-2:00	Talent show
21	22	23	24	25
Inclusive Dance: Red, White and Blue 1:30-3:00	Swimming 12:00-2:00		Swimming 12:00-2:00	Last Day of Program
28	29	30	31	1

### Program Dates & Times

- June 9<sup>th</sup> - August 1st
- **Monday-Friday, 7:30 AM - 5:30 PM**
- Participant Drop-Off and Pick-Up Policy
  - All individuals coming to drop off or pick up participants must:
    - Be 18 years of age or older
    - Present a valid Driver's License

### Location

- Santa Barbara Martineztown Multigenerational Center
- 1825 Edith Blvd NE 87102

### Cost

- \$30 a month per Participant
- Due the first week of program each month

### What's Included

- Lunch/snacks will be provided

### Propper attire

- Closed-toe shoes
- Athletic Wear

### Contact Info

- (505)767-5671
- Matthew Montoya
- Program Coordinator



### Parent Orientation

6:00pm-7:00pm

Wednesday, June 4th

Santa Barbara Martineztown  
Multigenerational Center  
1825 Edith Blvd NE 87102



Come get to know the center and meet our staff!

We will be going over the handbook and discussing the expectations for the center, including those for staff, parents, and participants.

We look forward to seeing you there!

### Rotation Schedule

7:30AM-8:30AM-COMPUTER LAB  
 8:30AM-9:00AM-BREAKFAST  
 9:00AM-9:15AM-AM RECESS  
 9:15AM-9:30AM-ANNOUNCEMENTS  
 9:30AM-10:10AM-ROTATION 1 AM  
 10:10AM-10:50AM-ROTATION 2 AM  
 10:50AM-11:30AM-ROTATION 3 AM  
 11:30AM-12:00PM-LUNCH  
 12:00PM-12:45PM-MID RECESS  
 12:45PM-1:30PM-ROTATION 1 MID  
 1:30PM-2:15PM-ROTATION 2 MID  
 2:15PM-3:00PM-ROTATION 3 MID  
 3:00PM-3:30PM-SNACK  
 3:30PM-4:00PM-ROTATION 1 PM  
 4:10PM-4:50PM-ROTATION 2 PM  
 4:50PM-5:30PM-BOARD GAMES

