

JULY



2026



Santa Barbara Martineztown Multigenerational Center

505.767.5671

1825 Edith Blvd NE 87102

cabq.gov/seniors

Welcome to Santa Barbara Martineztown!

Center Hours

Monday-Friday:

Open to all.

8:00 AM-5:00 PM

Youth only.

5:00 PM-6:00 PM

Saturday and Sunday:

Closed.

Mayor

Timothy M. Keller



Director

Anna M. Sanchez

Center Staff

Program Coordinator
Matthew Montoya

General Service Worker
Malaysia

Part-Time Staff

Albert, Amiah,
Brandon, Eric, Maggie,
Francesca, MyYen,
Sebastian, and Matt

Front Desk

Donald, Rainer, Lucero

Happy INDEPENDENCE Day!

**ATTENTION
PLEASE**

**ONE
ALBUQUE
RQUE** senior affairs

OUT-OF-AREA / MEMBERSHIP CHANGES

Out-of-City Resident Surcharge

**Non-City of Albuquerque residents will pay an additional
\$30 annual surcharge**

**Applies in addition to the \$20 annual membership fee
(\$50 total annually)**

Takes effect at the next membership renewal anniversary

Out-of-State Daily/Monthly Use Fee

**\$15 daily use fee OR \$50 monthly use fee for out-of-state
individuals**

Important Information

CLOSED
Independence Day
July 3RD, 2026



**ONE
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RQUE**

Accredited by
National Institute of
Senior Centers

**Our Mission: We are committed to providing resources with care and
compassion that help our community thrive while embracing aging.**

Celebrate July with SBMT!

Join the Santa Barbara Martineztown Multigenerational Center as we celebrate July with exciting events and opportunities to connect with your community!

Our Senior Picnic promises an afternoon filled with fun, music, and community spirit. Enjoy a lively performance by Chile Bean Express, experience the vibrant traditions of ¡Baila! ¡Baila! with beautiful Folklórico dancing, and visit a variety of informational booths featuring local organizations and community resources.

Lunch will be available for adults 50 years of age and older. Participants ages 50–59 may purchase a meal for \$5, while those 60 years and older are invited to enjoy lunch with a voluntary donation of any amount they can afford. We look forward to celebrating together with great entertainment, delicious food, and wonderful company.

Looking for a new hobby? Be sure to join our new Swedish Weaving Class, held every Friday. Whether you're a beginner or have previous experience, this relaxing class is a wonderful opportunity to learn a beautiful fiber art while making new friends and connecting with others in the community. We look forward to celebrating with you this July and creating lasting memories together. We hope to see you at the Santa Barbara Martineztown Multigenerational Center!

Matthew Montoya
Program Coordinator
Santa Barbara Martineztown Multigenerational Center

Summer Camp

- Summer Camp – Youth Program
- Program Dates: June 15 – July 31
- Hours: Monday – Friday | 7:30 AM – 5:30 PM
- Closures: June 19, July 3
- Details: Daily activities, field trips, breakfast & lunch provided.
- Spots are determined by lottery selection.
- Info: 505-767-5671

Coffee With Constituents:

ONE
ALBUQUE
RQUE

Thurs, July 23, 2026
8:30-9:30 am



Santa Barbara Martineztown
Multigenerational Center
1825 Edith Blvd NE, 87102

Join us for some coffee with the Director

ONE
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Advisory Council Meeting

Monday, July 20, 2026
12:00 PM – 1:30 PM
Highland Senior Center
131 Monroe St NE, 87108

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Monday



TV Viewing
 Friendship Coffee
 Computer Lab
 Puzzle Table
 Yoga-Gentle
 Zumba-Gold

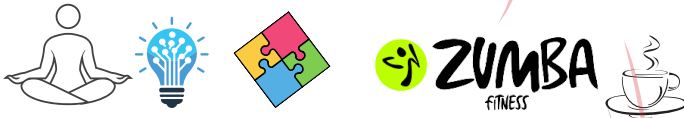
8:00 AM-5:00 PM
 8:00 AM-2:00 PM
 8:00 AM-3:00 PM
 8:00 AM-4:45 PM
 9:00 AM-10:00 AM
 3:45 PM-4:45 PM



Tuesday

TV Viewing
 Friendship Coffee
 Computer Lab
 Puzzle Table
 Tech Help Tuesday
 Yoga-All Level
 Line Dancing
 Zumba-Gold

8:00 AM-5:00 PM
 8:00 AM-2:00 PM
 8:00 AM-3:00 PM
 8:00 AM-4:45 PM
 8:00 AM-4:45 PM
 9:00 AM-10:00 AM
 1:00 PM-2:00 PM
 3:45 PM-4:45 PM



Wednesday

TV Viewing
 Friendship Coffee
 Computer Lab
 Flea Market (1st Wednesday)
 Paint and Sip
 Puzzle Table
 Walk in the Park
 YouTube Foodies
 Movie
 Corn Hole
 Friendships/Relationships

8:00 AM-5:00 PM
 8:00 AM-2:00 PM
 8:00 AM-3:00 PM
 8:00 AM-12:00 PM
 10:00 AM-12:00 PM
 8:00 AM-4:45 PM
 8:30 AM-9:00 AM
 9:00 AM-10:00 AM
 9:00 AM-11:00 AM
 1:30 PM-2:30 PM
 2:00PM-4:00PM



Thursday

TV Viewing
 Friendship Coffee
 Computer Lab
 Puzzle Table
 Yoga-All Level
 Crochet Group
 Art Class
 Friendships/Relationships (AM)
 Friendships/Relationships (PM)
 Inclusive Bingo

8:00 AM-5:00 PM
 8:00 AM-2:00 PM
 8:00 AM-3:00 PM
 8:00 AM-4:45 PM
 9:00 AM-10:00 AM
 10:00 AM-11:30 AM
 12:00 PM-2:00 PM
 10:00AM-12:00PM
 12:30PM-2:30PM
 2:00 PM-3:00 PM



Friday

TV Viewing
 Friendship Coffee
 Computer Lab
 Puzzle Table
 Yoga
 Karaoke
 Card Game Time
 Zumba-Gold

8:00 AM-5:00 PM
 8:00 AM-2:00 PM
 8:00 AM-3:00 PM
 8:00 AM-4:45 PM
 9:00 AM-10:00 AM
 12:00 PM-3:00 PM
 1:30 PM-3:00 PM
 3:45 PM-4:45 PM



Memberships!

- \$20.00 Annual Membership Fee
- Yearly from the day of payment.
- You gain access to all Multigenerational Centers, Senior Centers and Sports and Fitness Centers!
- Please remember to update or renew membership. Also, check in at the front desk for any classes or activities in which you participate.



Santa Barbara Martineztown Multigenerational Flea Market

Come join us for flea markets every 1st Wednesday of the month!

Wednesday, July 3rd

All ages!
Come find some knick knacks to take home!

Lottery Drawing
First come, First served

\$2 per table
8:00 AM- 12:00 PM



Zumba-Low Impact

Join us for some fun times and low impact zumba! Get your body going and break a sweat while listening to some awesome music with our Phenomenal instructor Leo!

Mondays, Tuesdays, and Fridays
3:45 PM-4:45 PM



Line Dancing (Beginning)

Tuesdays from 1:00 PM - 2:00 PM



Join our great beginning line dancing class open for all ages for those who loves to line dance or wants to learn line dancing!

Crochet Group: That Darn Yarn

Thursdays
10:00 AM-11:30 AM

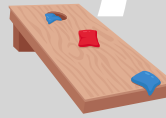


Building Friendships and Relationships: Supporting Individuals with Intellectual Disabilities



Cost: Varies

Wednesdays
2:00 PM - 4:00 PM
Thursdays
10:00 AM-12:00 PM
12:30 PM-2:30 PM



Corn Hole
Join us for some exciting games of Corn Hole indoors!

Wednesdays
1:30 PM-2:30 PM

Gentle Yoga

Instructor: Toby

Mondays
9:00 AM - 10:00 AM
Fridays
9:45 AM - 10:45 AM

All Level Yoga

Instructor: Amy

Tuesdays
9:00 AM-10:00 AM

Yoga (Beginning) Yoga

Instructor: Justine
Wednesday
9:00 AM-10:00 AM
Thursday
9:00 AM-10:00 AM



Karaoke

Fridays
1:00 PM-3:00 PM

Join us for a fun-filled karaoke session where you can sing your heart out and shine like a star!

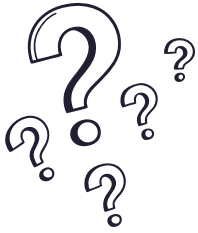




Movies

Every Wednesdays

Attention- Movies subject to change



Random Movie
1st Wednesday
9:00 AM -11:00 AM



Action
2nd Wednesday
9:00 AM -11:00 AM



Comedy
3rd Wednesday
9:00 AM -11:00 AM



Adventure
4th Wednesday
9:00 AM -11:00 AM

Walk in the Park

Take a refreshing stroll with us through the park as we embrace the beauty of the summer season every Wednesday!

Note: if inclement weather occurs we can walk inside the building. **Wednesdays**
8:30 AM-9:00 AM



Puzzle Table

Monday-Friday
8:00 AM-4:45 PM



Tech Help Tuesday

Come join us every Tuesday all day!

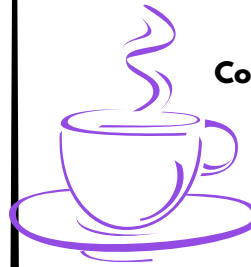


Come find some help with your technology from the staff of Santa Barbara Martineztown Multigenerational Center!

Friendship Coffee

Come drop in and enjoy some coffee and socialize with one another!

Monday-Friday
8:00 AM-2:00 PM



YouTube Foodies

Learn how to whip up delicious, healthy meals on a budget in our fun and easy online cooking class!

Wednesday
9:00 AM-10:00 AM



Card Game Time

Join us at the Santa Barbara Martineztown Multigenerational Center for a fun time with family and friends! Enjoy a variety of board and card games.



Paint and Sip Coffee

Unwind with a relaxing Paint & Sip session—enjoy a cup of coffee while you unleash your creativity on canvas!

Wednesdays
10:00 AM-12:00 PM



Santa Barbara Martineztown Multigenerational Center

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87102
cabq.gov/seniors

Senior Hot Meals
Monthly Schedule

**IMPORTANT
NOTICE**

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JULY 2026

As part of the New Mexico Grown state initiative, every Thursday, the Department of Senior Affairs will feature a vegetarian meal that incorporates locally sourced fruits, vegetables, beans, or chile into the menu.



Dine in hot lunch is served
11:30 AM - 1:00 PM
Monday - Friday.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29 Chicken Parmesan 4oz Green Beans 4oz Steamed Carrots 4oz Pear 4oz 1% Milk 8oz	30 Salisbury Steak 3oz Gravy 1oz Brussel Sprouts 4oz Normandy Blend 4oz Jell-O 4oz 1% Milk 8oz	1 BBQ Pulled Pork 3oz Diced Sweet Potatoes 4oz Spinach w/ Onions 4oz Wheat Bun 1ea Yogurt 4oz 1% Milk 8oz	2 Green Chile Cheese Veggie Burger 1ea Scalloped Potatoes 4oz Stewed Tomatoes 4oz Diced Peaches 4oz 1% Milk 8oz	CLOSED 3 4TH OF JULY WEEKEND
6 Green Chile Cheeseburger 1ea Celery Sticks 4oz Diced Potatoes 4oz Sliced Apples 4oz 1% Milk 8oz	7 Greek Pasta Salad 5oz Broccoli Salad w/ Carrots & Onions 4oz Dinner Roll 1ea Margarine 1pc Watermelon 4oz 1% Milk 8oz	8 Breaded Pollock 4oz Tartar Sauce 1pc Diced Beets 4oz Green Beans 4oz Orange 1ea 1% Milk 8oz	9 Pasta Primavera w/ 5 Way Veggies 3oz Alfredo Sauce 2oz Spinach/Mushrooms 4oz Steamed Carrots 4oz Yogurt 4oz 1% Milk 8oz	10 Chicken Parmesan 4oz Marinara Sauce 1oz Cauliflower 4oz Brussel Sprouts 4oz Jell-O 4oz 1% Milk 8oz
13 Carne Adovada 4oz Calabacitas 4oz Pinto Beans 4oz Flour Tortilla 2ea Seasonal Fruit 4oz 1% Milk 8oz	14 Teriyaki Chicken w/ Fajita Vegetables 3oz Steamed Broccoli 4oz Brown Rice 4oz Fortune Cookie 2ea 1% Milk 8oz	15 Meatball Sub 1ea Spinach w/ Onions 4oz Steamed Carrots 4oz Pear 1ea 1% Milk 8oz	16 Cheese Omelet w/ Peppers & Red Chile 3oz Stewed Tomatoes 2oz Diced Potatoes 4oz Orange 4oz 1% Milk 8oz	17 Pork Loin 3oz Gravy 2oz Roasted Peppers 4oz Green Beans 4oz Dinner Roll 1ea Margarine 1pc Pudding 4oz 1% Milk 8oz
20 Beef w/ Peppers & Onions 3oz Normandy Blend 2oz Brown Rice 4oz Brownie 1ea 1% Milk 8oz	21 Tuna Salad Sandwich 1ea Potato Chips 4oz Celery Sticks 4oz Honeydew 4oz 1% Milk 8oz	22 BBQ Pulled Pork 4oz Sweet Potato Mash 4oz Spinach w/ Onions 4oz Whole Wheat Bun 1ea Jell-O 4oz 1% Milk 8oz	23 Green Chile Mac & Cheese 4oz Succotash 4oz Diced Beets 4oz Yogurt 4oz 1% Milk 8oz	24 Baked Chicken Thigh 3oz Roasted Carrots 4oz Herb Diced Potatoes 4oz Dinner Roll 1ea Margarine 1pc Vanilla Pudding 4oz 1% Milk 8oz
27 Pork Tamales 2ea Red Chile 1oz Spinach 4oz Pinto Beans 4oz Brownie 1ea 1% Milk 8oz	28 Green Chile Chicken Enchilada 5oz Cauliflower 4oz Calabacitas 4oz Mandarin Oranges 4oz 1% Milk 8oz	29 Meatloaf 4oz Roasted Potatoes 4oz Green Beans 4oz Dinner Roll 1ea Margarine 1pc Seasonal Fruit 4ea 1% Milk 8oz	30 <i>Anti-Inflammatory</i> Black & Pinto Chile Beans 4oz Spinach w/ Tomatoes 4oz Diced Sweet Potatoes 4oz Corn Tortillas 2ea Strawberries 4oz 1% Milk 8oz	31 Salisbury Steak 4oz Noodles 2oz Gravy 1oz Brussel Sprouts 4oz Sliced Carrots 4oz Honeydew 4oz 1% Milk 8oz

Please call
505-767-5671
to make your reservation by
1:00 P.M. the day prior.

If you have made a reservation and can not make it please call and inform us of the Cancellation so we can give the meal to another participant.

If you forgot to make a reservation we will be able to give out cancellation meals at 12:30 p.m.

Thanks in advance!

COST BY AGE-

50-55

\$7.67

55-59

\$3.25

60 AND UP

\$2

(DONATION)

Notice

All FOOD AND MILK MUST BE CONSUMED IN DESIGNATED DINING AREAS ONLY

In compliance with Area Agency on Aging and New Mexico Aging and Long-Term Services senior meal program regulations, meals cannot be removed from the meal site designated dining area, however fruit, such as bananas, apples, oranges and individually wrapped cookies are exceptions to the rule. If you have any questions regarding regulations and guidelines, please call Senior Affairs Nutrition and Transportation Division Manager

Tim Martinez at 505-764-6450 for further clarification.

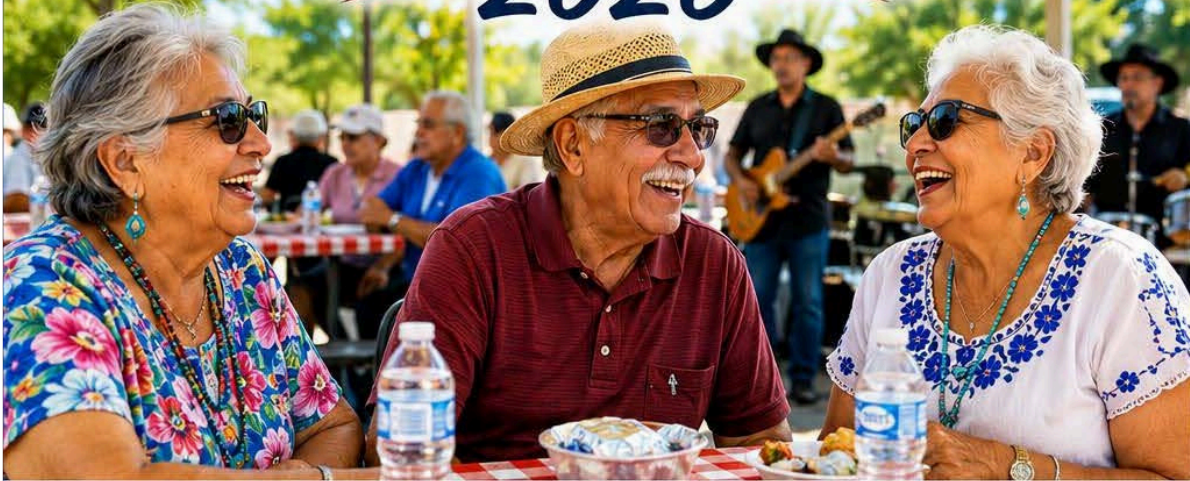
Thank you in advance for your cooperation.



SANTA BARBARA MARTINEZTOWN
MULTIGENERATIONAL CENTER
& CASA PRESENT



SENIOR PICNIC 2026



**FRIDAY,
JULY
17TH**
10:30 AM – 12:30 PM

JOIN US FOR A FUN-FILLED MORNING!
Raffle Drawings • Music • Meals
Rock Climbing • Live Band
and so much more!



SANTA BARBARA MARTINEZTOWN
MULTIGENERATIONAL CENTER
1825 Edith Blvd NE, Albuquerque, NM 87102
505-767-5671



RSVP REQUIRED
Please RSVP with the
Front Desk
505-767-5671

LUNCH INFORMATION
Please bring a Lunch or
preorder your Lunch before
1:00 PM on the 16th of July!



**COME CELEBRATE AND JAM OUT TO SOME
LIVE MUSIC UNDER THE PAVILION!**