

July

2025

Santa Barbara Martineztown Multigenerational Center



505.767.5671

1825 Edith Blvd NE 87102

cabq.gov/seniors

Welcome to Santa Barbara Martineztown!

July is in Full Swing at Santa Barbara Martineztown Multigenerational Center!

Summer is heating up—and so is our youth program! From the thrill of Ninja Force to the creativity of our Talent Show, plus refreshing weekly swimming trips, there's no shortage of fun and adventure on the horizon. The energy is high, and the memories are building!

Reminder: We'll be closed on July 4th in honor of Independence Day.

We're also keeping bodies moving with Zumba every Tuesday and Friday, and daily yoga classes (except Wednesdays). Come stop by, stretch, move, and connect with your community!

Our State Reading Program launches on July 7th from 8:00 AM to 12:00 PM. While registration is already full, we're thrilled for all the exciting literacy and enrichment activities happening throughout the building!

Summer Camp Parents: Please remember to submit your monthly payment as soon as possible to keep the fun going!
Looking Ahead: After-School Program

As summer winds down, we're excited to announce our after-school program for the upcoming school year! We'll be providing transportation from Lew Wallace Elementary School to the Santa Barbara Martineztown Multigenerational Center each day.

- Days: Monday through Friday
- Hours: School dismissal until 5:00 PM
- Fees: \$20 active membership per child for the year, plus \$15 monthly fee per child.

If you're interested in enrolling your child for the school-year program or would like more information, please visit the front desk. Our staff will be happy to help with details and registration. Let's finish the summer strong and make July unforgettable at Santa Barbara Martineztown!

Center Hours

Monday-Friday:
8:00 AM-5:00 PM

Saturday and Sunday:
Closed.

Mayor

Timothy M. Keller



Director

Anna M. Sanchez

Center Staff

Matthew Montoya
Program Coordinator

Isaiah Poole,
Carl Sleeper
General Service Worker

Part-Time Staff

Aaliyah, Albert, Amiah,
Brandon, Celine, Josiah,
Sebastian, Lucero,
Cindy, Donald, Ronan
and Ivevienna

Foster Grandparents

Nancy, Sylvia

CLOSURES

4th of July
Friday, July 4th



Monday

TV Viewing
Friendship Coffee
Computer Lab
Puzzle Table
Yoga-Gentle
Movie
Dance(4th Monday)



8:00 AM-5:00 PM
8:00 AM-2:00 PM
8:00 AM-3:00 PM
8:00 AM-4:45 PM
9:00 AM-10:00 AM
1:30 PM-3:30 PM
1:30 PM-3:00 PM

Tuesday

TV Viewing
Friendship Coffee
Computer Lab
Puzzle Table
Tech Help Tuesday
Yoga-All Level
Line Dancing
Zumba-Low Impact



ZUMBA
FITNESS

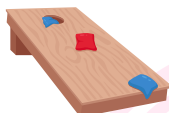
8:00 AM-5:00 PM
8:00 AM-2:00 PM
8:00 AM-3:00 PM
8:00 AM-4:45 PM
8:00 AM-4:45 PM
8:30 AM-9:30 AM
1:00 PM-2:00 PM
3:45 PM-4:45 PM

Wednesday

TV Viewing
Friendship Coffee
Computer Lab
Flea Market
Paint and Sip
Flea Market Sign up
(Last Wednesday)
Puzzle Table
Walk in the Park
YouTube Foodies
Birthday Celebration!
(3rd Wednesday)
Corn Hole
Indusive Bingo



8:00 AM-5:00 PM
8:00 AM-2:00 PM
8:00 AM-3:00 PM
8:00 AM-12:00 PM
10:00 AM-12:00 PM
10:15 AM-11:00 AM
8:00 AM-4:45 PM
8:30 AM-9:00 AM
9:00 AM-10:00 AM
1:00 PM-1:30 PM
1:30 PM-2:30 PM
2:00 PM-3:00 PM



Weekly Activity

Thursday

TV Viewing
Friendship Coffee
Computer Lab
Puzzle Table
Yoga-All Level
Movie
Crochet Group
Pickleball



8:00 AM-5:00 PM
8:00 AM-2:00 PM
8:00 AM-3:00 PM
8:00 AM-4:45 PM
8:30 AM-9:30 AM
9:00 AM-11:00 AM
10:00 AM-11:30 AM
1:30 PM-3:00 PM

Friday

TV Viewing
Friendship Coffee
Computer Lab
Puzzle Table
Yoga
Karaoke
Card Game Time
Zumba-Low Impact



8:00 AM-5:00 PM
8:00 AM-2:00 PM
8:00 AM-3:00 PM
8:00 AM-4:45 PM
9:45 AM-10:45 AM
11:00 AM-12:30 PM
1:30 PM-3:00 PM
3:45 PM-4:45 PM

**BOARDS & COMMISSIONS
NEEDS YOU**

JOIN ONE OF OUR 50 BOARDS & COMMISSIONS

Shape the future of our city! No matter your subject matter expertise, there's a board or commission that needs you.

CABQ.GOV/BOARDS

APPLY TODAY

ONE ALBUQUE RQUE
city clerk

Memberships!

- \$20.00 Annual Membership Fee
- Yearly from the day of payment.
- You gain access to all Multigenerational Centers, Senior Centers and Sports and Fitness Centers!
- Please remember to update or renew membership. Also, check in at the front desk for any classes or activities in which you participate.

Inclusive Beats:

Dance, Smile, Belong

July 28th, 2025

1:30 PM-3:00 PM

Red, White and Blue



Santa Barbara Martineztown Multigenerational Flea Markets

Come join us for
flea markets every
1st Wednesday!

All ages!

Come find some
knick knacks to
take home!



Lottery is the last Wednesday of the
month 10:15 AM when drawing
occurs for the following Months.

Lottery Drawing

Wednesday, July 30th

10:15 AM

\$2 per table

8:00 AM- 12:00 PM

Zumba-Low Impact

Join us for some fun times and low impact
zumba! Get your body going and break a sweat
while listening to some awesome music with our
Phenomenal instructor Leo!

Tuesdays and Fridays

3:45 PM-4:45 PM



ZUMBA

FITNESS

Line Dancing (Beginning)

Tuesdays from 1:00 PM - 2:00 PM



Join our great beginning line dancing
class open for All ages who loves to line
dance or wants to learn line dancing!

GEHM Clinic

Thursday, July 10th

8:30 AM - 12:00 PM

Come participate in this clinic that helps
to identify how your body is doing!



Birthday Cake Celebration

Join us to celebrate birthdays of the month
for our Birthday Cake Celebration,
Sponsored by Oak Street Health.



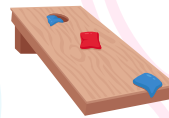
Birthday Celebration

Wednesday, July 16th

1:30 PM

Corn Hole

Join us for some exciting games of
Corn Hole indoors!



Wednesdays

1:30 PM-2:30 PM

Yoga (Beginning)

Gentle Yoga

Instructor: Toby

Mondays

9:00 AM - 10:00 AM

Fridays

9:45 AM - 10:45 AM

All Level Yoga

Instructor: Amy

Tuesdays

8:30 AM-9:30 AM

Thursday

8:30 AM-9:30 AM



Karaoke

Fridays

12:00 AM-2:00 PM

Join us for a fun-filled karaoke
session where you can sing your
heart out and shine like a star!

Pickleball

Join us for some exciting games of
Pickleball with one court indoors!



Thursdays

1:30 PM-3:00 PM



*Attention- Movies
subject to change*


Movies

Mondays Thursdays

Action
Monday, Junly 7th
1:30 PM -3:30 PM

ACTION!

Drama
Thursday, July 3rd
9:00 AM -11:00 AM




Comedy
Monday, July 14th
1:30 PM -3:30 PM

HA HA

Action
Thursday, July 17th
9:00 AM -11:00 AM

ACTION!


Drama
Monday, July 21st
1:30 PM -3:30 PM



Romance
Thursday, July 24th
9:00 AM -11:00 AM



Romance
Monday, July 28th
1:30 PM -3:30 PM



Comedy
Thursday, July 31th
1:30 PM -3:30 PM

HA HA

Walk in the Park

Take a refreshing stroll with us through the park as the leaves fall and we embrace the beauty of the fall season every Wednesday!

Note: if inclement weather we can walk inside the building.



Wednesdays
8:30 AM-9:00 AM

Puzzle Table

Monday-Friday
8:00 AM-4:45 PM



That Darn Yarn: Crochet Group



Thursdays
10:00 AM-11:30 AM

Tech Help Tuesday

Come join us every Tuesday all day!



Come find some help with your technology from the staff of Santa Barbara Martineztown Multigenerational Center!

Join us for skill building on all your technology from laptop to cell phones!



Please call to book an appointment!
505-600-1297

YouTube Foodies

Learn how to whip up delicious, healthy meals on a budget in our fun and easy online cooking class!



Wednesday
9:00 AM-10:00 AM

Card Game Time

Fridays
1:30 PM-3:00 PM Join us at the Santa Barbara Martineztown Multigenerational Center for a fun time with family and friends! Enjoy a variety of board and card games.

Paint and Sip Coffee

Unwind with a relaxing Paint & Sip session—enjoy a cup of coffee while you unleash your creativity on canvas!



Wednesdays
10:00 AM-12:00 PM

DSA Advisory Council

JULY 21, 2025



North Valley Senior Center
3825 4th St NW, 87107

Friendship Coffee

Come drop in and enjoy some coffee and socialize with one another!



Monday-Friday
8:00 AM-2:00 PM

As part of the New Mexico Grown state initiative, every Thursday, the Department of Senior Affairs will feature a vegetarian meal that incorporates locally sourced fruits, vegetables, beans, or chile into the menu.


**IMPORTANT
NOTICE**

Dine in hot lunch is served
11:30 AM - 1:00 PM
Monday - Friday.

Please call
505-767-5671
to make your
reservation by
12:00P.M. the day
prior.

If you have made a
reservation please
call and inform so
we can give the
meal to another
participant.

If you forgot to
make a reservation
we will be able to
give out
cancellation meals
at 12:30 p.m.

Thanks in advance!

COST BY AGE-
50-55
\$7.67
55-59
\$3.25
60 AND UP
\$2
(DONATION)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30	1	2	3	CLOSED 4
Sweet & Sour Pork 4oz Brown Rice 4oz Stir Fry Vegetables 4oz Sliced Carrots 4oz Chocolate Pudding 4oz 1% Milk 8oz 	Egg Salad Sandwich 4oz Coleslaw 4oz Cucumber & Onion Salad 4oz Orange 1ea 1% Milk 8oz 	Chicken Fajita 3oz Brown Rice 3oz Calabacitas 4oz Tortilla 2ea Yogurt 4oz 1% Milk 8oz 	Veggie Green Chile 1ea Cheeseburger 4oz Diced Potatoes 4oz Stewed Tomatoes 4oz Wheat Bun 1ea Diced Peaches 4oz 1% Milk 8oz 	
7	8	9	10	11
Green Chile Stew 4oz Pinto Beans 4oz Flour Tortilla 1ea Sliced Apples 4oz 1% Milk 8oz 	Greek Pasta Salad 5oz Broccoli Salad 4oz Dinner Roll 1ea Margarine 1pc Watermelon 4oz 1% Milk 8oz 	Pork Chop 4oz Brown Gravy 1oz Rice Pilaf 4oz Green Beans 4oz Orange 1ea 1% Milk 8oz 	Veggie Pasta Primavera w/ Alfredo Sauce 5oz Spinach w/ Onions 4oz Corn & Edamame 4oz Yogurt 4oz 1% Milk 8oz 	Chicken Parmesan 4oz Green Beans 4oz Steamed Carrots 4oz Jell-O 4oz 1% Milk 8oz 
14	15	16	17	18
Carne Adovada 4oz Calabacitas 4oz Pinto Beans 4oz Flour Tortilla 2ea Jell-O 4oz 1% Milk 8oz 	Teriyaki Chicken 3oz Stir Fry Vegetables 4oz Broccoli 4oz Brown Rice 4oz Fortune Cookie 2ea 1% Milk 8oz 	Meatball Sandwich w/ Cheese 1ea Spinach w/ Onions 4oz Steamed Carrots 4oz Pear 1ea 1% Milk 8oz 	Cheese Omelet w/ Fajita Blend 4oz Stewed Tomatoes 4oz Diced Potatoes 4oz Mandarin Oranges 4oz 1% Milk 8oz  	Sliced Ham 3oz Pineapple Glaze 1oz Sweet Potato Mash 4oz Cut Corn 4oz Dinner Roll 1ea Margarine 1pc Jell-O 4oz 1% Milk 8oz 
21	22	23	24	25
Spaghetti w/ Meat Sauce 5oz Breadstick 1ea Broccoli 4oz Grapes 4oz 1% Milk 8oz 	Chicken Salad Sandwich 1ea Potato Salad 4oz Coleslaw 4oz Honeydew 4oz 1% Milk 8oz 	Turkey Pot Pie 4oz Green Beans w/ Mushrooms 4oz Peach Cobbler 4oz 1% Milk 8oz 	Green Chile Mac & Cheese 4oz Corn & Edamame 4oz Diced Beets 4oz Yogurt 4oz 1% Milk 8oz 	BBQ Pulled Pork 4oz Sweet Potato Mash 4oz Spinach w/ Onions 4oz Wheat Bun 1ea Jell-O 4oz 1% Milk 8oz 
28	29	30	31	1
Red Chile Tamales 4oz Spinach 4oz Pinto Beans 4oz Brownie 1ea 1% Milk 8oz 	Green Chile Chicken 4oz Enchilada 4oz Cauliflower 4oz Calabacitas 4oz Mandarin Oranges 4oz 1% Milk 8oz 	Meatloaf 4oz Roasted Potatoes 4oz Succotash 4oz Dinner Roll 1ea Margarine 1pc Banana 1ea 1% Milk 8oz 	Spaghetti w/ Pesto 4oz Broccoli w/ Peppers 4oz Normandy Blend 4oz Dinner Roll 1ea Margarine 1pc Yogurt 4oz 1% Milk 8oz 	Lemon Dill Salmon 4oz Brussel Sprouts 4oz Mashed Potatoes 4oz Honeydew 4oz 1% Milk 8oz 

Notice

ALL FOOD AND MILK MUST BE CONSUMED IN DESIGNATED DINING AREAS ONLY

In compliance with Area Agency on Aging and New Mexico Aging and Long-Term Services senior meal program regulations, meals cannot be removed from the meal site designated dining area, however fruit, such as bananas, apples, oranges and individually wrapped cookies are exceptions to the rule. If you have any questions regarding regulations and guidelines, please call Senior Affairs Nutrition and Transportation Division Manager

Tim Martinez at 505-764-6450 for further clarification.

Thank you in advance for your cooperation.

FIELD TRIPS AND IMPOTANT DATES

YOUTH CORNER

JULY 2025

July 1st -Program Fee Due-\$30 Fee Due
 July 1st -Swimming-\$1.50-Team A
 July 3rd -Swimming- \$1.50-Team B
 July 3rd -Family Water day/BBQ- Free
 July 4th -Center Closed- 4th of July
 July 8th -Swimming-\$1.50-Team A
 July 10th -Swimming-\$1.50-Team B
 July 11th -Ninja Force-\$12-Team B
 July 22nd -Swimming-\$1.50-Team A
 July 24th -Swimming-\$1.50-Team B
 July 25th -Talent Show-Free
 July 28th -Inclusive Red,White and Blue Dance-Free
 July 29th -Swimming-\$1.50-Team A
 July 31st -Swimming-\$1.50-Team B

Monday	Tuesday	Wednesday	Thursday	Friday
	Swimming 12:00-2:00 \$1.50		Swimming 12:00-2:00 \$1.50 Family Water Day/ BBQ 10:00-11:30	HAPPY 4 th of July CLOSED
30	1	2	3	4
	Swimming 12:00-2:00 \$1.50		Swimming 12:00-2:00 \$1.50	Ninja Force 2:00-3:30
7	8	9	10	11
	Swimming 12:00-2:00 \$1.50		Swimming 12:00-2:00 \$1.50	
14	15	16	17	18
	Swimming 12:00-2:00 \$1.50		Swimming 12:00-2:00 \$1.50	Talent show
21	22	23	24	25
	Swimming 12:00-2:00 \$1.50		Swimming 12:00-2:00 \$1.50	Last Day of Program
Inclusive Dance: Red, White and Blue 1:30-3:00	28	30	31	1



Program Dates & Times

- June 9th - August 1st
- **Monday-Friday, 7:30 AM – 5:30 PM**
- Participant Drop-Off and Pick-Up Policy
 - All individuals coming to drop off or pick up participants must:
 - Be 18 years of age or older
 - Present a valid Driver's License

Location

- Santa Barbara Martineztown Multigenerational Center
- 1825 Edith Blvd NE 87102

Cost

- \$30 a month per Participant
- Due the first week of program each month

What's Included

- Lunch/snacks will be provided

Propper attire

- Closed-toe shoes
- Athletic Wear

Contact Info

- (505)767-5671
- Matthew Montoya
- Program Coordinator

Rotation Schedule

7:30AM-8:30AM-COMPUTER LAB
 8:30AM-9:00AM-BREAKFAST
 9:00AM-9:15AM-AM RECESS
 9:15AM-9:30AM-ANNOUNCEMENTS
 9:30AM-10:10AM-ROTATION 1 AM
 10:10AM-10:50AM-ROTATION 2 AM
 10:50AM-11:30AM-ROTATION 3 AM
 11:30AM-12:00PM-LUNCH
 12:00PM-12:45PM-MID RECESS
 12:45PM-1:30PM-ROTATION 1 MID
 1:30PM-2:15PM-ROTATION 2 MID
 2:15PM-3:00PM-ROTATION 3 MID
 3:00PM-3:30PM-SNACK
 3:30PM-4:00PM-ROTATION 1 PM
 4:10PM-4:50PM-ROTATION 2 PM
 4:50PM-5:30PM-BOARD GAMES



Back To School Supply Drive

Help students succeed this fall by donating school supplies today!

We are collecting a range of supplies to support elementary school teachers and students in the classroom. Your generous donations are essential for academic success.

Items Needed

- Spiral notebooks (wide-lined)
- Wide-lined paper
- Washable markers
- Table Caddies
- 4 Drawer Medium Towers
- 10-Drawer Organizer Carts
- Facial tissues
- #2 Pencils
- Crayons
- Lysol wipes
- Dry Erase markers
- Flair pens
- Colored pencils



Scan to see
our registry
on Amazon



Bring Donations to your local senior or
multigenerational center before July 31, 2025

For more information call 505.764.1009