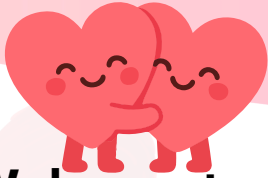


February 2026

Santa Barbara Martineztown Multigenerational Center

505.767.5671
1825 Edith Blvd NE 87102
cabq.gov/seniors



Welcome to Santa Barbara Martineztown!

We also celebrated our very first Youth New Years Event, which was a sweet time for all the generations involved.
Thank you to everyone who participated.

Membership Reminder

Please check in on your memberships to ensure they are up to date. If you need assistance, stop by the front desk and we'll be happy to help get everything squared away. Thank you in advance!

Upcoming Events & Ongoing Classes

- Acoustic Music Circle
 - First Thursday of the month 1:00 PM – 3:00 PM
 - Bring your instrument or your voice and join us for an acoustic jam session. Express yourself, share music, and have a great time! RSVP with the Front at 505-767-5671.

Please call the Center at 505-767-5671 to RSVP and Reserve your spot for these phenomenal workshops.

- Senior Citizens Law Office
 - Estate Planning Presentation-RSVP at 505-767-5671
 - February 20 | 9:30 AM – 11:30 AM
 - Power of Attorney Workshop
 - March 5 | 9:30 AM – 11:30 AM
 - Scam and Identity Theft
 - March 20 | 9:30 AM – 11:00 AM
 - Medicaid for Long-Term Care Presentation
 - April 21 | 9:30 AM – 11:00 AM
- Albuquerque Fire Rescue
 - Fall Recovery Class
 - February 17th | 9:30 AM – 11:30 AM
- Gehm Clinic
 - Thursday, February 19th
 - 8:30 AM - 12:00 PM

Center Closures

- Monday, February 16th – Closed for Presidents Day

After-School Camp

- Dates: Follows APS school schedule
- Hours: 3:30 PM – 6:00 PM
- Snack provided
- Youth Camp will be offered with daily activities to keep participants engaged and active.

Spots are available. Please call 505-767-5671 for more information.

Transportation Update:

- We pick up from Zia Elementary School and Jefferson Middle School.

Center Hours

Monday-Friday:

Open to all.

8:00 AM-5:00 PM

Youth only.

5:00 PM-6:00 PM

Saturday and Sunday:

Closed.

Mayor

Timothy M. Keller



Director

Anna M. Sanchez

Center Staff

Program Coordinator
Matthew Montoya

General Service Worker
Vacant

Part-Time Staff
Aaliyah, Albert, Amiah,
Brandon, Lucero, and
Sebastian

Important Information

Center Closed

**Presidents' Day
February 16th**



The Department of Senior Affairs seeks your *Love Story*

Love stories have the power to inspire, whether they span decades or blossom in later years. We are seeking to celebrate such stories from members of our senior centers, and we invite you to share your own unique journey of love. Whether you've shared a lifetime with your partner or discovered love anew in your golden years, your experiences can touch hearts and offer hope to others.

To participate, please compose a story of **250 words** detailing your romantic journey. Feel free to include moments of joy, challenges overcome, or lessons learned along the way.

Alongside your written story, we ask that you provide a copy of a photograph that captures the essence of your relationship as well as your contact information (Name, Phone Number and Email.)

Anonymous submissions will be accepted; however, there is **no guarantee they will be featured.**

Drop entries off at any Senior or Multigenerational Center. Stories will be collected until February 14, 2026.

ONE ALBUQUE RQUE senior affairs

JOIN US
for
SENIOR DAY
FEBRUARY 13, 2026

WWW.AGING.NM.GOV/SENIORDAY



Join us at the Roundhouse on February 13th for Senior Day at the Legislature — a special opportunity to connect, learn, and be heard. Enjoy a free resource fair, learn more about New Mexico Aging Services' initiatives and budget priorities, and help advocate for funding that creates positive impacts in the lives of New Mexicans every day.

The day will include a resource fair, legislative tours, speakers, and opportunities to connect with legislators, community leaders, and organizations serving older adults.

FREE AND OPEN TO OLDER ADULTS, CAREGIVERS, AND COMMUNITY MEMBERS ACROSS NEW MEXICO.

ONE ALBUQUE RQUE senior affairs

NEW MEXICO AGING SERVICES
NEW MEXICO AGING & LONG-TERM SERVICES DEPARTMENT

Happy February!

As the month of love arrives, the Department of Senior Affairs celebrates the connections that make our community strong. We have an array of events planned at our senior and multigenerational centers, including our first-ever "Love Stories Contest" highlighting relationships of 50+ years (details are available at each center).

We're grateful for your continued support and love for our Department! As we navigate tougher times ahead and head into budget season, we need your feedback to sustain critical services. Small, incremental operational changes may be necessary to maintain the support our older adults deserve but we always welcome your input. Almost every month throughout the year, (full schedule available on our website or at your center) the DSA Advisory Council holds a public, open meeting to discuss matters and provide time to hear directly from our constituents. This month's Advisory Council meeting will occur on February 23 at Santa Barbara Martineztown Multigenerational Center at 12:00 pm —we encourage you to join us!

Also every month, I'll host a "Coffee with Constituents" session at every location to discuss and address matters with the public. I'd love for you to join me! This month's "Coffee with Constituents" will be held at Highland Senior Center on **Thursday, February 26th from 8:30-9:30am**. Your voice matters and we look forward to hearing your thoughts at these sessions or through reaching out to your center manager.

Wishing you a February filled with love and connection.

Sincerely,

Anna Sanchez, Director
Department of Senior Affairs



CENTER SURVEY ANNOUNCEMENT!

WE'RE PLEASED TO ANNOUNCE THAT OUR DEPARTMENT OF SENIOR AFFAIRS ANNUAL SURVEY WILL BE LAUNCHING IN THE COMING WEEKS! PLEASE KEEP AN EYE OUT AND TAKE A FEW MINUTES TO SHARE YOUR VALUABLE FEEDBACK.

ADDITIONALLY, OUR TEAM WILL BE CONDUCTING ONSITE VISITS TO HELP YOU COMPLETE THE SURVEY ONLINE!

THANK YOU IN ADVANCE FOR YOUR PARTICIPATION!



Monday

TV Viewing	8:00 AM-5:00 PM
Friendship Coffee	8:00 AM-2:00 PM
Computer Lab	8:00 AM-3:00 PM
Puzzle Table	8:00 AM-4:45 PM
Yoga-Gentle	9:00 AM-10:00 AM
Intermediate Pickleball	1:00PM-3:30PM
Zumba-Low Impact	3:45 PM-4:45 PM



ZUMBA
FITNESS



Tuesday

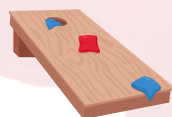
TV Viewing	8:00 AM-5:00 PM
Friendship Coffee	8:00 AM-2:00 PM
Computer Lab	8:00 AM-3:00 PM
Puzzle Table	8:00 AM-4:45 PM
Tech Help Tuesday	8:00 AM-4:45 PM
Yoga-All Level	9:00 AM-10:00 AM
Beginner Pickleball	9:30AM-11:30AM
Line Dancing	1:00 PM-2:00 PM
Zumba-Low Impact	3:45 PM-4:45 PM



ZUMBA
FITNESS

Wednesday

TV Viewing	98:00 AM-5:00 PM
Friendship Coffee	8:00 AM-2:00 PM
Computer Lab	8:00 AM-3:00 PM
Flea Market (1 st Wednesday)	8:00 AM-12:00 PM
Paint and Sip	10:00 AM-12:00 PM
Puzzle Table	8:00 AM-4:45 PM
Walk in the Park	8:30 AM-9:00 AM
YouTube Foodies	9:00 AM-10:00 AM
Movie	9:00 AM-11:00 AM
(3rd Wednesday)	
Friendships/Relationships (AM)	9:00AM-12:00AM
Corn Hole	1:30 PM-2:30 PM
Friendships/Relationships	2:00PM-4:00PM



Weekly Activity

Thursday

TV Viewing	8:00 AM-5:00 PM
Friendship Coffee	8:00 AM-2:00 PM
Computer Lab	8:00 AM-3:00 PM
Puzzle Table	8:00 AM-4:45 PM
Yoga-All Level	9:00 AM-10:00 AM
Crochet Group	10:00 AM-11:30 AM
Friendships/Relationships (AM)	10:00AM-12:00PM
Friendships/Relationships (PM)	12:30PM-2:30PM
Inclusive Bingo	2:00 PM-3:00 PM



Friday

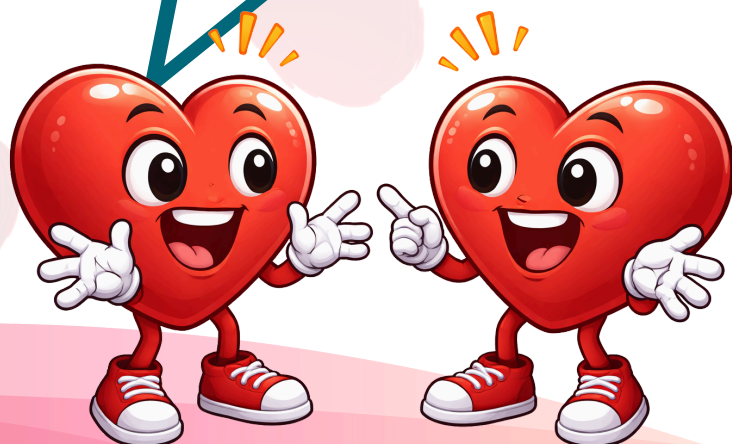
TV Viewing	8:00 AM-5:00 PM
Friendship Coffee	8:00 AM-2:00 PM
Computer Lab	8:00 AM-3:00 PM
Puzzle Table	8:00 AM-4:45 PM
Yoga	9:45 AM-10:45 AM
Karaoke	12:00 PM-3:00 PM
Card Game Time	1:30 PM-3:00 PM
Zumba-Low Impact	3:45 PM-4:45 PM



ZUMBA
FITNESS

Memberships!

- \$20.00 Annual Membership Fee
- Yearly from the day of payment.
- You gain access to all Multigenerational Centers, Senior Centers and Sports and Fitness Centers!
- Please remember to update or renew membership. Also, check in at the front desk for any classes or activities in which you participate.



Senior Citizens Law Office

Estate Planning

Tuesday, February 20th
9:30 am-11:30 am



RSVP at
505-767-5671

Power of Attorney

Thursday, March 5th
9:30 am-11:00 am

Scam and Identity

Theft Presentation

Friday, Mar. 20, 2026
9:30AM to 11:30AM

Santa Barbara Martineztown Multigenerational Flea Market

Come join us for flea
markets every 1st
Wednesday of the month!
All ages!

Come find some knick
knacks to take home!



Wednesday,
February 4th

\$2 per table
8:00 AM- 12:00 PM

Lottery Drawing
First come, First served

Zumba-Low Impact

Join us for some fun times and low impact
zumba! Get your body going and break a sweat
while listening to some awesome music with our
Phenomenal instructor Leo!

Mondays, Tuesdays, and
Fridays
3:45 PM-4:45 PM



ZUMBA
FITNESS

Line Dancing (Beginning)

Tuesdays from 1:00 PM - 2:00 PM



Join our great beginning line dancing class
open for all ages for those who loves to
line dance or wants to learn line dancing!

GEHM Clinic

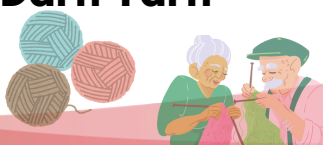
Thursday, February 19th
8:30 AM - 12:00 PM



Come participate in this clinic that helps
to identify how your body is doing!

Crochet Group: That Darn Yarn

Thursdays
10:00 AM-11:30 AM



Building Friendships and Relationships: Supporting Individuals with Intellectual Disabilities



Cost:Varies

Wednesdays

2:00 PM - 4:00 PM

Thursdays

10:00 AM-12:00 PM

2:00 PM-4:00 PM



Corn Hole

Join us for some exciting
games of Corn Hole indoors!

Wednesdays

1:30 PM-2:30 PM

Gentle Yoga

Instructor: Toby

Mondays

9:00 AM - 10:00 AM

Fridays

9:45 AM - 10:45 AM



Yoga (Beginning)

All Level Yoga

Instructor: Amy

Tuesdays

9:00 AM-10:00 AM

Thursday

9:00 AM-10:00 AM



Karaoke

Fridays

12:00 PM-3:00 PM

Join us for a fun-filled karaoke
session where you can sing your
heart out and shine like a star!

Join us for some exciting games of
Pickleball with one court indoors!

Pickleball

Beginner

Tuesdays

9:30AM-11:30AM



Intermediate

Mondays

1:00PM-3:00PM

*Attention- Movies
subject to change*

Movies Wednesdays



Drama
1st Wednesday
9:00 AM -11:00 AM



Action
2nd Wednesday
9:00 AM -11:00 AM



Romance
3rd Wednesday
9:00 AM -11:00 AM



Adventure
4th Wednesday
9:00 AM -11:00 AM

Walk in the Park

Take a refreshing stroll with us through the park as the leaves fall and we embrace the beauty of the fall season every Wednesday!

Note: if inclement weather occurs we can walk inside the building.



Wednesdays
8:30 AM-9:00 AM

Puzzle Table

Monday-Friday
8:00 AM-4:45 PM



Acoustic Music Circle

All songs and voices welcome including original tunes

All ages and abilities welcome

Come express yourself and show your talent

Call 5057675671 and RSVP for the Class!

**1st Thursday of
the Month,
1pm-3pm
No Cost**



The Zone

Tech Help Tuesday

Come join us every Tuesday all day!



Come find some help with your technology from the staff of Santa Barbara Martineztown Multigenerational Center!

Join us for skill building on all your technology from laptop to cell phones!



Tuesday, January 6th
3:00PM-5:00PM

at Santa Barbara Martineztown!

Please call to book an appointment!

5057675671 or 505-600-1297



YouTube Foodies

Learn how to whip up delicious, healthy meals on a budget in our fun and easy online cooking class!

Wednesday
9:00 AM-10:00 AM

Fridays

1:30 PM-3:00 PM

Card Game Time

Join us at the Santa Barbara Martineztown Multigenerational Center for a fun time with family and friends! Enjoy a variety of board and card games.



Paint and Sip Coffee

Unwind with a relaxing Paint & Sip session—enjoy a cup of coffee while you unleash your creativity on canvas!



Wednesdays
10:00 AM-12:00 PM

DSA Advisory Council

February 23rd, 2026

Santa Barbara Martineztown
Multigenerational Center
1825 Edith Blvd NE 87102



Friendship Coffee

Come drop in and enjoy some coffee and socialize with one another!

Monday-Friday
8:00 AM-2:00 PM



**IMPORTANT
NOTICE**

**ONE
ALBUQUE
RQUE**

FEBRUARY

As part of the New Mexico Grown state initiative, every Thursday, the Department of Senior Affairs will feature a vegetarian meal that incorporates locally sourced fruits, vegetables, beans, or chile into the menu.



Dine in hot lunch is served
**11:30 AM - 1:00 PM
Monday - Friday.**

Please call
505-767-5671
to make your
reservation by
**12:00P.M. the day
prior.**

If you have made a
reservation please
call and inform so
we can give the
meal to another
participant.

If you forgot to
make a reservation
we will be able to
give out
cancellation meals
at 12:30 p.m.

Thanks in advance!

COST BY AGE-

50-55

\$7.67

55-59

\$3.25

60 AND UP

\$2

(DONATION)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
Beef Tips over Bowtie Pasta 4oz Gravy 2oz Zucchini & Squash 4oz Dinner Roll 1ea Margarine 1pc Pears 4oz 1% Milk 8oz	Green Chile Chicken Enchiladas 4oz Spanish Rice 4oz Pinto Beans 4oz Yogurt 4oz 1% Milk 8oz	Sliced Ham 3oz Pineapple Sauce 1oz Cauliflower 4oz Spinach 4oz Cornbread 1ea Banana 4oz 1% Milk 8oz	Pasta Primavera 4oz Steamed Broccoli 4oz Dinner Roll 1ea Margarine 1pc Mandarin Oranges 4oz 1% Milk 8oz	Pork Chop 3oz Mashed Potatoes 4oz Brussel Sprouts 4oz Jell-O 4oz 1% Milk 8oz
9	10	11	12	13
Chicken Tamales 3oz Green Chile 1oz Black Beans 4oz Normandy Blend 4oz Dinner Roll 1ea Margarine 1pc Applesauce 4oz 1% Milk 8oz	Mac & Cheese 3oz w/ Ham 1oz Steamed Broccoli 4oz Spinach 4oz Yogurt 4oz 1% Milk 8oz	Lemon Baked Cod 3oz Tartar Sauce 1pc Brown Rice 4oz Brussel Sprouts 4oz Jell-O 4oz 1% Milk 8oz	Red Chile Cheese Enchilada 4oz Spanish Rice 4oz Calabacitas 4oz Pears 4oz 1% Milk 8oz	BBQ Baked Chicken Thigh 3oz Stewed Tomatoes 4oz Ranch Beans 4oz Normandy Blend 4oz Dinner Roll 1ea Valentine Cookie 4oz 1% Milk 8oz
CLOSED 16	17	18	19	20
	Carne Adovada 4oz Calabacitas 4oz Pinto Beans 4oz Flour Tortilla 2ea Apple slices 4oz 1% Milk 8oz	Baked Cod 3oz Salsa 1pc Brown Rice 4oz Spinach & Onions 4oz Jell-O 4oz 1% Milk 8oz	Baked Ziti 4oz Brussel Sprouts 4oz Breadstick 1ea Banana 4oz 1% Milk 8oz	Breaded Pollock 4oz Tartar Sauce 1ea Carrots 4oz Green Beans w/ Mushrooms 4oz Mandarin Oranges 4oz 1% Milk 8oz
23	24	25	26	
Salisbury Steak 4oz Mushrooms & Gravy 2oz Mashed Potatoes 4oz Carrots 4oz Brownie 1ea 1% Milk 8oz	Green Chile Chicken Posole 4oz Steamed Cauliflower 4oz Red Peppers 4oz Applesauce 4oz Saltine Crackers 1pc 1% Milk 8oz	Meatloaf 3oz w/ Tomato Sauce 1oz Garlic Potatoes 4oz Succotash 4oz Dinner Roll 1ea Margarine 1pc Banana 4oz 1% Milk 8oz	Veggie Green Chile Cheeseburger 1ea Sweet Potato Mash 4oz Baked Beans 4oz Yogurt 4oz 1% Milk 8oz	Black Bean Chile 4oz Green Beans 4oz Brussel Sprouts 4oz Jell-O 4oz 1% Milk 8oz

Notice

All FOOD AND MILK MUST BE CONSUMED IN DESIGNATED DINING AREAS ONLY

In compliance with Area Agency on Aging and New Mexico Aging and Long-Term Services senior meal program regulations, meals cannot be removed from the meal site designated dining area, however fruit, such as bananas, apples, oranges and individually wrapped cookies are exceptions to the rule. If you have any questions regarding regulations and guidelines, please call Senior Affairs Nutrition and Transportation Division Manager

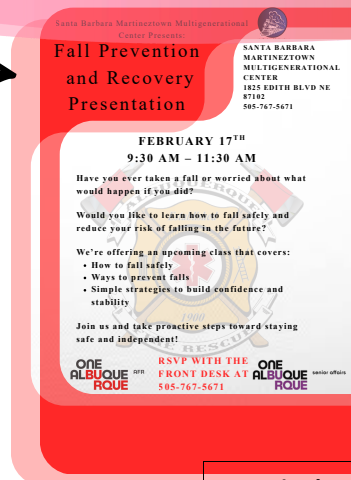
Tim Martinez at 505-764-6450 for further clarification.

Thank you in advance for your cooperation.

Senior Affairs Events



**Fall Prevention and Recovery
Presentation**
Feb. 17, 2026
9:30AM to 11:30AM
**Santa Barbara Martineztown
Multigenerational Center- Join us for
a presentation on fall prevention.**



Estate Planning Presentation
Feb. 20, 2026
9:30AM to 11:30AM
**Santa Barbara Martineztown
Multigenerational Center- Join us for
a presentation on fall prevention.**

**Join the Senior Citizens' Law
Office for a presentation on
*Estate Planning***
February 20th, 2026 at 9:30 AM



Presenter will discuss planning for incapacity (Powers of Attorney), and planning for end of life (Wills, Non-Probate Transfers, etc.).

Note: this presentation is general information only, and the presenter will not be able to give individual legal advice.

Attendees **must sign up in advance** for this event at the front desk.



Power of Attorney Clinic
Mar. 5, 2026
9:30AM to 11:00AM
**Santa Barbara Martineztown
Multigenerational Center- Join us for
a clinic on Power of Attorney.**

**Join Senior Citizens' Law Office for a
*Power of Attorney Clinic***
March 5th 9:30AM to 11:00 AM



Bring current
Photo ID, and
the names and
contact
information of
people you will
appoint as
agents.

Attorneys will guide attendees through completing Powers of Attorney for both Healthcare and Finances. You must sign up in advance with the front desk since only 15 spaces are available for this workshop.

Also, non-English speaking and hard of hearing seniors may contact SCLO at 505-265-2300 to set up in-office appointments for powers of attorney. SCLO is unable to serve seniors who require this one-on-one attention at the senior centers in a group setting but will do so at our office located at 1240 Pennsylvania St. NE, Albuquerque 87110.



Scam and Identity Theft Presentation
Mar. 20, 2026
9:30AM to 11:30AM
**Santa Barbara Martineztown
Multigenerational Center- Join us for
a presentation on scam and identity
prevention.**

**Join the Senior Citizens' Law Office
For a Presentation on
*Scams and Identity Theft***

Come learn
about:
• Common Scams
• Red Flags to
Watch For
• How to Fix
Identity Theft



Friday, March 20th, 2026
**9:30AM at Santa Barbara-
Martineztown
Multigenerational Center**

Please sign up in advance at SBMT.

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**“For all our holiday and
seasonal events, please
visit
www.cabq.gov/seniors
and click on the ‘Senior
Affairs Events’ tab on the
left side of the page.”**