

# RSVP Voluntimes

November 2022

## Message from your RSVP Team

The holiday season is upon us and it is the time of year where many of us take a moment to reflect on the past year and gather to show gratitude.

Next week on Wednesday, November 9, 2022, several of you, our wonderful volunteers, will be gathering with us at the Embassy Suites Hotel to reflect on the past few years and celebrate all the wonderful things that you have contributed to our beautiful city through your volunteer work.

The RSVP staff, RSVP Advisory Council, Senior Affairs staff and our wonderful partners will have the honor of celebrating you and your outstanding contributions in serving others in our community. If you haven't done so already, we encourage you to call our office at 505-767-5225 by Wednesday, November 2nd to reserve your spot for the 20th Annual RSVP Appreciation Breakfast.

We are excited for the opportunity to meet and greet you in person for this wonderful event!

Also, this month we honor our wonderful Veterans. To our amazing volunteers who served in the military, we want to thank you from the bottom of our hearts for your service to our country. You have sacrificed so much and continue to selflessly give back to your community through your volunteer work. We are grateful for all you have done and continue to do.

The RSVP staff is truly grateful for each and every one of you. Thank you for all you do for us and our wonderful community.

From our little RSVP family, we wish you a wonderful and safe Thanksgiving!

~Cristina & Isaiah

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## DSA Administration



Anna Sanchez, Director

Chris Sanchez  
Deputy Director

Nikki Peone  
Associate Director

## RSVP Staff

Cristina Romero-Baca  
RSVP Supervisor

Isaiah Valenzuela  
Office Assistant

## RSVP Office

131 Monroe NE  
Albuquerque, NM 87108  
505-767-5225

## Office Hours

M-F: 8a-5p

# RSVP Volunteer Appreciation Breakfast

Our annual RSVP Breakfast is coming up on the morning of Wednesday November 9th starting at 8am. If you haven't made a reservation with Isaiah or Cristina please call our office at 505-767-5225 by November 2, 2022.



## Upcoming Events

- o 11/2 FREE Admission to Albuquerque Museum Located at 2000 Mountain NW
- o 11/5 Clean up the Bosque weed and plants removal 9am-1pm Rio Bravo Open Space
- o 11/6 Tablao Flamenco Matinee Show 4- 5 pm Located at 800 Rio Grande BLVD NE
- o 11/6 NM Philharmonic 6 - 11pm located at Popejoy Hall UNM Campus
- o 11/9 RSVP Volunteer Appreciation Breakfast Located at Embassy Suites Downtown
- o 11/10 Laundry Love Free help with Laundry services including washing, drying & folding Located at 1603 Broadway Blvd SE - Arroyo Services Lavanderia
- o 11/19 The Art of Gifting local artist show UNM continuing Education 10am-4pm
- o 11/24 ABQ Turkey Trot 5k family run/walk event for charity 845am-12pm located at the Balloon Fiesta Park



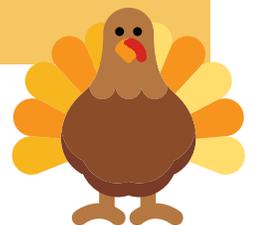
# Volunteer Spotlight

## ProMedica Hospice



**Volunteer Hours**  
Due to RSVP reporting requirements, the volunteer hours submission deadline has changed. You will now have to report your hours within a 14 day period. For example, if you volunteer on August 1st you have until August 15th to submit your hours via the RSVP Web Assistant. If you need assistance with entering your hours contact the RSVP office at 505-767-5225.

**RSVP Web Assistant**  
We have received several calls regarding issues concerning accessing the Web Assistant site. Please note that the correct web address for this site is [www.cabq.gov/rsvp](http://www.cabq.gov/rsvp). If you run into an issue with logging into the system call the RSVP office.



### ***What is Hospice***

Hospice is a philosophy of caring

Hospice care is a specialized care that focuses on supporting you and your loved ones during an advanced illness. The emphasis is on comfort and quality of life, rather than finding a cure. Hospice care enables you to live each day to the fullest as comfortably and dignified as possible.

### ***Benefits of Hospice***

Hospice care not only helps with managing your symptoms, but also helps you and your family with emotional and spiritual support.

You don't have to be ready for hospice. In fact, hospice doesn't expect you to be ready. You just have to be eligible for the services which can increase the quality of your life. Many people think that hospice care is for the last few days of life, when in fact patients can receive it much earlier. In customer satisfaction surveys, many families said they wish they had known about hospice sooner. Receiving hospice care may help you avoid frequent trips to the hospital.

### ***Who Is Eligible***

Patients must meet certain criteria in order to be eligible for hospice. We will work with you and your physician to determine eligibility. Medicare's guidelines include:

- Documented life-limiting prognosis by a certified physician(s)
- The patient elects to receive comfort (palliative) care

For more information on becoming a Promedica Volunteer, please contact:

Janelle Tellez, Volunteer Coordinator (505) 318-8862 or [janelle.tellez@promedica.org](mailto:janelle.tellez@promedica.org)

## Volunteer Spotlight - November



For this month's Volunteer Spotlight we have chosen Beatrice Encinias for her hard work doing everything from special event projects for RSVP, Information & Assistant booths, Senior Centers Birthday Celebrations and much much more!! Bea has over 1100 lifetime hours and has been with RSVP for 9 years! She volunteers at all of the cities senior centers and multigenerational centers. She is a dependable resource and an amazing individual to get to know. RSVP has the opportunity to recognize our great and hard working volunteer core that truly makes this community a better inclusive place for all ages and backgrounds.



### NOVEMBER BIRTHDAYS

**Rita Romero 11/1**

**Charles Chavez 11/4**

**Barbara Eagleman 11/5**

**Angela Lovato 11/5**

**Deanne Moody-**

**Mettling 11/5**

**Margie Martinez 11/5**

**Rickie Gonzalez 11/11**

**David Lund 11/14**

**John Franklin 11/15**

**Anne Merkley 11/15**

**Sara Jensen 11/16**

**Robert T. Wood 11/18**

**Dixie Prowell 11/20**

**Marilyn Lafer 11/21**

**Ginny Azevedo 11/21**

**Lee Orozco 11/22**

**Debra J. Happ 11/25**

**Bill Davidson 11/28**

**Patricia E. Appel 11/29**

**HAPPY BIRTHDAY**

# Volunteer Opportunities

## ABQ Bio Park

At the ABQ bio parks you can serve your community by being an ambassador, Horticulture assistant, or help out on the Garden Railroad.

## ABQ Animal Welfare

The city is in constant need of volunteers with our loving animals in shelters. Serve by being a Lobby Greeter, Dog Walker, or help with Adoption Assistance.

## ABQ Support

As an Airport Ambassador assist travelers and tourist new ABQ in answering any questions and provide them information on our amazing city!

## Catholic Charities

Assist in transporting seniors to imitated destinations. Please note all drivers must drive their own Vehicles.

## Meals on Wheels

Meals on Wheels is looking for meal delivery drivers Monday-Friday 10:00 am to 1:30 pm. Each Driver is assigned their own route. Please note all drivers must use their own vehicle.

## Maxwell Anthropology Museum - UNM

Help with labeling, inventory, and tours of the anthropology museum located on campus at UNM.

## NM Ramp Project

Help build ramps for mobility restricted seniors across the metro area. Office opportunities also available.

## NM Kids Matter

with NM kids matter you will be directly helping advocate for children that are being abused and neglected in foster-care and troubled home lives. This requires a minimum time commitment of 20 hours. If you would like more information on this fantastic and meaningful opportunity, please reach out to the RSVP office.

## RSVP Office

We have special projects going on during the end of the year that we need multiple volunteers to help with. Clerical work, Mailing Assistants, Information Booths, Filing, Bag filing, and Resource Education Trainings.

## Senior Affairs Information & Assistance

DSA I&A are in need of assistance for upcoming Medicare events and Veterans Day Celebration. Please call Isaiah at 505-767-5225 for details.

## Senior Affairs: Senior & Multigenerational Centers

The department of Senior Affairs is in need of volunteers to assist with various duties at all of the Senior and Multigenerational Centers. Barelmas, Bear Canyon, Highland, Los Volcanes, Manzano Mesa, North Domingo Baca, North Valley and Palo Duro.

## Visit Albuquerque

Help out by lending your expertise & knowledge to the tourist and visitors of Albuquerque.

## Veteran to Veteran Volunteer

Opportunity! Promedica Hospice is looking for Veterans to assist in honoring Veteran patients with pinning ceremonies throughout the week of November 6 - November 12. Contact: Janelle Tellez, Volunteer Coordinator 505.318.8862 [janelle.tellez@promedica.org](mailto:janelle.tellez@promedica.org)

\*\*To find out about all RSVP volunteer opportunities call the RSVP office at 505-767-5225 or visit [cabq.gov/rsvp](http://cabq.gov/rsvp).

## Kudos Corner

We want to give a special shout out and kudos to Ilan Tena who has stepped in to help RSVP with breakfast and daily tasks around the office and we are so thankful for everything that he does !

DEPARTMENT OF SENIOR AFFAIRS  
**MEDICARE FAIR**



Learn all about Medicare eligibility, enrollment and other affordable options. Ask the experts about benefits and features for 2023 and make sure your plan is right for you. Participants can enter to win randomly-drawn door prizes. No enrollment obligation to enter to win door prizes, and no personal information will be disclosed for solicitation.

Dates and Locations:

November 1, 2022  
9:15am - 11:15am  
Los Volcanes Senior Center

November 14, 2022  
9am - 11am  
North Domingo Baca Multigenerational Center

November 29, 2022  
9am - 11am  
Manzano Mesa  
Multigenerational Center

December 1, 2022  
9am - 11am  
North Valley Senior Center

