

RSVP Voluntimes

June 2025

Hello Summer!

As we welcome the start of summer, I'm filled with excitement for the months ahead and all that they hold for our community. This season is a time of renewal and opportunity, and here at the Department of Senior Affairs, we're embracing it with enthusiasm and forward-thinking as we continue to evolve to meet the growing demand for services.

First, we're kicking off a new campaign for the Department, entitled "Engage", to reflect all of our core initiatives committed to community, wellness, and advocacy for our city's older adults. Through "Engage," we aim to highlight the importance of staying active and involved in every stage of life. You'll start to see this messaging across our centers, programs, and events, and we invite you share this movement with the greater community.

Speaking of events, this month kicks off some new Engage offerings, such as Self-Check Health Days at our centers, providing easy access to tools that will help you Engage with Wellness. Then, on June 11th, we invite you to Engage with Community at the 1-Year Anniversary Celebration of the Santa Barbara Martineztown Multigenerational Center, a milestone we're proud to share with all of our DSA family. And don't miss the Pride Masquerade Ball at Highland Senior Center on June 26th, a day of joy, inclusion, and connection.

Our new fiscal year begins July 1st, and as a department, we are continuing to take a deep-dive on our budget, to continue our essential services and also evolve for the changing and growing constituency we serve. You may notice our efforts to ensure operational consistency across our centers, all in an effort to continue to manage costs, while focused on serving you with dignity and care. I encourage each of you to continue supporting the Department of Senior Affairs, reaching out to your elected officials and raising our collective voice for our older adults! Together, we can keep strengthening the programs and services that matter most.

Finally, thank you to all those who filled out our recent annual survey – we had more than 800 participants provide feedback. The raffle winners from the survey participants attend Highland Senior Center, Manzano Mesa Multigenerational Center, North Domingo Baca Multigenerational Center, and one recipient receives our Home Delivered Meals. With your input and support, you will help us advance our services to meet the needs of the community in the coming year and I am grateful!

Sincerely,
Anna M. Sanchez, Director



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DSA Administration



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714 7th Street SW
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505-767-5225

Office Hours

Monday -Friday 8:00
a.m.-5:00 p.m.

Updates & Reminders

Important Dates

6/1: First Day of Pride Month

6/2-6: DSA CENTER CLOSURES

**Los Volcanes, North
Valley, Manzano Mesa,
North Domingo Baca,
Santa Barbara
Martineztown**

6/13-15: Pickleball Tournament @
Manzano Mesa Pickleball
Courts

6/15: Father's Day

6/19: CLOSED - Juneteenth



Dear AmeriCorps Seniors volunteers,

We were recently made aware of conversations at the federal level related to the funding of agency grant, loan, and other financial assistance programs.

At this time, we have not received official word from AmeriCorps on how or if these proposed changes might affect our AmeriCorps Seniors FGP, RSVP, and SCP programs.

As soon as we receive additional details from AmeriCorps we will be sure to share that information with you.

Thank you for your continued service.

Volunteer Badge Policy

It is standard operating procedure of the Department of Senior Affairs that all volunteers shall wear a DSA approved identification badge while on City of Albuquerque Property. ID badges must be worn on the outer most layer of clothing above the waist at all times while volunteering.

Mileage Reimbursement

We've received a few questions regarding the mileage reimbursement policy. The mileage reimbursement policy is one round trip per day from your residence to your volunteer station returning home with a maximum of \$25.00 per month.

New Volunteer Orientation

If you are new to the program or need a refresher on how to enter your hours into the Web Assistant, training sessions are held on the second Tuesday of each month at the Barelbas Senior Center – RSVP office. To register contact the RSVP office at (505) 767-5225.

Advisory Council Members

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Sonya Hartwell

Vice President

Dorothy Garcia

Secretary

Andrea Garcia-Lansford

Treasurer

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Millie Martinez

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Spotlight

Become a Long-Term Care Ombudsman Program Volunteer!

What is an Ombudsman?

The Ombudsman Program is a division of New Mexico's Aging and Long-Term Services Department. Ombudsman is a Swedish word meaning "carrier of the message." Ombudsmen are people from all backgrounds and experiences who are motivated to improve quality of life for residents currently living in facilities and raise the standards for care for many in New Mexico.

What is the role of an Ombudsman Volunteers?

The New Mexico Long-Term Care Ombudsman Program (LTCOP) advocate alongside and on behalf of residents for the recognition, respect, and enforcement of the civil and human rights of the residents of nursing homes and assisted living facilities, often providing a voice for individuals living in long term care (LTC) facilities who might otherwise go unheard. Ombudsmen volunteers ensure the voices of all residents are heard by providing friendly visits to develop trust and rapport with residents, promote the rights of residents and collaborate with others in resolving issues to the satisfaction of the residents. Ombudsmen volunteers set the tone for resolving differences and give a voice to the residents with concerns.

Why become an Ombudsman Volunteer?

By volunteering you can improve the standard of long-term care and protect the quality of life for people in New Mexico. As many as 50% of residents in long-term care facilities do not have regular visitors. You can provide much needed connection and support thousands of New Mexicans living in long-term care facilities.

Skills and qualifications needed:

- Good communication and listening skills.
- Ability to advocate in a professional and diplomatic manner.
- Compassionate.
- Positive attitude.
- Respect for confidentiality.
- Reliability and perseverance in problem resolution.
- Sensitivity to elders and individuals with disabilities.
- Willingness to provide written documentation.



Time Commitment:

- Choose your schedule, spending a minimum of three hours a week getting to know residents.
- Regularly scheduled ongoing in-service training.
- A one-year commitment is requested.

***Volunteers must pass a background check, be at least 18 years of age or older, and be up to date on their COVID-19 vaccination.**

Volunteer today and be a friendly face, a listening ear, and a voice for vulnerable adults who might otherwise go unheard. If you are interested in volunteering, please contact The Ombudsman Program at 1-866-451-2901

Celebrations

June Birthdays

1st	Steve Fallin Judith Sanders	11th	Judith Janiak Lourenee Stanesic	22nd	Grace Daniel
2nd	Roy Groenewold Katie Kane Stephen Nowaczek Thomas Turbett	12th	Candice Stanford	23rd	Alyce Bixter Dean Campbell Dorothy Garcia
3rd	Brian Shields	13th	Gilda Latzky	24th	Raymond Upson
4th	Yolanda Brees Bob Wilson	14th	Nancy Levitt Juanita Rohde	25th	Ilene Dunn
5th	Lesley Anne Schaffer-Scholz	15th	Coleen Kelly Olivia Rivera	28th	Hope Cordova
7th	Kevin Reynolds Rosella Trujillo Gregory Wyss	16th	Susan Bankroff	29th	Jeffery Allen
8th	Raymond Barreras Barbara Du Lin	17th	Rona Hammetter Deborah Smith Edward Vigil	30th	James Berdine Melida Collymore Michael Eakins
9th	Cynthia Noleszenski Edwina Waddington	18th	Mary Beresford Valerie Bossley Carol Robertson		
10th	Leslie Herman	19th	Christine Korbin		
		21st	Carmen Martinez		



BOARDS & COMMISSIONS NEEDS YOU

JOIN ONE OF OUR 50 BOARDS & COMMISSIONS

Shape the future of our city! No matter your subject matter expertise, there's a board or commission that needs you.

CABQ.GOV/BOARDS

APPLY TODAY

ONE
ALBUQUE
RQUE city clerk



Free Ride!

*Santa Fe
National Cemetery*



April 9, 2025 | May 14, 2025 | June 11, 2025

Opportunities

Volunteer Stations

Albuquerque Bio Park Education
Albuquerque Little Theater
Albuquerque Museum
Albuquerque Police Department
Albuquerque Reads
Anderson/Abruzzo International
Balloon Museum
Animal Welfare Department
ARC Thrift Store
Aviation Department
Barelas Senior Center
Bear Canyon Senior Center
BernCo Senior & Social Services
Department
Catholic Charities
City of Albuquerque Open Space
Compassus
DSA Advisory Council
DSA Case Management
DSA Home Services
DSA Information & Assistance
DSA Nutrition

DSA Satellite Meal Sites
DSA Sports & Fitness
DSA Transportation
DSA Volunteers in Action
Explora Science Center
Friends of Valle de Oro
Highland Senior Center
Hospice De La Luz
Indian Pueblo Cultural Center
Los Volcanes Senior Center
Lovelace Women's Hospital
Manzano Mesa Multigenerational
Center
Maxwell Mus. of Anthropology
Meals on Wheels
Musical Theatre Southwest
Nat. Hispanic Cultural Center
New Mexico Kids Matter
New Mexico Veterans Memorial
NM Museum of Nat. Hist. and
Science
NM Aging & Long-Term Services

NM Commision for the Blind
NM Long-Term Care Ombudsman
North Domingo Baca M.C.
North Valley Senior Center
Palo Duro Senior Center
Popejoy Hall
Presbyterian Healthcare Services
Presbyterian Northside
ProMedica Hospice
Read to Me Albuquerque Network
Roadrunner Food Bank
Ronald McDonald House Charities
RSVP
RSVP Advisory Council
Santa Barbara Martineztown M.C.
Storehouse
University Hospital
VA Center for Development and
Civic Engagement
Visit Albuquerque

Special Projects

Palo Duro Senior Center













Calling all bingo enthusiasts!
Palo Duro is in need of 1 or 2
volunteers that would be
available on Tuesdays for
bingo calling and cash
handling.

Manzano Mesa Multigenerational Center

Manzano Mesa is looking for a
tech savvy volunteer to help
read online chats and respond
to instructors through Zoom
on the 2nd, 3rd, & 4th
Thursdays of every month.

As part of the New Mexico Grown state initiative, every Thursday, the Department of Senior Affairs will feature a vegetarian meal that incorporates locally sourced fruits, vegetables, beans, or chile into the menu.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
BBQ Chicken Sandwich 3oz Sweet Potato Mash 4oz Spinach/Onions 4oz Apple Slices 4oz 1% Milk 8oz 	Greek Pasta Salad w/ Diced Ham 4oz Cucumber Salad 4oz Dinner Roll 1ea Margarine 1pc Oranges 4oz 1% Milk 8oz 	Pork Tamale 3oz Red Chili 1oz Spanish Rice 4oz Pinto Beans 4oz Jell-O 4oz 1% Milk 8oz 	Mushroom Swiss Veggie Burger 4oz Diced Potatoes 4oz Stewed Tomatoes 4oz Diced Peaches 4oz 1% Milk 8oz 	Beef Steak 3oz Grilled Onions 1oz Mash Potatoes 4oz Green Beans 4oz Pudding 4oz 1% Milk 8oz 
9	10	11	12	13
Baked Ham 3oz Pineapple Sauce 1oz Rice Pilaf 4oz Sliced Carrots 4oz Yogurt 4oz 1% Milk 8oz 	Egg Salad Sandwich 4oz Potato Salad 4oz Coleslaw 4oz Oranges 4oz 1% Milk 8oz 	Salisbury Steak 3oz Gravy 1oz Mashed Potatoes 4oz Green Beans 4oz Mixed Berries 4oz 1% Milk 8oz 	Rotini Pasta 4oz Parmesan Cheese 1oz Spinach/Onions 4oz Corn 4oz Jell-O 4oz 1% Milk 8oz 	Teriyaki Pork 4oz Brown Rice 4oz Stir Fry Veggies 4oz Watermelon 4oz 1% Milk 8oz 
16	17	18	CLOSED 19	20
Meatloaf 4oz Tomato Sauce 1oz Green Beans 4oz Cauliflower 4oz Apple Slices 4oz 1% Milk 8oz 	Baked Chicken Thigh 3oz Spinach/Peppers 4oz Brown Rice 4oz Yogurt 4oz 1% Milk 8oz 	Cheese Macaroni 3oz Broccoli/ Ham 2oz Normandy Mix 4oz Brussel Sprouts 4oz Honeydew 4oz 1% Milk 8oz 		Pork Roast 3oz Gravy 1oz Broccoli/Carrots 4oz Sweet Potatoes 4oz Dinner Roll 1ea Margarine 1pc Grapes 4oz 1% Milk 8oz 
23	24	25	26	27
Red Chile Beef Enchiladas 4oz Pinto Beans 4oz Spanish Rice 4oz Yogurt 4oz 1% Milk 8oz 	Chicken Salad 4oz <i>*May Contain Nuts</i> Coleslaw 4oz Dinner Roll 1ea Margarine 1pc Mixed Berries 4oz 1% Milk 8oz 	Baked Pollok 3oz Roasted Peppers 4oz Steamed Broccoli 4oz Dinner Roll 1ea Margarine 1pc Chocolate Pudding 4oz 1% Milk 8oz 	Cheese Omelet 3oz Red Chili/Peppers 3oz Diced Potatoes 4oz Stewed Tomatoes 4oz Applesauce 4oz 1% Milk 8oz 	Carne Adovada 4oz Calabacitas 4oz Green Beans 4oz Flour Tortilla 2ea Jell-O 4oz 1% Milk 8oz 