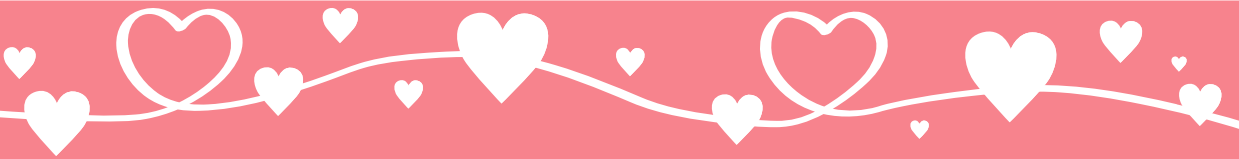


# RSVP Voluntimes

## February 2026



February is a month filled with heart—heart for one another, for our community, and for the causes that bring us together.

As we celebrate Valentine's Day and all the ways love shows up in our lives, we want to take a moment to say how grateful we are for you.

Volunteering is one of the purest expressions of love, and through the RSVP AmeriCorps Seniors program, our 55+ volunteers continue to show Albuquerque what caring in action looks like. Whether you're supporting local nonprofits, mentoring, delivering meals, or lending a helping hand behind the scenes, your time and talents make our community stronger, kinder, and more connected.

Here in Albuquerque, we know the power of neighbors helping neighbors. From our beautiful high desert skies to the warmth of our diverse communities, this city thrives because people like you choose to give back. Your dedication reflects the true spirit of service that makes our city such a special place to call home.

As February reminds us to lead with compassion and generosity, we hope this newsletter leaves you feeling appreciated, inspired, and proud of the difference you make every day. Thank you for sharing your hearts, your wisdom, and your service with our community.

With heartfelt appreciation and best wishes for a love-filled February,

RSVP Staff

AmeriCorps Seniors RSVP promotes the engagement of older persons as community resources in planning for community improvement and in delivery of volunteer services.

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### DSA Administration



**Anna Sanchez, Director**

**Shay Armijo**  
Deputy Director

**Nikki Peone**  
Associate Director

**Cristina Romero-Baca**  
Community Volunteer  
Engagement Manager

### RSVP Staff

**VACANT**  
RSVP Supervisor

**Isaiah Valenzuela**  
RSVP Volunteer Coordinator

**Mailiya Williams**  
RSVP Office Assistant

### RSVP Office

714 7th Street SW  
Albuquerque, NM 87102  
505-767-5225

### Office Hours

Monday -Friday 8:00  
a.m.-5:00 p.m.

# Updates & Reminders

## Important Dates

02/02: Groundhog Day  
02/08: Super Bowl Sunday  
02/13: Senior Day @ the Roundhouse  
02/14: Valentine's Day  
02/16: CLOSED - Presidents' Day  
02/17: Lunar New Year  
02/17: Mardi Gras  
02/18: Ash Wednesday



## Volunteer Badge Policy

It is standard operating procedure of the Department of Senior Affairs that all volunteers shall wear a DSA approved identification badge while on City of Albuquerque Property. ID badges must be worn on the outer most layer of clothing above the waist at all times while volunteering.

## Mileage Reimbursement

We've received a few questions regarding the mileage reimbursement policy. The mileage reimbursement policy is one round trip per day from your residence to your volunteer station returning home with a maximum of \$25.00 per month.

## New Volunteer Orientation

If you are new to the program or need a refresher on how to enter your hours into the Web Assistant, training sessions are held on the second Tuesday of each month at the Barelas Senior Center – RSVP office. To register contact the RSVP office at (505) 767-5225.

## ARE YOU TECH SAVVY?



The RSVP Advisory Council is looking for someone able to create a website to showcase their group and share volunteer resources with all of our RSVP volunteers.

## **Advisory Council Members**

### President

Sonya Hartwell

### Vice President

Dorothy Garcia

### Secretary

Andrea Garcia-Lansford

### Treasurer

Bob Martinez

Judy Spear

Millie Martinez

Tomas Lujan

Amy Fisher

Marie Morra

Nick Manole

Michele Watkins

Julie McCullough

Marlene Sena

Misti Melendez

Greg Hallstrom



## **RSVP ADVISORY COUNCIL**

### **Notice of Grant Funding**

#### **DEADLINE: February 28, 2026**

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Applicants may request up to \$500

Grants are for RSVP volunteer groups at senior centers and volunteer stations to assist with specific types of projects that provide services, support or products for their group.

- **Groups must have at least one registered RSVP volunteer**
- **Projects must be a part of an RSVP volunteer site**

Applications are available online at  
**[www.cabq.gov/rsvp](http://www.cabq.gov/rsvp)**

Complete and mail applications to:  
**RSVP Grant Committee**  
**714 Seventh Street SW**  
**Albuquerque, NM 87102**

**Or drop off at: Barelas Senior Center**

**Email [RSVPAC@outlook.com](mailto:RSVPAC@outlook.com) for more information**

# Celebrations

## February Birthdays

1st Jerri Lafer  
George Medina

2nd David Novak  
Christine Smith  
Alex Trujillo

5th Nick Manole  
Isabel Padilla

7th Amy Berger

11th Colleen Wyss

12th Shirley Fleming

13th Sandra Roney

14th Valerie Trujillo

15th Rick Forster

16th Marie Pacheco

19th Randall Hood

20th Helen Garcia  
John McKenzie  
Marie Morra

21st Laura Ann Jennings  
Jeannine Steidl

22nd Richard Silva  
Madaline Yazell

23rd John Lewis

24th Leslie Brault  
Marianna Breton  
Lynn Ann Keller

25th Rafaelita Alderete

26th Irene Newlon  
Rick Watson

29th Mary Jo Daniel

Happy  
BIRTHDAY

## Dorothy Otto

Dottie Otto unfortunately passed away in December of last year and we wanted to take the time to write a thank you and to let our other volunteers know of the impact that she had on the community.

Dottie had first started volunteering in 1985 for the RSVP & received a 40 year of service pin last year. She had over 8,000 volunteer hours.

Born in Queens New York she was a telephone operator and enjoyed an active lifestyle and became an awarded ice dancer and moved to Albuquerque in 1983.

Thank you to Dottie and all of her accomplishments and her shining personality she will be missed.



# Opportunities

## Volunteer Stations

Albuquerque Bio Park Education  
Albuquerque Little Theater  
Albuquerque Museum  
Albuquerque Police Department  
Albuquerque Reads  
Anderson/Abruzzo International  
Balloon Museum  
Animal Welfare Department  
ARC Thrift Store  
Aviation Department  
Barelas Senior Center  
Bear Canyon Senior Center  
BernCo Senior & Social Services  
Department  
Catholic Charities  
City of Albuquerque Greenhouse  
City of Albuquerque Open Space  
Compassus  
DSA Advisory Council  
DSA Case Management  
DSA Home Services  
DSA Information & Assistance

DSA Nutrition  
DSA Satellite Meal Sites  
DSA Sports & Fitness  
DSA Transportation  
DSA Volunteers in Action  
Explora Science Center  
Friends of Valle de Oro  
Highland Senior Center  
Hospice De La Luz  
Indian Pueblo Cultural Center  
Los Volcanes Senior Center  
Lovelace Women's Hospital  
Manzano Mesa Multigenerational  
Center  
Maxwell Mus. of Anthropology  
Meals on Wheels  
Musical Theatre Southwest  
Nat. Hispanic Cultural Center  
New Mexico Kids Matter  
New Mexico Veterans Memorial  
NM Museum of Nat. Hist. and  
Science

NM Aging & Long-Term Services  
NM Commision for the Blind  
NM Long-Term Care Ombudsman  
North Domingo Baca M.C.  
North Valley Senior Center  
Palo Duro Senior Center  
Popejoy Hall  
Presbyterian Healthcare Services  
Presbyterian Northside  
ProMedica Hospice  
Read to Me Albuquerque Network  
Roadrunner Food Bank  
Ronald McDonald House Charities  
RSVP  
RSVP Advisory Council  
Santa Barbara Martineztown M.C.  
Storehouse  
University Hospital  
VA Center for Development and  
Civic Engagement  
Visit Albuquerque

## Special Projects

### Satellite Meal Sites

We are looking for caring & dependable volunteers to support our daily meal programs in providing nutritious lunches to older adults in our community.

### DSA Senior Centers

Barelas and North Valley Senior Center's are in need of some kitchen support for various tasks throughout the week.









### Manzano Mesa Multigenerational Center

Join our Senior Affairs team in making a direct impact on the lives of individuals and families in need. As a Food Pantry Volunteer, you'll help ensure our community members have access to nutritious food in a welcoming and respectful environment.

February 20<sup>th</sup>  
1:30PM - 4:00PM



As part of the New Mexico Grown state initiative, every Thursday, the Department of Senior Affairs will feature a vegetarian meal that incorporates locally sourced fruits, vegetables, beans, or chile into the menu.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
<b>Beef Tips over</b> <b>Bowtie Pasta</b> 4oz <b>Gravy</b> 2oz <b>Zucchini &amp; Squash</b> 4oz <b>Dinner Roll</b> 1ea <b>Margarine</b> 1pc <b>Pears</b> 4oz <b>1% Milk</b> 8oz 	<b>Green Chile Chicken</b> <b>Enchiladas</b> 4oz <b>Spanish Rice</b> 4oz <b>Pinto Beans</b> 4oz <b>Yogurt</b> 4oz <b>1% Milk</b> 8oz 	<b>Sliced Ham</b> 3oz <b>Pineapple Sauce</b> 1oz <b>Cauliflower</b> 4oz <b>Spinach</b> 4oz <b>Cornbread</b> 1ea <b>Banana</b> 4oz <b>1% Milk</b> 8oz 	<b>Pasta Primavera</b> 4oz <b>Steamed Broccoli</b> 4oz <b>Dinner Roll</b> 1ea <b>Margarine</b> 1pc <b>Mandarin Oranges</b> 4oz <b>1% Milk</b> 8oz 	<b>Pork Chop</b> 3oz <b>Mashed Potatoes</b> 4oz <b>Brussel Sprouts</b> 4oz <b>Jell-O</b> 4oz <b>1% Milk</b> 8oz 
<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>
<b>Chicken Tamales</b> 3oz <b>Green Chile</b> 1oz <b>Black Beans</b> 4oz <b>Normandy Blend</b> 4oz <b>Dinner Roll</b> 1ea <b>Margarine</b> 1pc <b>Applesauce</b> 4oz <b>1% Milk</b> 8oz 	<b>Mac &amp; Cheese</b> 3oz <b>w/ Ham</b> 1oz <b>Steamed Broccoli</b> 4oz <b>Spinach</b> 4oz <b>Yogurt</b> 4oz <b>1% Milk</b> 8oz 	<b>Lemon Baked Cod</b> 3oz <b>Tartar Sauce</b> 1pc <b>Brown Rice</b> 4oz <b>Brussel Sprouts</b> 4oz <b>Jell-O</b> 4oz <b>1% Milk</b> 8oz 	<b>Red Chile Cheese</b> <b>Enchilada</b> 4oz <b>Spanish Rice</b> 4oz <b>Calabacitas</b> 4oz <b>Pears</b> 4oz <b>1% Milk</b> 8oz 	<b>BBQ Baked</b> <b>Chicken Thigh</b> 3oz <b>Stewed Tomatoes</b> 4oz <b>Ranch Beans</b> 4oz <b>Normandy Blend</b> 4oz <b>Dinner Roll</b> 1ea <b>Valentine Cookie</b> 4oz <b>1% Milk</b> 8oz 
<b>CLOSED 16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>
	<b>Carne Adovada</b> 4oz <b>Calabacitas</b> 4oz <b>Pinto Beans</b> 4oz <b>Flour Tortilla</b> 2ea <b>Apple slices</b> 4oz <b>1% Milk</b> 8oz 	<b>Baked Cod</b> 3oz <b>Salsa</b> 1pc <b>Brown Rice</b> 4oz <b>Spinach &amp; Onions</b> 4oz <b>Jell-O</b> 4oz <b>1% Milk</b> 8oz 	<b>Baked Ziti</b> 4oz <b>Brussel Sprouts</b> 4oz <b>Breadstick</b> 1ea <b>Banana</b> 4oz <b>1% Milk</b> 8oz 	<b>Breaded Pollock</b> 4oz <b>Tartar Sauce</b> 1ea <b>Carrots</b> 4oz <b>Green Beans w/</b> <b>Mushrooms</b> 4oz <b>Mandarin Oranges</b> 4oz <b>1% Milk</b> 8oz 
<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	
<b>Salisbury Steak</b> 4oz <b>Mushrooms &amp; Gravy</b> 2oz <b>Mashed Potatoes</b> 4oz <b>Carrots</b> 4oz <b>Brownie</b> 1ea <b>1% Milk</b> 8oz 	<b>Green Chile Chicken</b> <b>Posole</b> 4oz <b>Steamed Cauliflower</b> 4oz <b>Red Peppers</b> 4oz <b>Applesauce</b> 4oz <b>Saltine Crackers</b> 1pc <b>1% Milk</b> 8oz 	<b>Meatloaf</b> 3oz <b>w/ Tomato Sauce</b> 1oz <b>Garlic Potatoes</b> 4oz <b>Succotash</b> 4oz <b>Dinner Roll</b> 1ea <b>Margarine</b> 1pc <b>Banana</b> 4oz <b>1% Milk</b> 8oz 	<b>Veggie Green Chile</b> <b>Cheeseburger</b> 1ea <b>Sweet Potato Mash</b> 4oz <b>Baked Beans</b> 4oz <b>Yogurt</b> 4oz <b>1% Milk</b> 8oz 	<b>Black Bean Chile</b> 4oz <b>Green Beans</b> 4oz <b>Brussel Sprouts</b> 4oz <b>Jell-O</b> 4oz <b>1% Milk</b> 8oz 