

RSVP Voluntimes

December 2025



Hello Cold Weather!

Another year is almost over, and what a year 2025 has been! From celebrating Los Volcanes Senior Center's 35th Anniversary to hosting another successful Barelvas Senior Center Fiesta, the Department of Senior Affairs has stayed busy!

This year, Senior Affairs saw its' Foster Grandparent Program honored with the "Program of Merit" award from Generations United; partnered with AARP Tax Service to transmit almost 6,000 federal returns and nearly as many state returns; began several new renovation projects across the Senior and Multigenerational Centers; provided students enrolled in the City of Albuquerque's Job Mentor Program valuable hands-on experience supporting older adults in the community; and launched our new EngAGE campaign!

The year of 2026 has more in store for you to remain engaged and be on the lookout for our annual survey to gather your thoughts and suggestions on our programs and services.

Wishing you all love and comfort through the holidays to come.

Sincerely,
Anna Sanchez, Director
Department of Senior Affairs



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DSA Administration



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RSVP Office

714 7th Street SW
Albuquerque, NM 87102
505-767-5225

Office Hours

Monday -Friday 8:00
a.m.-5:00 p.m.

Updates & Reminders

Important Dates

12/01: Cyber Monday
12/15: First Day of Hanukkah
12/21: First Day of Winter
12/24: Christmas Eve
12/25: CLOSED - Christmas Day
12/26: First Day of Kwanzaa
12/31: New Year's Eve
01/01: CLOSED - New Year's Day



Volunteer Badge Policy

It is standard operating procedure of the Department of Senior Affairs that all volunteers shall wear a DSA approved identification badge while on City of Albuquerque Property. ID badges must be worn on the outer most layer of clothing above the waist at all times while volunteering.

Mileage Reimbursement

We've received a few questions regarding the mileage reimbursement policy. The mileage reimbursement policy is one round trip per day from your residence to your volunteer station returning home with a maximum of \$25.00 per month.

New Volunteer Orientation

If you are new to the program or need a refresher on how to enter your hours into the Web Assistant, training sessions are held on the second Tuesday of each month at the Barelas Senior Center – RSVP office. To register contact the RSVP office at (505) 767-5225.

Advisory Council Members

President

Sonya Hartwell

Vice President

Dorothy Garcia

Secretary

Andrea Garcia-Lansford

Treasurer

Bob Martinez

Judy Spear

Millie Martinez

Tomas Lujan

Amy Fisher

Marie Morra

Nick Manole

Michele Watkins

Julie McCullough

Marlene Sena

Misti Melendez

Greg Hallstrom

Save the Date

SENIOR DAY

JANUARY 23, 2026

Join us at the Roundhouse

New Mexico Railrunner

Presents Santa at the Station!

They are in need of 10 merry volunteers to assist members of our community with various activities.

Friday, December 12
5:00pm - 7:30pm
Montaño Rail Runner Station

Activities include:

- Rio Metro Info Table
- Holiday Food Drive
- Holiday Gift & Book Distribution
- Meet & Greet With Santa
- Arts & Crafts Tables
- Games & Fun Zone



RIO METRO
REGIONAL TRANSIT DISTRICT
Rural & Intercity Public Transportation



NEW MEXICO
RAIL RUNNER
EXPRESS

December Birthdays

1st	Graciela Ramirez Gomez	13th	Mary Lucero	24th	Catherine Apodaca Penny Harris
2nd	Letha Allen	14th	Arnel Oczon		
4th	Magdalena Barbour Clorinda Fisher Inez Richardson	15th	Richard Martinez Nancy Thompson	25th	Panee Diamond Donald Lubin Marlene Phillips
5th	Dan Stougeer Richard Wittsell	16th	Louisa Gonzales	26th	Dennis Maietta
6th	Gary Day Janet London	18th	Diana Starustka		
7th	Robert Henrion	20th	Irene Aragon Nancy Eakins Delores Munson Brenda Yager	29th	Jan Caron Viola Garcia Robert McCullough Patrick Sena
8th	Harriet Berry Thomas Ware	21st	Miguel Baca	30th	Lisa Verdi
9th	Lisa Pohl	22nd	Maria Casaus Ron Mansoldo Pauline Palmer-Green	31st	Alla Kremer
11th	Barbara Pohl				
12th	Valerie Gabaldon Patrick Turrieta James Varney	23rd	Maria Castillo Debra Montoya Carolyn Rigiroszi		

**Happy
BIRTHDAY**



**SANTA BARBARA MARTINEZTOWN
MULTIGENERATIONAL CENTER
PRESENTS:**

2ND ANNUAL HOLIDAY BINGO

**MONDAY, DECEMBER 15TH,
1:30PM TO 3:00PM**

**SANTA BARBARA MARTINEZTOWN
MULTIGENERATIONAL CENTER
1825 EDITH BLVD NE 87102
RSVP AT 505-767-5671**

**ENTRY FEE IS A WRAPPED GIFT
PER PERSON.**

**WHILE SUPPLIES LAST COME PLAY
SOME BINGO FOR THE CHANCE TO
WIN A WRAPPED GIFT!**



ONE ALBUQUE RQUE senior affairs



NORTH DOMINGO BACA

NEW YEAR PARTY

BALLOON DROP

DECEMBER 31 NOON

**7521 CARMEL AVE 87113
ALL AGES ARE WELCOME**



ENGAGE with Senior Affairs

Opportunities

Volunteer Stations

Albuquerque Bio Park Education
Albuquerque Little Theater
Albuquerque Museum
Albuquerque Police Department
Albuquerque Reads
Anderson/Abruzzo International
Balloon Museum
Animal Welfare Department
ARC Thrift Store
Aviation Department
Barelas Senior Center
Bear Canyon Senior Center
BernCo Senior & Social Services
Department
Catholic Charities
City of Albuquerque Greenhouse
City of Albuquerque Open Space
Compassus
DSA Advisory Council
DSA Case Management
DSA Home Services
DSA Information & Assistance

DSA Nutrition
DSA Satellite Meal Sites
DSA Sports & Fitness
DSA Transportation
DSA Volunteers in Action
Explora Science Center
Friends of Valle de Oro
Highland Senior Center
Hospice De La Luz
Indian Pueblo Cultural Center
Los Volcanes Senior Center
Lovelace Women's Hospital
Manzano Mesa Multigenerational
Center
Maxwell Mus. of Anthropology
Meals on Wheels
Musical Theatre Southwest
Nat. Hispanic Cultural Center
New Mexico Kids Matter
New Mexico Veterans Memorial
NM Museum of Nat. Hist. and
Science

NM Aging & Long-Term Services
NM Commision for the Blind
NM Long-Term Care Ombudsman
North Domingo Baca M.C.
North Valley Senior Center
Palo Duro Senior Center
Popejoy Hall
Presbyterian Healthcare Services
Presbyterian Northside
ProMedica Hospice
Read to Me Albuquerque Network
Roadrunner Food Bank
Ronald McDonald House Charities
RSVP
RSVP Advisory Council
Santa Barbara Martineztown M.C.
Storehouse
University Hospital
VA Center for Development and
Civic Engagement
Visit Albuquerque

Special Projects

North Domingo Baca Multigenerational Center

Looking for friendly volunteers to serve
Holiday Lunch to local seniors.

December 25, 2025
8am - 2pm & 10:30am - 2pm

Satellite Meal Sites

We are looking for caring & dependable
volunteers to support our daily meal
programs in providing nutritious lunches
to older adults in our community.

Annual Holiday Donation Bag Assembly

In need of 6 volunteers to help us sort
& pack the items generously donated
for the Annual Holiday Donation Drive.

December 10, 2025
8am - 4pm

DSA Senior Centers

Barelas and North Valley Senior
Center's are in need of some
kitchen support for various tasks
throughout the week.

As part of the New Mexico Grown state initiative, every Thursday, the Department of Senior Affairs will feature a vegetarian meal that incorporates locally sourced fruits, vegetables, beans, or chile into the menu.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 1 Salisbury Steak 4oz Green Chile Gravy 2oz Corn 4oz Mashed Potatoes 4oz Dinner Roll 1ea Margarine 1pc Yogurt 4oz 1% Milk 8oz	 2 Chicken Tetrazzini 4oz Brussel Sprouts 4oz Italian Blend 4oz Breadstick 1ea Diced Peaches 4oz 1% Milk 8oz	 3 Turkey 3oz Brown Rice 3oz Gravy 1oz Green Beans 4oz Cauliflower w/ Peppers 4oz Applesauce 4oz 1% Milk 8oz	 4 Spaghetti 4oz Spinach 4oz Oriental Blend 4oz Breadstick 4oz Mixed Fruit Cup 4oz 1% Milk 8oz	 5 Diced Pork 3oz Gravy 2oz Roasted Asparagus 4oz Sweet Potato Mash 4oz Dinner Roll 1ea Margarine 1pc Jell-O 4oz 1% Milk 8oz
 8 Asian Beef 3oz Stir Fry Vegetables 3oz Carrots 4oz Brown Rice 4oz Fortune Cookies 4oz 1% Milk 8oz	 9 Lemon Pepper Tilapia 3oz Tarter Sauce 1pc Corn & Edamame 4oz Broccoli 4oz Dinner Roll 1ea Margarine 1pc Orange 1ea 1% Milk 8oz	 10 Pork Tamales 2ea Red Chile 1oz Pinto Beans 4oz Calabacitas 4oz Chocolate Pudding 4oz 1% Milk 8oz	 11 Cheese Omelet 4oz Peppers & Onions 2oz Tater Tots 4oz Spinach 4oz Applesauce 4oz 1% Milk 8oz 	 12 BBQ Chicken 5oz Mashed Potatoes 4oz Diced Beets 4oz Mixed Fruit 4oz 1% Milk 8oz
 15 Carne Adovada 3oz Red Chile 2oz Pinto Beans 4oz Spanish Rice 4oz Jell-O 4oz 1% Milk 8oz	 16 Beef & Diced Potatoes 4oz Bell Peppers/Onions/ Celery 3oz Stewed Tomatoes 4oz Cornbread 4oz Pear 4oz 1% Milk 8oz	 17 Chicken Posole 3oz Green Chile 2oz Succotash 4oz Normandy Blend 4oz Cantaloupe 4oz 1% Milk 8oz	 18 Macaroni & Broccoli 4oz Edamame 4oz Dinner Roll 1ea Margarine 1pc Warm Pears 4oz 1% Milk 8oz	 19 Beef Tex Mex Chili 4oz Red Chile 2oz Pinto Beans 4oz Green Beans 4oz Tortilla 2ea Vanilla Pudding 1ea 1% Milk 8oz
 22 Green Chile 1ea Cheeseburger 4oz Diced Beets 4oz Carrots 4oz Yogurt 4oz 1% Milk 8oz	 23 Cajun Baked Chicken 4oz Rice Pilaf 4oz Spinach w/ Onions 4oz Dinner Roll 1ea Margarine 1pc Jell-O 4oz 1% Milk 8oz	 24 Ham 3oz Pineapple Glaze 2oz Sweet Potato Mash 4oz Normandy Blend 4oz Holiday Cookie 1ea 1% Milk 8oz	CLOSED 25 	 26 Chicken Tamale 2ea Green Chile 1oz Pinto Beans 4oz Calabacitas 4oz Applesauce 1ea 1% Milk 8oz
 29 Beef Enchilada 4oz Red Chile 1oz Pinto Beans 4oz Succotash 4oz Diced Pears 1ea 1% Milk 8oz	 30 Asian Diced Pork 3oz Peppers 2oz Rice Pilaf 4oz Oriental Veggie Blend 4oz Fortune Cookie 1ea 1% Milk 8oz	 31 Chicken Fajitas 3oz Fajita Veggie Blend 4oz Spinach w/ Mushrooms 4oz Ranch Beans 4oz Tortilla 2ea Pudding 4oz 1% Milk 8oz	CLOSED 1 	 2 Beef Tips Over Pasta 3oz Gravy 2oz Peas & Carrots 4oz Diced Beets 4oz Brownies 4oz 1% Milk 8oz