

RSVP Voluntimes

April 2026



As we welcome the month of April, we fully embrace the beauty of spring — a season of renewal, growth, and new possibilities. Here in Albuquerque, the days are longer, the air is warmer, and the landscape is coming alive with color and energy.

April is a wonderful time to reflect on the continued impact you make through the RSVP AmeriCorps Senior Program. Your dedication, compassion, and service strengthen our community in countless ways. Whether you are supporting local schools, assisting with food distribution, mentoring youth, or helping neighbors in need, your time and talents truly make a difference.

Spring in Albuquerque brings moments we look forward to each year — from blooming trees along the Bosque to community gatherings that bring friends and families together outdoors. As the season continues, we are excited about upcoming volunteer opportunities, strengthening community partnerships, and finding new ways to serve together.

We also want to take this opportunity to express our sincere gratitude. Your commitment reflects the true spirit of service and community. April reminds us that growth is all around us — in our environment, in our connections, and within ourselves.

In this month's newsletter, you'll find program updates, volunteer highlights, important announcements, and ways to stay engaged throughout the spring season. We encourage you to stay connected, stay inspired, and continue sharing your incredible energy with our community.

Thank you for being the heart of the RSVP. Here's to a vibrant and meaningful April!

AmeriCorps Seniors RSVP promotes the engagement of older persons as community resources in planning for community improvement and in delivery of volunteer services.

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DSA Administration



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RSVP Staff

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RSVP Office

714 7th Street SW
Albuquerque, NM 87102
505-767-5225

Office Hours

Monday -Friday 8:00
a.m.-5:00 p.m.

Updates & Reminders

Important Dates

04/01: First Day of Passover
04/01: April Fools' Day
04/03: Good Friday
04/05: Easter
04/09: Last Day of Passover
04/15: Tax Day



Volunteer Badge Policy

It is standard operating procedure of the Department of Senior Affairs that all volunteers shall wear a DSA approved identification badge while on City of Albuquerque Property. ID badges must be worn on the outer most layer of clothing above the waist at all times while volunteering.

Mileage Reimbursement

We've received a few questions regarding the mileage reimbursement policy. The mileage reimbursement policy is one round trip per day from your residence to your volunteer station returning home with a maximum of \$25.00 per month.

New Volunteer Orientation

If you are new to the program or need a refresher on how to enter your hours into the Web Assistant, training sessions are held on the second Tuesday of each month at the Barelas Senior Center – RSVP office. To register contact the RSVP office at (505) 767-5225.

VOLUNTEERS IN ACTION

E-WASTE COLLECTION EVENT

Celebrate Earth Day by safely recycling your old or unwanted electronics. Declutter your home and help reduce electronic waste in our community.

Hosted by the Department of Senior Affairs Volunteers In Action (VIA) Program in partnership with the Solid Waste Department.



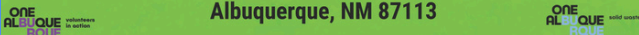
Wednesday, April 22, 2026

9:30 am - 1:30 pm

North Domingo Baca Multigenerational Center

7521 Carmel Ave NE

Albuquerque, NM 87113



Items Accepted

Small Office Electronics
Old Computers
Laptops
Printers
Cellphones
DVD/VHS
Thumb Drives
Keyboards/Mice
Hard Drives
Cameras
Scanners
Cables/Cords

Not Accepted

Batteries of Any Kind
Paint
Microwaves
CRT monitors
Used motor Oil
Propane bottles

Advisory Council Members

President

Sonya Hartwell

Vice President

Dorothy Garcia

Secretary

Andrea Garcia-Lansford

Treasurer

Bob Martinez

Judy Spear

Millie Martinez

Tomas Lujan

Amy Fisher

Marie Morra

Nick Manole

Michele Watkins

Julie McCullough

Marlene Sena

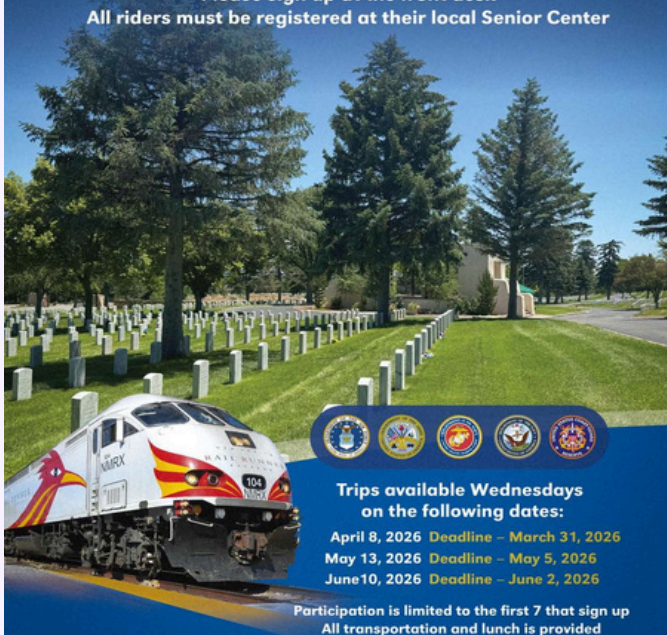
Misti Melendez

Greg Hallstrom

2026

Free Ride to the Santa Fe National Cemetery


Please sign up at the front desk
All riders must be registered at their local Senior Center



Trips available Wednesdays on the following dates:

April 8, 2026 **Deadline - March 31, 2026**
 May 13, 2026 **Deadline - May 5, 2026**
 June 10, 2026 **Deadline - June 2, 2026**

Participation is limited to the first 7 that sign up
All transportation and lunch is provided



NEW CLASS ANNOUNCEMENT!

Starting Thursday, February 19th

Chair Yoga *Class*



Thursdays
1:30 - 2:30 p.m.
Highland Senior Center
FREE for Members!
Room 8

Instructor: Amy DeCesare

Take a break and join us for a gentle chair yoga class focusing on:

- flexibility & range of motion
- strength & balance
- tension release

ONE ALBUQUE RQUE senior affairs

GLAMOURgals

Older Adult Glam Day

Come unwind and let the wonderful Glamourgals volunteers pamper you with complimentary manicures! They're here to bring smiles, relaxation, and a touch of glamour to your day.

April 24, 2026
1:30 pm - 3:30 pm
 North Domingo Baca Multigenerational Center
 7521 Carmel Ave NE
 Albuquerque, NM 87113



What to Expect:

- Gentle nail care
- Beautiful polish options
- Friendly conversation
- A relaxing, feel-good experience

ONE ALBUQUE RQUE volunteers in action

ROUTE 66

Centenarian Celebration

ONE ALBUQUE RQUE senior affairs

Join us for our Centenarian Celebration on the 100th day of the year, honoring our community members ages 90 and older along the Route 66 of life! Enjoy music by Milagro, snacks, & raffles!

 **FRIDAY, APRIL 10TH**
11:00 AM - 2:00 PM

 **SANTA BARBARA-MARTINEZTOWN MULTIGENERATIONAL CENTER**
 825 Edith Blvd NE, Albuquerque, NM 87121

Meals will be available for individuals ages 60 and older with advanced reservation. Route 66 theme attire is encouraged. Please RSVP by calling 505-767-5671.

Celebrations

April Birthdays

1st Janet M.
Pamela S.

2nd Theresa G.
David H.
Elizabeth M.

3rd Katherine C.

4th Louise K.

7th Roland K.
Richard T.

8th Mark C.
Aurelia L.

9th Carole H.

11th Julia M.

12th Rose L.

13th Janis G.
Nettie H.
Jo Anna T.

15th Victoria U.

16th Andrew L.

20th Corrinne C.

22nd Lynette G.
Penny W.

24th Barbara B.
Bernadette C.

25th Laverne L.
Julie M.
Michele W.

26th Patsy C.

27th Ann S.

29th Marti K.



RSVP Advisory Council Awards 2026 Grants

For the third consecutive year, the RSVP Advisory Council has awarded grants to its volunteer sites to carry out volunteer supportive activities. Each program has multiple RSVP members contributing support to the project. This year's group of ten represents classes and intergenerational activities. The recipients for Spring 2026 are:

- **Los Volcanoes Tin Art Class and Woodcarvers Power Carving class**
- **North Valley Hand Quilters**
- **Read to Me bilingual books program**
- **Barelas Colcha Embroidery Class, Art Class, Tin Art Class and Ceramics and Pottery**
- **Lovelace Westside Hospital Therapeutic Comfort Bears for Children**
- **Lovelace Women's Hospital Children's Welcome Bags**



Opportunities

Volunteer Stations

Albuquerque Bio Park Education
Albuquerque Little Theater
Albuquerque Museum
Albuquerque Police Department
Albuquerque Reads
Anderson/Abruzzo International
Balloon Museum
Animal Welfare Department
ARC Thrift Store
Aviation Department
Barelas Senior Center
Bear Canyon Senior Center
BernCo Senior & Social Services
Department
Catholic Charities
City of Albuquerque Greenhouse
City of Albuquerque Open Space
Compassus
DSA Advisory Council
DSA Case Management
DSA Home Services
DSA Information & Assistance

DSA Nutrition
DSA Satellite Meal Sites
DSA Sports & Fitness
DSA Transportation
DSA Volunteers in Action
Explora Science Center
Friends of Valle de Oro
Highland Senior Center
Hospice De La Luz
Indian Pueblo Cultural Center
Los Volcanes Senior Center
Lovelace Women's Hospital
Manzano Mesa Multigenerational
Center
Maxwell Mus. of Anthropology
Meals on Wheels
Musical Theatre Southwest
Nat. Hispanic Cultural Center
New Mexico Kids Matter
New Mexico Veterans Memorial
NM Museum of Nat. Hist. and
Science

NM Aging & Long-Term Services
NM Commission for the Blind
NM Long-Term Care Ombudsman
North Domingo Baca M.C.
North Valley Senior Center
Palo Duro Senior Center
Popejoy Hall
Presbyterian Healthcare Services
Presbyterian Northside
ProMedica Hospice
Read to Me Albuquerque Network
Roadrunner Food Bank
Ronald McDonald House Charities
RSVP
RSVP Advisory Council
Santa Barbara Martineztown M.C.
Storehouse
University Hospital
VA Center for Development and
Civic Engagement
Visit Albuquerque

Special Projects

DSA

Nutrition & Transportation

We are in need of 10
volunteers to assist with
packing shelf stable food
boxes at CASA Kitchen.

Tuesday, April 7th 9am

UNM NICU

Blanket Project

We are in need of 3
volunteers to help cut fleece
fabric for an upcoming VIA
volunteer project.

Tuesday, April 7th 8am-1pm
Thursday, April 9th 1:30pm-
4:30pm

As part of the New Mexico Grown state initiative, every Thursday, the Department of Senior Affairs will feature a vegetarian meal that incorporates locally sourced fruits, vegetables, beans, or chile into the menu.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 30 Green Chile Chicken Posole 4oz Green Beans & Mushrooms 4oz Stewed Tomatoes 4oz Jell-O 1ea 1% Milk 8oz	 31 Salisbury Steak 4oz Gravy 2oz Mashed Potatoes 4oz Roasted Vegetables 4oz Dinner Roll 1ea Margarine 1pc Yogurt 4oz 1% Milk 8oz	 1 Chicken Tetrazzini 4oz Diced Beets 4oz Breadstick 1ea Pears 4oz 1% Milk 8oz	 2 Cheese Omelet 3oz Fajita Blend 2oz Spinach 4oz Sweet Potato Mash 4oz Orange 1ea 1% Milk 8oz	 3 Baked Tilapia 3oz Diced Tomatoes 1oz Brown Rice 4oz Steamed Broccoli 4oz Apple Slices 4oz 1% Milk 8oz
 6 Pork Chop 3oz w/ Gravy 1oz Mashed Potatoes 4oz Buttery Peas 4oz Mandarin Oranges 4oz 1% Milk 8oz	 7 Rotisserie Chicken 4oz Brown Rice 4oz Diced Beets 4oz Dinner Roll 1ea Margarine 1pc Banana 1ea 1% Milk 8oz	 8 Frito Pie 4oz Imperial Blend 4oz Corn Chips 1oz Orange 1ea 1% Milk 8oz	 9 Green Chile Cheese Veggie Burger 1ea Cauliflower 4oz Succotash 4oz Chocolate Pudding 4oz 1% Milk 8oz	 10 Lemon Pepper Pollock Sweet Potato Mash 4oz Green Beans 4oz Dinner Roll 1ea Margarine 1pc Grapes 4oz 1% Milk 8oz
 13 Sloppy Joe 1ea Ranch Beans 4oz Broccoli 4oz Apple Slices 1ea 1% Milk 8oz	 14 Tuna Salad Sandwich 1 Cucumber, Tomato & Red Onion 4oz 3 Bean Salad 4oz Honey Dew 4oz 1% Milk 8oz	 15 Chicken Fajita 4oz Spanish Rice 4oz Calabacitas 4oz Tortilla 2ea Banana 1ea 1% Milk 8oz	 16 Vegetable & Cheese Lasagna 4oz Diced Potatoes 4oz Crinkle Cut Carrots 4oz Sliced Peaches 4oz 1% Milk 8oz	 17 Meatloaf w/ Tomato Sauce 4oz Normandy Blend 4oz Sweet Potato Mash 4oz Yogurt 4oz 1% Milk 8oz
 20 Carne Adovada w/ Red Chili 3oz Spinach 2oz Pinto Beans 4oz Tortilla 4oz Vanilla Pudding 2ea 1% Milk 1ea 8oz	 21 Beef Fajita Meat w/ Gravy 4oz Mashed Yams 1oz Collard Greens 4oz Dinner Roll 4oz Margarine 1ea Yogurt 1pc 1% Milk 1ea 8oz	 22 Mushroom Swiss Beef Patty 4oz Normandy Blend 1ea Brussel Sprouts 1pc Dinner Roll 1ea Margarine 1ea Orange 1ea 1% Milk 8oz	 23 Spaghetti w/ Marinara Sauce 4oz Imperial Blend 2oz Garlic Bread Stick 4oz Apple Slices 1ea 1% Milk 1ea 8oz	 24 Denver Omelet 4oz Stewed Tomatoes 4oz Hash Browns 4oz Banana 1ea 1% Milk 8oz
 27 Green Chile Chicken Posole 4oz Roasted Potatoes 4oz Bell Peppers 4oz Mandarin Oranges 4oz 1% Milk 8oz	 28 Beef Tips w/ Noodles 3oz Normandy Blend 4oz Pinto Beans 4oz Dinner Roll 1ea Margarine 1pc Pear 4oz 1% Milk 8oz	 29 Pork Loin 3oz Black Eyed Peas 4oz Sweety Potatoes 4oz Honey Dew 1ea 1% Milk 8oz	 30 Mozzarella Baked Ziti 4oz Marinara 1oz Winter Blend 4oz Garlic Bread Stick 1ea Apple Sauce 4oz 1% Milk 8oz	 MAY 1 Salisbury Steak 3oz Gravy 1oz Diced Potatoes 4oz Malibu Blend 4oz Jell-O 4oz 1% Milk 8oz