



Let's Do Lunch!

September 2015

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Greek Chicken Pasta with Alfredo Sauce Mixed Vegetables Low Sodium Crackers Applesauce w/ Cinnamon 1% Milk	2 Beef a Roni Lima Beans Broccoli Garlic Bread Stick Cantaloupe 1% Milk	3 Blacked Salmon Brown Rice Spinach Cornbread w/ Margarine Cookie 1% Milk	4 Bratwurst Sautéed Potatoes & Onions Scandinavian Vegetables Orange 1% Milk
7 Holiday Labor Day Closed	8 Biscuits w/ Sausage Gravy Tater Tots Stewed Tomatoes Cold Peaches 1% Milk	9 Chicken & Rice Oriental Blend Vegetables Whole Wheat Roll w/ Margarine Fruit Cocktail 1% Milk	10 Beef Stroganoff Beets Bread Stick w/ Margarine Chocolate Cake 1% Milk	11 Carne Adovada Pinto Beans California Blend Vegetables Tortilla w/ Margarine Banana 1% Milk
14 Swiss Steak w/ Mushroom Gravy Mashed Potatoes w/ Gravy Green Beans and Onions Crescent Roll w/ Margarine Orange 1% Milk	15 Tuna Casserole Spinach Wheat Roll w/ Margarine Warm Tapioca Pudding w/ Cinnamon 1% Milk	16 Red Chile Cheese Enchiladas Spanish Rice Mexi-Corn Tortilla w/ Margarine Melon 1% Milk	17 BBQ Chicken Peas Squash Wheat Bread w/ Margarine Pineapple Chunks 1% Milk	18 Open Faced Turkey Sandwich Red Potatoes Mixed Vegetables Yogurt 1% Milk
21 Spaghetti w/ Meatballs Italian Vegetables Garlic Bread Applesauce 1% Milk	22 Chicken Salad Sandwich Cold Orzo w/ Red and Green Peppers Tossed Salad w/ Low Fat Dressing Pineapple Chunks 1% Milk	23 Beef Fajitas Papitas Calabacitas Watermelon 1% Milk	24 Pork Stew w/ Vegetables Green Beans w/ Mushrooms Biscuit w/ Margarine Chocolate Chip Cookies 1% Milk	25 Fish Nuggets w/ Tartar Sauce Succotash: Lima Beans and Corn Brussels Sprouts Wheat Bread w/ Margarine Mandarin Oranges 1% Milk
28 Mushroom Burger Steak Fries Crinkle Cut Carrots Fruit Cocktail 1% Milk	29 Chicken Alfredo Asparagus Garlic Bread Stick w/ Margarine Apricots 1% Milk	30 Turkey Pot Pie Rice Pilaf Broccoli and Cauliflower Pears 1% Milk	1 Green Chile Pork w/ Beans Mixed Vegetables Wheat Crackers Apple Slices 1% Milk	2 Tilapia w/ Lemon Pepper Macaroni and Cheese Summer Squash Grapes 1% Milk

We reserve the right to alter the menu to meet food availability.

Diabetic clients should not be given sugar and bread; only upon request.