



Let's Do Lunch!

November 2015

Monday	Tuesday	Wednesday	Thursday	Friday
2 Denver Omelet Sautéed Potatoes Stewed Tomatoes Wheat Bread w/ Margarine Cinnamon Applesauce 1% Milk	3 Fish Taco Spanish Rice Lettuce & Tomato Warm Peaches 1% Milk	4 Turkey Ziti Asparagus Biscuit w/ Margarine Yogurt 1% Milk	5 Meatloaf Mashed Potatoes w/ Gravy Spinach Dinner Roll w/ Margarine Melon 1% Milk	6 Chicken Posole Mixed Vegetables Low Sodium Crackers Warm Apple Slices 1% Milk
9 Beef Mac & Cheese Broccoli Dinner Roll w/ Margarine Warm Apricots 1% Milk	10 Pork Stew Peas & Onions Cornbread w/ Margarine Jell-O w/ Fruit 1% Milk	11 HOLIDAY CLOSED	12 Chicken Stir Fry Linguine Green Bean Crescent Roll w/ Margarine Pineapple 1% Milk	13 Green Chile Cheeseburger French Fries Cauliflower Fruit Cocktail 1% Milk
16 Chicken Tender Ranch Beans Crinkle Cut Carrots Wheat Biscuit w/Margarine Apple 1% Milk	17 Turkey Pot Pie Brown Rice Scandinavian Vegetables Whole Wheat Roll w/ Margarine Pear 1% Milk	18 Frito Pie Squash Sherbet 1% Milk	19 Spinach Lasagna Beets Dinner Roll w/ Margarine Chocolate Cake 1% Milk	20 Carne Adovada Spanish Rice California Blend Vegetables Tortilla with Margarine Mandarin Oranges 1% Milk
23 Sweet & Sour Chicken Rice Broccoli Wheat Bread Slice Orange 1% Milk	24 Salisbury Steak w/ Gravy Au Gratin Potatoes Baby Carrots Wheat Roll w/ Margarine Pineapple 1% Milk	25 Turkey w/ Gravy Stuffing w/ Gravy Mixed Vegetables Sweet Potatoes Dinner Roll w/ Margarine Pumpkin Cheesecake 1% Milk	26 HOLIDAY CLOSED	27 HOLIDAY CLOSED
30 Bratwurst Red Rosemary Potatoes Brussel Sprouts Ice Cream Cup 1% Milk	1 Beef Stew Cauliflower w/ Red Peppers Biscuit w/ Margarine Banana Pudding 1% Milk	2 Pollock w/ Tartar Sauce Mac & Cheese Zucchini Breadstick w/ Margarine Jell-O with Fruit 1% Milk	3 BBQ Pulled Pork Sandwich Baked Beans Green Beans w/ Mushrooms Oatmeal Cookie 1% Milk	4 Green Chile Chicken Alfredo Italian Vegetables Garlic Breadstick w/ Margarine Sliced Peaches 1% Milk

We reserve the right to alter the menu to meet food availability.

Diabetic clients should not be given sugar and bread; only upon request.