




# July 2019

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<p align="center"><b>July 1</b></p> <ul style="list-style-type: none"> <li>◆ Rotisserie Chicken</li> <li>◆ Corn</li> <li>◆ Garlic Broccoli</li> <li>◆ Dinner roll</li> <li>◆ Apple</li> <li>◆ 1% Milk</li> </ul>	<p align="center"><b>2</b></p> <ul style="list-style-type: none"> <li>◆ Egg Salad Sandwich</li> <li>◆ Spinach &amp; Red Onions w/Olive Oil</li> <li>◆ Apricots</li> <li>◆ Wheat Bread</li> <li>◆ 1% Milk</li> </ul>	<p align="center"><b>3</b></p> <ul style="list-style-type: none"> <li>◆ Cheese Burger</li> <li>◆ Baked Beans</li> <li>◆ Steak Fries</li> <li>◆ Watermelon</li> <li>◆ 1% Milk</li> </ul>	<p align="center"><b>4</b></p> <div align="center">  </div>	<p align="center"><b>5</b></p> <ul style="list-style-type: none"> <li>◆ Pork Chop w/ Gravy</li> <li>◆ Mashed Potatoes</li> <li>◆ Mixed Vegetable</li> <li>◆ Cantaloupe</li> <li>◆ 1% Milk</li> </ul>
<p align="center"><b>8</b></p> <ul style="list-style-type: none"> <li>◆ Green Chili Chicken Enchiladas</li> <li>◆ Calabacitas</li> <li>◆ Pinto Beans</li> <li>◆ Honeydew</li> <li>◆ 1% Milk</li> </ul>	<p align="center"><b>9</b></p> <ul style="list-style-type: none"> <li>◆ Omelet w/ Spinach Onion &amp; Mushroom</li> <li>◆ Rosemary Potatoes</li> <li>◆ Stewed Tomatoes</li> <li>◆ Orange</li> <li>◆ 1% Milk</li> </ul>	<p align="center"><b>10</b></p> <ul style="list-style-type: none"> <li>◆ Memphis Dry Rub Chicken</li> <li>◆ Rice Pilaf</li> <li>◆ Baby Carrots</li> <li>◆ Yogurt</li> <li>◆ 1% Milk</li> </ul>	<p align="center"><b>11</b></p> <ul style="list-style-type: none"> <li>◆ Beef Tips over Noodles</li> <li>◆ Succotash</li> <li>◆ Apple Crisp</li> <li>◆ 1% Milk</li> </ul>	<p align="center"><b>12</b></p> <ul style="list-style-type: none"> <li>◆ Herb Tilapia</li> <li>◆ Brown Rice</li> <li>◆ Black Eyed Peas</li> <li>◆ Mandarin Orange</li> <li>◆ 1% Milk</li> </ul>
<p align="center"><b>15</b></p> <ul style="list-style-type: none"> <li>◆ Meatball Sandwich</li> <li>◆ Steak Fries</li> <li>◆ Baby Carrots</li> <li>◆ Orange</li> <li>◆ 1% Milk</li> </ul>	<p align="center"><b>16</b></p> <ul style="list-style-type: none"> <li>◆ Chicken Salad</li> <li>◆ Croissant Roll</li> <li>◆ Carrot and Raisin Salad</li> <li>◆ Pineapple</li> <li>◆ 1% Milk</li> </ul>	<p align="center"><b>17</b></p> <ul style="list-style-type: none"> <li>◆ Turkey &amp; Penne Pasta</li> <li>◆ Mixed Vegetable</li> <li>◆ Peas &amp; Carrots</li> <li>◆ Sliced Pears</li> <li>◆ 1% Milk</li> </ul>	<p align="center"><b>18</b></p> <ul style="list-style-type: none"> <li>◆ Fish Nuggets</li> <li>◆ Brown Rice</li> <li>◆ Corn</li> <li>◆ Ice Cream</li> <li>◆ 1% Milk</li> </ul>	<p align="center"><b>19</b></p> <ul style="list-style-type: none"> <li>◆ BBQ Pulled Pork</li> <li>◆ Tater Tots</li> <li>◆ Mixed Vegetable</li> <li>◆ Jell-O with Fruit mix</li> <li>◆ 1% Milk</li> </ul>
<p align="center"><b>22</b></p> <ul style="list-style-type: none"> <li>◆ Bratwurst w/ Red and Green Peppers</li> <li>◆ Ranch Beans</li> <li>◆ Carrot Coins</li> <li>◆ Fruit Mix</li> <li>◆ 1% Milk</li> </ul>	<p align="center"><b>23</b></p> <ul style="list-style-type: none"> <li>◆ Turkey &amp; Swiss Sandwich</li> <li>◆ Cucumber &amp; Red Onions w/ Ranch</li> <li>◆ Corn Chips</li> <li>◆ Banana</li> <li>◆ Wheat Bread</li> <li>◆ 1% Milk</li> </ul>	<p align="center"><b>24</b></p> <ul style="list-style-type: none"> <li>◆ Sausage Ziti</li> <li>◆ Green Beans w/ Mushrooms</li> <li>◆ Garlic Bread Stick</li> <li>◆ Nectarine</li> <li>◆ 1% Milk</li> </ul>	<p align="center"><b>25</b></p> <ul style="list-style-type: none"> <li>◆ Chicken Tacos</li> <li>◆ Refried Beans</li> <li>◆ Mexi Corn</li> <li>◆ Sliced Apples</li> <li>◆ 1% Milk</li> </ul>	<p align="center"><b>26</b></p> <ul style="list-style-type: none"> <li>◆ Baked Ham w/ Pineapples</li> <li>◆ White Rice</li> <li>◆ Sweet Potato</li> <li>◆ Grapes</li> <li>◆ 1% Milk</li> </ul>
<p align="center"><b>29</b></p> <ul style="list-style-type: none"> <li>◆ Chicken Alfredo</li> <li>◆ Bread stick</li> <li>◆ Mixed Vegetable</li> <li>◆ Peach Crisp</li> <li>◆ 1% Milk</li> </ul>	<p align="center"><b>30</b></p> <ul style="list-style-type: none"> <li>◆ Chef Salad w/ Diced Ham</li> <li>◆ Orzo Pasta w/ Red &amp; Green Peppers</li> <li>◆ Wheat Crackers</li> <li>◆ Sherbet</li> <li>◆ 1% Milk</li> </ul>	<p align="center"><b>31</b></p> <ul style="list-style-type: none"> <li>◆ Baked Potato with Cheese &amp; Broccoli</li> <li>◆ Mixed Vegetable</li> <li>◆ Biscuit</li> <li>◆ Applesauce</li> <li>◆ 1% Milk</li> </ul>	<p align="center"><b>August 1</b></p> <ul style="list-style-type: none"> <li>◆ Sweet N Sour Pork</li> <li>◆ White Rice</li> <li>◆ Cauliflower</li> <li>◆ Pineapple</li> <li>◆ 1% Milk</li> </ul>	<p align="center"><b>2</b></p> <ul style="list-style-type: none"> <li>◆ Sloppy Joe</li> <li>◆ Red Potatoes</li> <li>◆ Brussel Sprouts</li> <li>◆ Apple</li> <li>◆ 1% Milk</li> </ul>