

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28 ♦ Salisbury Steak 3oz - Gravy 1oz ♦ Rosemary Potatoes 4oz ♦ Malibu Blend 4oz ♦ Mixed Berry 4oz ♦ 1% Milk 8oz 	29 ♦ Chicken Posole 4oz ♦ Mushrooms 4oz ♦ Spinach 4oz ♦ Dinner Roll 1ea - Margarine 1pc ♦ Pears 4oz ♦ 1% Milk 8oz 	30 ♦ Garlic Tilapia 3oz ♦ Brussel Sprouts 4oz ♦ Carrots 4oz ♦ Jell-O 4oz ♦ 1% Milk 8oz 	1 ♦ Cheese Lasagna 4oz ♦ Roasted Veggies 4oz ♦ Dinner Roll 1ea - Margarine 1pc ♦ Yogurt 4oz ♦ 1% Milk 8oz 	2 ♦ Diced Pork 3oz - Gravy 2oz ♦ Sweet Potato Mash 4oz ♦ Green Beans 4oz ♦ Orange 1ea ♦ 1% Milk 8oz 
5 ♦ Beef Tips 3oz - Rotini Pasta 4oz ♦ Roasted Veggies 4oz ♦ Green Beans 4oz ♦ Dinner Roll 1ea - Margarine 1pc ♦ Seasonal Fruit 4oz ♦ 1% Milk 8oz 	6 ♦ Beef Enchilada 2ea - Red Chile 1oz ♦ Spanish Rice 4oz ♦ Pinto Beans 4oz ♦ Jell-O 4oz ♦ 1% Milk 8oz 	7 ♦ Rotisserie Chicken 4oz ♦ Mashed Potatoes 4oz ♦ Black-Eyed Peas 4oz ♦ Banana 1ea ♦ 1% Milk 8oz 	8 ♦ Cheese Omelet 1ea - Red Chile/Peppers 4oz ♦ Diced Potatoes 4oz ♦ Spinach 4oz ♦ Peaches 4oz ♦ 1% Milk 8oz 	9 ♦ Sweet & Sour Pork 1oz 4oz ♦ Brown Rice 4oz ♦ Stir Fry 4oz ♦ Mandarin Orange 4oz ♦ 1% Milk 8oz 
12 ♦ Salisbury Steak 4oz - Green Chile Gravy 1oz ♦ Mashed Potatoes 4oz ♦ Spinach 4oz ♦ Cupped Pears 4oz ♦ 1% Milk 8oz 	13 ♦ Cajun Tilapia 3oz ♦ Brussel Sprouts 4oz ♦ Sweet Potato Mash 4oz ♦ Dinner Roll 1ea - Margarine 1pc ♦ Yogurt 4oz ♦ 1% Milk 8oz 	14 ♦ Carne Adovada 3oz - Red Chile 1oz ♦ Pinto Beans 4oz ♦ Spanish Rice 4oz ♦ Applesauce 4oz ♦ 1% Milk 8oz 	15 ♦ Pasta Primavera 4oz ♦ Steamed Broccoli 4oz ♦ Dinner Roll 1ea - Margarine 1pc ♦ Jell-O 4oz ♦ 1% Milk 8oz 	16 ♦ Asian Chicken 3oz - Peppers 2oz ♦ Brown Rice 4oz ♦ Green Beans 4oz ♦ Fortune Cookie 2ea ♦ 1% Milk 8oz 
19 ♦ Beef Chile Beans 4oz ♦ Cauliflower 4oz ♦ Dinner Roll 1ea - Margarine 1pc ♦ Brownie 2x2 ♦ 1% Milk 8oz 	20 ♦ Baked Cod 3oz - Tarter Sauce 1pc ♦ Quinoa 4oz ♦ Steamed Carrots 4oz ♦ Pear 1ea ♦ 1% Milk 8oz 	21 ♦ Baked Chicken 3oz ♦ Spinach 4oz ♦ Corn/ Edamame 4oz ♦ Jell-O 4oz ♦ 1% Milk 8oz 	22 ♦ Veggie Swiss Burger 1ea ♦ Steamed Broccoli 4oz ♦ Sweet Potato Mash 4oz ♦ Yogurt 4oz ♦ 1% Milk 8oz 	23 ♦ Chicken Posole 4oz ♦ Spinach & Mushrooms 4oz ♦ Dinner Roll 1ea - Margarine 1pc ♦ Mixed Berries 4oz ♦ 1% Milk 8oz 
CLOSED 26 	27 ♦ Chicken Tamales 2ea - Green Chile 2oz ♦ Steamed Mushrooms w/Onions 4oz ♦ Brussel Sprouts 4oz ♦ Mixed Berries 4oz ♦ 1% Milk 8oz 	28 ♦ Carne Adovada 3oz - Red Chile 1oz ♦ Corn w/Peppers 4oz ♦ Broccoli/Cauliflower Carrots 4oz ♦ Yogurt 4oz ♦ Tortilla 1pc ♦ 1% Milk 8oz 	29 ♦ Rotini Pasta 4oz - Marinara Sauce 1oz ♦ Spinach w/Onions 4oz ♦ Corn 4oz ♦ Jell-O 4oz ♦ 1% Milk 8oz 	30 ♦ Beef Tips 3oz - Gravy 1oz ♦ Brown Rice 4oz ♦ Roasted Veggies 4oz ♦ Dinner Roll 1ea - Margarine 1pc ♦ Applesauce 4oz ♦ 1% Milk 8oz 