



senior affairs

Joe O. Armijo Los Volcanes  
50+ Sports and Fitness Center  
505-767-5990

## Locker Room Remodel Project

### **Palo Duro 50+ Sports & Fitness Center**

3351 Monroe NE, NM 87110

Phone: 505-880-2800

Monday to Friday: 7 am to 7 pm

Saturday: 8 am to 2 pm

### **North Valley Fitness Room**

3825 4th St. NW, NM 87107

Phone: 505-761-4025

Monday to Friday: 8 am to 5 pm

Tuesday: 8 am to 7 pm

Sunday: 12:30 pm to 4:30 pm

### **North Domingo Baca Multigenerational Center Fitness Room**

7521 Carmel Ave. NE, NM 87113

Phone: 505-764-6496

Monday to Friday: 8 am to 9 pm

Saturday: 9 am to 3 pm

### **Manzano Mesa Multigenerational Center Fitness Room**

501 Elizabeth St. SE, NM 87123

Phone: 505-275-8731

Monday to Friday: 8 am to 9 pm

Saturday: 9 am to 3 pm

**\*\*\*ALL Fitness Centers are closed  
from 1:30 pm to 2 pm Monday to  
Friday for cleaning\*\*\***

Beginning Monday, September 22, 2025 a scheduled locker room construction project will be taking place at the Fitness Center.

As a result, our hours of operation for Los Volcanes Sports & Fitness Center will temporarily be adjusted to ensure the safety of staff and participants.

In order to accommodate the work being done, the locker rooms / showers will be CLOSED. Restrooms will ONLY be available next door, at the senior center, during hours of operation.

### Hours of Operations (effective September 22, 2025)

**Monday / Tuesday / Wednesday / Friday: 8 am to 5 pm**

**Thursday: 8 am to 7 pm**

**\*\*Closed 1:30 pm to 2 pm for cleaning (Monday to Friday)**

**Saturday: 9 am to 1 pm**

**(Some exercise class times will also change, please see  
the Center's Monthly Calendar)**

We anticipate the construction to continue until the end of December 2025. We will keep you informed of any changes to this timeline.

We appreciate your patience and cooperation during this time.

Thank you Management