



Monday	Tuesday	Wednesday	Thursday	Friday
				1 ◆ Cheeseburger ◆ Sweet Corn ◆ Steak Fries w/Ketchup ◆ Watermelon ◆ 1% Milk
4 <b>CLOSED</b> 	5 ◆ Lemon Pepper Chicken w/Brown Rice ◆ Diced Beets ◆ Roasted Brussels Sprouts ◆ Chocolate Pudding ◆ 1% Milk	6 ◆ Egg Salad Sandwich on Whole Grain Bread w/ Lettuce & Tomato ◆ Carrot Sticks ◆ Fresh Seasonal Fruit ◆ 1% Milk	7 ◆ Meatballs w/ Marinara Sauce on Whole Grain Hoagie Roll ◆ Steak Fries w/Ketchup ◆ Seasonal Vegetable ◆ Fresh Seasonal Fruit ◆ 1% Milk	8 ◆ Garlic Tilapia ◆ Whole Wheat Pasta w/ Diced Tomatoes ◆ Calabacitas ◆ Yogurt ◆ 1% Milk
11 ◆ Pork Chop w/ Brown Rice ◆ Rosemary Potatoes ◆ Seasonal Vegetable ◆ Applesauce ◆ 1% Milk	12 ◆ Beef Fajita w/ Onions, Red & Green Peppers ◆ Pinto Beans ◆ Flour Tortilla ◆ Baked Apples ◆ 1% Milk	13 ◆ Pasta Primavera w/ Stir Fry Vegetables in Alfredo Sauce ◆ Spinach ◆ Breadstick ◆ Fresh Seasonal Fruit ◆ Yogurt ◆ 1% Milk	14 ◆ Breaded Cod w/ Tartar Sauce over Brown Rice ◆ Stewed Tomatoes ◆ Green Beans ◆ Fresh Seasonal Fruit ◆ 1% Milk	15 ◆ Chicken Parmesan ◆ Spaghetti w/ Steamed Broccoli ◆ Seasonal Vegetable ◆ Fresh Seasonal Fruit ◆ 1% Milk
18 ◆ Carne Adovada ◆ Spinach ◆ Pinto Beans ◆ Flour Tortilla ◆ Fresh Seasonal Fruit ◆ 1% Milk	19 ◆ Sweet n Sour Chicken w/ Stir Fry Vegetables ◆ Seasonal Vegetable ◆ Brown Rice ◆ Fortune Cookie ◆ 1% Milk	20 ◆ Salisbury Steak w/ Gravy ◆ Mashed Potatoes ◆ Seasonal Vegetable ◆ Fresh Banana ◆ Whole Grain Dinner Roll w/ Margarine ◆ 1% Milk	21 ◆ Cheese Omelet ◆ Stewed Tomatoes ◆ Diced Potatoes ◆ Whole Grain Biscuit w/ Margarine ◆ Mandarin Oranges ◆ 1% Milk	22 ◆ BBQ Pork ◆ Roasted Sweet Potato ◆ Seasonal Vegetable ◆ Fresh Seasonal Fruit ◆ Whole Grain Dinner Roll w/ Margarine ◆ 1% Milk
25 ◆ Spaghetti w/Meat Sauce ◆ Imperial Blend Vegetables ◆ Seasonal Vegetable ◆ Fresh Seasonal Fruit ◆ 1% Milk	26 ◆ Baked Salmon w/ Lemon and Garlic ◆ Ancient Grain Blend ◆ Mushrooms & Green Beans ◆ Fresh Seasonal Fruit ◆ 1% Milk	27 ◆ Red Chile Tamales ◆ Calabacitas ◆ Pinto Beans ◆ Fresh Seasonal Fruit ◆ 1% Milk	28 ◆ Macaroni & Cheese w/ Steamed Broccoli ◆ Seasonal Vegetable ◆ Fresh Seasonal Fruit ◆ Yogurt ◆ 1% Milk	29 ◆ Chicken Salad Sandwich ◆ Sliced Cucumber and Carrot Sticks ◆ Cole Slaw ◆ Fresh Seasonal Fruit ◆ 1% Milk