



# January 2021

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
4 <ul style="list-style-type: none"> <li>◆ Lemon Pepper Tilapia</li> <li>◆ Orzo Pasta</li> <li>◆ Green Beans w/ Red Peppers</li> <li>◆ Dinner Roll w/ Margarine</li> <li>◆ Pudding (cupped)</li> <li>◆ 1% Milk</li> </ul> 	5 <ul style="list-style-type: none"> <li>◆ Beef Tip w/ Bowtie Pasta</li> <li>◆ Croissant</li> <li>◆ Normandy Vegetables</li> <li>◆ Yogurt</li> <li>◆ 1% Milk</li> </ul> 	6 <ul style="list-style-type: none"> <li>◆ Turkey Pot Pie</li> <li>◆ Rosemary Potatoes</li> <li>◆ Stewed Tomatoes</li> <li>◆ Applesauce (cupped)</li> <li>◆ 1% Milk</li> </ul> 	7 <ul style="list-style-type: none"> <li>◆ Omelet w/ Cheese, Mushrooms, &amp; Spinach</li> <li>◆ Hash Browns</li> <li>◆ Peppers &amp; Squash</li> <li>◆ Mixed Fruit (cupped)</li> <li>◆ 1% Milk</li> </ul> 	8 <ul style="list-style-type: none"> <li>◆ Pork Chop w/ Green Chile Sauce</li> <li>◆ Brown Rice</li> <li>◆ Peas</li> <li>◆ Mixed Fruit (cupped)</li> <li>◆ 1% Milk</li> </ul> 
11 <ul style="list-style-type: none"> <li>◆ Salisbury Steak w/ Au Jus &amp; Mushroom</li> <li>◆ Mashed Potatoes</li> <li>◆ Green Beans w/ Pearl Onions</li> <li>◆ Yogurt</li> <li>◆ 1% Milk</li> </ul> 	12 <ul style="list-style-type: none"> <li>◆ Chicken Alfredo w/ Green Chile</li> <li>◆ Baby Carrots</li> <li>◆ Italian Blend</li> <li>◆ Mixed Fruit</li> <li>◆ 1% Milk</li> </ul> 	13 <ul style="list-style-type: none"> <li>◆ Loaded Baked Potatoes w/ Cheese &amp; Broccoli</li> <li>◆ Brown Rice</li> <li>◆ Corn Bread</li> <li>◆ Cookie</li> <li>◆ 1% Milk</li> </ul> 	14 <ul style="list-style-type: none"> <li>◆ Diced Beef w/ Au Jus</li> <li>◆ Au Gratin Potatoes</li> <li>◆ Spinach w/ Diced Onion</li> <li>◆ Jell-O</li> <li>◆ 1% Milk</li> </ul> 	15 <ul style="list-style-type: none"> <li>◆ Sweet &amp; Sour Pork</li> <li>◆ Oriental Blend</li> <li>◆ Ancient Grain</li> <li>◆ Mixed Fruit (cupped)</li> <li>◆ 1% Milk</li> </ul> 
18 <p style="text-align: center;"><b>CLOSED</b>  <b>Martin Luther King Jr Day</b></p>	19 <ul style="list-style-type: none"> <li>◆ Sloppy Joe</li> <li>◆ Chuck Wagon</li> <li>◆ Brussel Sprouts</li> <li>◆ Mixed Fruit (cupped)</li> <li>◆ 1% Milk</li> </ul> 	20 <ul style="list-style-type: none"> <li>◆ Red Chile Beans</li> <li>◆ Flour Tortilla</li> <li>◆ Stewed Tomatoes</li> <li>◆ Spanish Rice</li> <li>◆ Pudding</li> <li>◆ 1% Milk</li> </ul> 	21 <ul style="list-style-type: none"> <li>◆ Baked Ziti w/ Spinach, Squash, &amp; Marinara</li> <li>◆ Bread Stick</li> <li>◆ Green Beans w/ Onion</li> <li>◆ Mixed Fruit (cupped)</li> <li>◆ 1% Milk</li> </ul> 	22 <ul style="list-style-type: none"> <li>◆ BBQ Riblet Sandwich</li> <li>◆ Succotash</li> <li>◆ Broccoli</li> <li>◆ Mixed Fruit (cupped)</li> <li>◆ 1% Milk</li> </ul> 
25 <ul style="list-style-type: none"> <li>◆ Rotisserie Chicken</li> <li>◆ Mashed Potatoes w/ Gravy</li> <li>◆ Black Eye Peas</li> <li>◆ Cookie</li> <li>◆ 1% Milk</li> </ul> 	26 <ul style="list-style-type: none"> <li>◆ Carne Adovada</li> <li>◆ Flour Tortilla</li> <li>◆ Refried Beans</li> <li>◆ Spanish Rice</li> <li>◆ Applesauce (cupped)</li> <li>◆ 1% Milk</li> </ul> 	27 <ul style="list-style-type: none"> <li>◆ Fish Nuggets w/ Tarter Sauce</li> <li>◆ Fettuccine w/ Olive Oil</li> <li>◆ Malibu Blend</li> <li>◆ Dinner Roll w/ Margarine</li> <li>◆ Mixed Fruit (cupped)</li> <li>◆ 1% Milk</li> </ul> 	28 <ul style="list-style-type: none"> <li>◆ Broccoli Mac &amp; Cheese</li> <li>◆ Sweet Potatoes</li> <li>◆ Biscuit</li> <li>◆ Mixed Fruit (cupped)</li> <li>◆ 1% Milk</li> </ul> 	29 <ul style="list-style-type: none"> <li>◆ Italian Chicken w/ Marinara &amp; Cheese</li> <li>◆ Ancient Grain</li> <li>◆ Imperial Vegetables</li> <li>◆ Jell-O w/ Fruit (cupped)</li> <li>◆ 1% Milk</li> </ul> 