

FOSTER GRANDPARENT PROGRAM NEWSLETTER

JUNE 2025

Message from Dir. Sanchez:

Hello, Summer!

As we welcome the start of summer, I'm filled with excitement for the months ahead and all that they hold for our community. This season is a time of renewal and opportunity, and here at the Department of Senior Affairs, we're embracing it with enthusiasm and forward-thinking as we continue to evolve to meet the growing demand for services.

First, we're kicking off a new campaign for the Department, entitled "Engage", to reflect all of our core initiatives committed to community, wellness, and advocacy for our city's older adults. Through "Engage," we aim to highlight the importance of staying active and involved in every stage of life. You'll start to see this messaging across our centers, programs, and events, and we invite you share this movement with the greater community. Speaking of events, this month kicks off some new Engage offerings, such as Self-Check Health Days at our centers, providing easy access to tools that will help you Engage with Wellness. Then, on June 11th, we invite you to Engage with Community at the 1-Year Anniversary Celebration of the Santa Barbara Martineztown Multigenerational Center, a milestone we're proud to share with all of our DSA family. And don't miss the Pride Masquerade Ball at Highland Senior Center on June 26th, a day of joy, inclusion, and connection. Our new fiscal year begins July 1st, and as a department, we are continuing to take a deep-dive on our budget, to continue our essential services and also evolve for the changing and growing constituency we serve. You may notice our efforts to ensure operational consistency across our centers, all in an effort to continue to manage costs, while focused on serving you with dignity and care. I encourage each of you to continue supporting the Department of Senior Affairs, reaching out to your elected officials and raising our collective voice for our older adults! Together, we can keep strengthening the programs and services that matter most.

Finally, thank you to all those who filled out our recent annual survey – we had more than 800 participants provide feedback. The raffle winners from the survey participants attend Highland Senior Center, Manzano Mesa Multigenerational Center, North Domingo Baca Multigenerational Center, and one recipient receives our Home Delivered Meals. With your input and support, you will help us advance our services to meet the needs of the community in the coming year and I am grateful!

Sincerely,
Anna M. Sanchez, Director



DSA ADMINISTRATION



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DIRECTOR

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DEPUTY DIRECTOR

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DEPUTY DIRECTOR

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Volunteer Spotlight

Welcome Brenda Batt. One of FGPs newest volunteers. She completed her Pre-service training at the end of April and started her service in May at Manzano Mesa Elementary School. Brenda saw the information on the Foster Grandparent Program on a Seniors site and thought it called her name.

Branda was born in Gallup, NM and although now in Albuquerque NM she has also lived in Texas, New York and Tennessee. When it came to settling back into home, New Mexico it was. She was raised having 5 sisters and 1 brother. Two of her sisters and her brother also live here in Albuquerque. When she wants to travel, she has a sister in Alaska and a sister in Florida. This works well as she loves to travel to include cruises. She has 1 daughter also living here in ABQ.

Here's a couple of fun facts, when Brenda was in Elementary School, she was pen-pals with Jim Bob off the Waltons. She is also the only left-handed person in her family.

Brenda has a multitude of hobbies like making diaper cakes for baby showers, bingo and playing poker. She was on the swim team in high school and still loves to swim. The thing she loves the most is helping people. She helps neighbors and friends with garage sales, chores, you name it. She also works with Visiting Angels twice a week and provides a living assistance service to people who need services.

For her summer break - she will be continuing her visiting angel services and taking a fun trip to Alaska to visit her sister.

It is our pleasure to welcome Brenda to the awesome FGP volunteer team.



IMPORTANT JUNE DATES

3-6 June ~ Joni & Marie at Conference (out of office)

2 June ~ APS Summer Summer School starts

9 June ~ Summer School starts at Multigenerational Centers

15 June ~ Father's Day

19 June ~ Juneteenth ~ Office Closed



Training Requirements

All FGP Volunteers are required to complete a minimum of 24 hours of training per fiscal year (July - June).

This is a grant requirement.

All In-Services for FY26 (July-June) will be held at Barelvas Senior Center.

These are required trainings. If you miss one of the In-Services you will need to call to make an appointment with Joni to complete additional training in the computer lab at the center. Please try to make up those training hours prior to the next In-Service, this will help to keep you up to date on your training requirements.



**Wear your FGP Nametag
whenever you are in Service.**



HAPPY BIRTHDAY

Cynthia Noleszenski

9 June

Estelle Chavez

26 June



Join the FGP/SCP Advisory Council!

Council Member Requirements include attending quarterly meetings, be part of at least one sub-committee such as recruitment or one of the event committees and may serve as a grievance body. We use council members to help in the planning of special projects and events. Council Members do not need to be a senior, it is not required to serve or be part of FGP or SCP in any other capacity, just a want to help these two awesome programs serve our community. If you or you know someone that would like to help with our Advisory Committee, please contact Joni at 764-6421.



SAVE THE DATE

4 July - Office Closed

16 July - Advisory Council Meeting

**1 Aug- Last Day of Summer Program
at the Multigenerational Centers**

7 Aug - APS Starts

8 Aug - Back to School In-Service

12 Sept - In-Service



BOARDS & COMMISSIONS NEEDS YOU

JOIN ONE OF OUR 50 BOARDS & COMMISSIONS

Shape the future of our city! No matter your subject matter expertise, there's a board or commission that needs you.

CABQ.GOV/BOARDS

APPLY TODAY

**ONE
ALBUQUE
RQUE** city clerk



City of Albuquerque's Annual

MEMORIAL DAY CEREMONY

Monday, May 26, 2025

NM Veterans Memorial Park
1100 Louisiana Blvd, Albuquerque NM, 87108

In support of the City of Albuquerque's Annual Memorial Day Ceremony, the City of Albuquerque has partnered with Bernalillo County and the Department of Veterans' Services to offer shuttle service to and from the ceremony.

To register for a ride to the ceremony, please contact your preferred location listed below:

<p>For Westside Albuquerque Los Volcanes Senior Center 505-767-5999 6500 Los Volcanes Rd NW ABQ NM 87121</p>	<p>For Eastside Albuquerque Palo Duro Senior Center 505-888-8102 5221 Palo Duro Ave NE ABQ NM 87110</p>
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SPACE IS LIMITED; ADA ACCOMMODATIONS ARE AVAILABLE.







INTRO TO THE OUTDOORS LEARN TO BIRDWATCH

Join the Open Space Division and the Bird Alliance of Central New Mexico for a birding adventure!

Discover how to identify common bird species and explore the best spots around Albuquerque to observe them. Participants can bring their own binoculars or borrow a pair from us, along with a field guide.

TINGLEY BEACH

SATURDAY, JUNE 14
7:30 a.m. to 9:30 a.m.
Meet at the steps in the north parking area










DANCE WITH PRIDE

THURSDAY JUNE 26TH
2:00PM-4:00PM
Highland Senior Center

LIVE MUSIC / PHOTO BOOTH / TABLING

Celebrate LGBTQ Pride Month-All Are Welcome



Free Ride!

Santa Fe National Cemetery



Sign Up at Front Desk







April 9, 2025 | May 14, 2025 | June 11, 2025

SIGN UP & MORE INFORMATION
AT THE FRONT DESK AT THE
SENIOR CENTER.



Month in Review





Summer word search

W	U	F	L	O	A	T	U	H	O	T	M
A	P	O	P	S	I	C	L	E	I	V	F
V	W	A	T	E	R	M	E	L	O	N	J
E	O	S	R	Q	W	A	T	E	R	P	S
S	U	N	G	L	A	S	S	E	S	O	W
S	U	N	Z	B	E	A	C	H	G	O	I
H	C	A	M	P	F	U	N	K	M	L	M
M	S	U	M	M	E	R	H	I	C	E	X

BEACH
CAMP
FLOAT
FUN
HOT
ICE
POOL
POPSICLE
SUMMER
SUN
SUNGLASSES
SWIM
WATER
WATERMELON
WAVE

As part of the New Mexico Grown state initiative, every Thursday, the Department of Senior Affairs will feature a vegetarian meal that incorporates locally sourced fruits, vegetables, beans, or chile into the menu.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
BBQ Chicken Sandwich 3oz Sweet Potato Mash 4oz Spinach/Onions 4oz Apple Slices 4oz 1% Milk 8oz 	Greek Pasta Salad w/ Diced Ham 4oz Cucumber Salad 4oz Dinner Roll 1ea Margarine 1pc Oranges 4oz 1% Milk 8oz 	Pork Tamale 3oz Red Chili 1oz Spanish Rice 4oz Pinto Beans 4oz Jell-O 4oz 1% Milk 8oz 	Mushroom Swiss Veggie Burger 4oz Diced Potatoes 4oz Stewed Tomatoes 4oz Diced Peaches 4oz 1% Milk 8oz ✓	Beef Steak 3oz Grilled Onions 1oz Mash Potatoes 4oz Green Beans 4oz Pudding 4oz 1% Milk 8oz 
9	10	11	12	13
Baked Ham 3oz Pineapple Sauce 1oz Rice Pilaf 4oz Sliced Carrots 4oz Yogurt 4oz 1% Milk 8oz 	Egg Salad Sandwich 4oz Potato Salad 4oz Coleslaw 4oz Oranges 4oz 1% Milk 8oz 	Salisbury Steak 3oz Gravy 1oz Mashed Potatoes 4oz Green Beans 4oz Mixed Berries 4oz 1% Milk 8oz 	Rotini Pasta 4oz Parmesan Cheese 1oz Spinach/Onions 4oz Corn 4oz Jell-O 4oz 1% Milk 8oz ✓	Teriyaki Pork 4oz Brown Rice 4oz Stir Fry Veggies 4oz Watermelon 4oz 1% Milk 8oz 
16	17	18	CLOSED	20
Meatloaf 4oz Tomato Sauce 1oz Green Beans 4oz Cauliflower 4oz Apple Slices 4oz 1% Milk 8oz 	Baked Chicken Thigh 3oz Spinach/Peppers 4oz Brown Rice 4oz Yogurt 4oz 1% Milk 8oz 	Cheese Macaroni 3oz Broccoli/ Ham 2oz Normandy Mix 4oz Brussel Sprouts 4oz Honeydew 4oz 1% Milk 8oz 		Pork Roast 3oz Gravy 1oz Broccoli/Carrots 4oz Sweet Potatoes 4oz Dinner Roll 1ea Margarine 1pc Grapes 4oz 1% Milk 8oz 
23	24	25	26	27
Red Chile Beef Enchiladas 4oz Pinto Beans 4oz Spanish Rice 4oz Yogurt 4oz 1% Milk 8oz 	Chicken Salad 4oz <small>*May Contain Nuts</small> Coleslaw 4oz Dinner Roll 1ea Margarine 1pc Mixed Berries 4oz 1% Milk 8oz 	Baked Pollok 3oz Roasted Peppers 4oz Steamed Broccoli 4oz Dinner Roll 1ea Margarine 1pc Chocolate Pudding 4oz 1% Milk 8oz 	Cheese Omelet 3oz Red Chili/Peppers 3oz Diced Potatoes 4oz Stewed Tomatoes 4oz Applesauce 4oz 1% Milk 8oz ✓	Carne Adovada 4oz Calabacitas 4oz Green Beans 4oz Flour Tortilla 2ea Jell-O 4oz 1% Milk 8oz 