

**BEAR CANYON SENIOR CENTER**

4645 Pitt NE, Albuquerque, NM 87111

Ph: 505-767-5959

[cabq.gov/seniors](http://cabq.gov/seniors)

**Department of Senior Affairs**



**A Message From Our Center  
Manager**

Hello all!

Fall is just around the corner with the first official day being September 22. And just as the leaves are starting to change and temperatures starting to cool off a bit hopefully, we are keeping things exciting with some upcoming department events!

But first, I would like to start off with highlighting the second annual Friends of Bear Canyon member appreciation event. After last years' success, the "Friends" decided they needed to make this an annual event. With all of them giving back and volunteering many hours in planning and preparation, the event was a huge success, yet again. With not only their help, but the rest of the staff, we were able to provide food/refreshments, entertainment, a photobooth and prizes! We hope everyone enjoyed it and look forward to keeping this new tradition going in the future.

This month, there will be more fun events around the centers and community:

- The annual DSA Fiestas will be held on Friday September 5 at Barelas Senior Center. There will be plenty of fun with music, dancing and food!
- Later this month, the DSA Sports and Fitness Program will be putting on their annual Falls Prevention Screening event at North Domingo Baca on Friday September 19.
- Last but not least, the Retired Senior Volunteer Program (RSVP) will be honoring our DSA volunteers with their annual breakfast on September 24. We would not be as successful as we are in serving our community without their selfless dedication. Thank you to all of the DSA volunteers for all that you do!

Remember, we will be closed on September 1<sup>st</sup> for Labor Day. As always, we appreciate your continued support and participation!  
Best regards,

Tyler Dunn

**Center Hours**

M-W: 8 am - 5 pm      Sa: 9 am - 3 pm

Th: 8 am - 9 pm      Su: Closed

Fr: 8 am - 5 pm

**DATES TO REMEMBER**

- |        |                            |
|--------|----------------------------|
| Sep 1  | Closed for Labor Day       |
| Sep 5  | Teeniors                   |
| Sep 8  | Out to Dinner              |
| Sep 12 | Movie Matinee              |
| Sep 18 | Lunch Bunch                |
| Sep 19 | Pie Social                 |
| Sep 23 | FOBC Restaurant Fundraiser |

**OPEN COMPUTER LAB**

Mon - Wed - Fri

9 - 11 am

Drop in assistance with Apple products  
on Mon; Windows products M-W-F



Accredited by   
National Institute of  
Senior Centers

## Department of Senior Affairs

### NOTE FROM ANNA



Goodbye Summer!

As we look forward to cooler temperatures, continue to check out our Fall Activity Catalog that provides all the activities that are programmed at our senior and multigenerational Centers by our dedicated staff and supportive volunteers.

If time has freed up on your calendar, the City is always looking for interested individuals to join a volunteer board or council with many ways to serve the community based on interest. In particular, our Department has an Advisory Council made up of dedicated volunteers that learn about all our services and programs. This group plays an important role in providing feedback, supporting our mission and serving as a sounding board on public matters. These meetings are posted publicly in our center newsletters and on our website at [cabq.gov/seniors/about-senior-affairs/department-of-senior-affairs-advisory-council](http://cabq.gov/seniors/about-senior-affairs/department-of-senior-affairs-advisory-council). If interested in our Council or any other way to get involved with the City, visit [cabq.gov/clerk/boards-commissions/boards-and-commissions-membership-application](http://cabq.gov/clerk/boards-commissions/boards-and-commissions-membership-application).

Looking ahead to the (hopefully) cooler months, we have some of our signature events. The highly anticipated Barelás Fiesta will take place on September 5, 2025 from 9:00 am to 3:00 pm. On November 15, 2025 the Ageless Artisan Craft Fair will showcase the many talents of our senior members, while highlighting how our centers provide enriching programs that help our community members learn or build on their craft talents and stay engaged. To participate in the fair, be on the lookout for the application at each center beginning September 1, 2025 and share the news of this fair with others in the community so we have another fantastic turnout!

As our participation grows at our centers, your continued feedback helps direct our work. Through our annual survey, the Department has seen the interest and attraction from individuals throughout Bernalillo County and beyond to take advantage of the City's investment in our many centers. With another center on the way, the Department continues to evaluate how to meet the growing demand and the highest level of public service.

We also rely on the many generous and thoughtful donations that help support our Area Agency on Aging (AAA) grant. Those contributions support our free/donation-based 60 and older lunch service and many other services funded by this grant including our transportation service, home delivered meal service and home services. Any contribution makes a difference and each center has a donation box available for your consideration.

Lastly, we ask that you share your voice on needs of senior services by participating in the upcoming City of Albuquerque/Bernalillo County Area Agency on Aging (AAA) Public Hearing where you can give public comments on how the FY26-FY30 Area Plan should plan for older adults. The AAA will host a forum at Manzano Mesa Multigenerational Center on Wednesday, September 3, 2025 from 10:00 am to 11:00 am. Your input would be appreciated!

As always, reach out to management with questions or look for an upcoming "Coffee with Constituents" near you at one of our senior or multigenerational centers. Together, let's continue to support one another as a community, stay safe and make this fall a season of connection and engagement!

Sincerely,  
Anna Sanchez, Director

## GENERAL INFORMATION & ASSISTANCE



### POST 10763

Post meetings are held at Bear Canyon the first Thursday of every month at 9:30 am. All Veterans with service in a war, campaign or expedition on foreign soil or in hostile waters are eligible for membership.

There is a VFW Information table in the lobby during breakfast and a Veteran's Outreach table from 9:30 am to 1 pm to further assist veterans.



### DEPT. OF SENIOR AFFAIRS ADVISORY COUNCIL MEETING

**Manzano Mesa Multigeneration Center**  
**501 Elisabeth St SE, 87123**  
**Monday, Sep 15**  
**12 - 1:30 pm**

The meeting is open to the public. Comments, with advance notice given are welcome during the meeting. Please call 505-768-3610 for more information.



**1st Saturday of the month**  
**9:30 am - 1:30 pm**  
**or**

**3rd Thursday of the month**  
**12 - 4 pm**

Cost: AARP members \$20; non-members \$25  
Call (505) 767-5959 to register.

### Navigating Medicare Assistance

**Mon, September 8**

**Lobby**

**10 am – 2 pm**

Provided by NM Aging and Long-Term Services SHIP Counselors.

### NEW MEMBER ORIENTATION

An informative new member orientation and tour takes place every month on the 2nd Friday, 10:30 - 11:30 am. Anyone who would like to attend is welcome.

### MEMBERSHIP CARDS

Membership Cards are required when purchasing meals and attending any activities at the center. Membership fee is \$20 per year and is valid at all Senior (50+) and Multigenerational centers.

### HANDOUTS AVAILABLE AT FRONT DESK

- DSA Activities Catalog
- List of Ongoing Activities at Bear Canyon
- DSA Guide to Senior Services

### HELPFUL NUMBERS

Department of Senior Affairs .....764-6400  
City of Albuquerque Information .....311  
Non-emergency Police .... 242-COPS (2677)  
Emergencies .....911

## GENERAL INFORMATION & ASSISTANCE



### FIRST FRIDAY OF MONTH

3 to 5 pm

Our department contracts with Teeniors to provide our members assistance with their phones, computers, or tablets.

You must schedule an appointment at the front desk. On the day of your appointment you will be assigned a teenior to assist you during your scheduled time.

Teeniors are tech-savvy teens and young adults who help seniors learn technology through one-on-one, personalized coaching.

If you need additional assistance you can make arrangements to receive further coaching. To learn more visit the website at [www.teeniors.com](http://www.teeniors.com) or call 505-600-1297.

## COMPUTER LAB OPPORTUNITIES

### PC COMPUTER WORKSHOP



Third Wednesday of the month  
1:30 pm to 3:30 pm  
Contact person: Harold Gottlieb  
Email: [hbgottl2@q.com](mailto:hbgottl2@q.com)

A roundtable discussion and sharing of knowledge on topics of interest.



### APPLE MAC WORKSHOP

Fourth Saturday of the month  
9:30 am - 12:30 pm  
Activity Leader: Bo Keith  
Email: [bnkeith@comcast.net](mailto:bnkeith@comcast.net)

A presentation will be followed by an open question and answer period.

## HERE'S TO YOUR GOOD HEALTH

### GERIATRIC EDUCATION AND HEALTH MAINTENANCE (GEHM)

Second Tuesday of the month  
8:30 am - 12 pm  
In the Lobby

GEHM provides a wide variety of health services to help seniors achieve and maintain a high level of health and independence. UNM nursing and pharmacy students provide the services.



### BLOOD PRESSURE SCREENING

Wednesdays  
9 - 11 am  
Room 2

We are retired registered nurses who provide weekly screening to assist you in monitoring and maintaining good health. We provide you with a card to keep a paper record of your readings. If you are a retired RN and would like to join us contact Lupe at 505-401-2558.



## CALENDAR OF ACTIVITIES & OFF-SITE EVENT

### THURSDAY NIGHT DANCE

6 - 8:30 pm



Come on Thursdays for a whirl around the dance floor. Your current membership card and \$3 will get you in for an exciting evening of music and dancing.

- Sep 4 DJ- Jim's Night Train
- Sep 11 Recorded Music w/Josie
- Sep 18 Paul Pino
- Sep 25 Roger Burns



### FRIENDSHIP COFFEE

Every Tuesday, 9:30 - 10:30 am

Friendship Coffee is a great opportunity to gather with old friends and make new ones while enjoying a cup of coffee and a morning treat. The event is free, thanks to the generosity of these sponsors and supporters.

Last month's Sponsors:

- Aug 12 Presbyterian HealthPlan
- Aug 19 Village Caregiving
- Aug 26 Beehive Homes



### New Mexico Conference on Aging Glorieta Conference Center

Pre-registration is required for this conference.

Transportation will be offered

Thursday, September 25<sup>th</sup>

Check-in - 8:00am Depart - 8:15am

Return by 3:00pm

Boxed Lunch Provided -

Lunch 12:00pm - 1:00pm

For full details on pre-registration and scheduling please visit website:

[www.AginginNM.org](http://www.AginginNM.org)

Sign Up at Front Desk - Space is Limited

\*This trip is not Lottery based.



### LUNCH BUNCH



Thursday, Sep 18

**El Patron**

10551 Montgomery NE

505-275-0223

Check in: 10:45 am Return 3 pm

### OUT TO DINNER

Monday, Sep 8

**Whole Hog Cafe**

9880 Montgomery Blvd NE

505-323-1688

Check in: 4:45 pm Return 8:30 pm

**Please sign up at the front desk.**

## Breakfast and Lunch Menu

### Oso Canyon Café

#### **Breakfast Menu**

Served 8:00 to 9:00 am  
Monday through Friday

Full Breakfast .....	1.50
2 eggs, 2 pieces of bacon or sausage, hash browns, english muffin, toast or tortilla	
Mini Breakfast .....	.75
1 egg, bacon or sausage, hash browns, english muffin, toast or tortilla	
Breakfast Burrito .....	1.50
1 egg, bacon or sausage, hash browns (Chile optional)	

#### A-la-Carte

Egg .....	.25
2 Pieces of bacon or sausage .....	.50
Pancake .....	.25
French Toast .....	.25
Egg Muffin Sandwich .....	1.00
Toast or Tortilla .....	.20
Hash Browns .....	.30
Hot Cereal w/milk .....	.70
Side of Chile .....	.25

#### Waffle Wednesday:

Plain .....	1.00
With Strawberries & Cream .....	1.50
Biscuits & Gravy (Thursdays) .....	1.00
Huevos Rancheros (Fridays) .....	1.50

#### Drinks

Milk .....	.25
Juice .....	.25
Tea .....	.30

#### **Lunch A-la-Carte**

Lunch is served from 11:30 am to 1 pm  
NO reservation is required for A-la-Carte

#### Salad

Small Garden Salad .....	1.00
Large Chef's Salad .....	2.00

#### Sandwiches

Grilled Cheese .....	1.25
½ Cold Turkey .....	.75
Cold Turkey .....	1.50
Sandwich of the day .....	1.50
Turkey Melt .....	1.50

#### Drinks

Milk .....	.25
Juice .....	.25
Tea .....	.30

Slice of Pie (daily selection varies).....	.50
Bowl of Soup (daily selection varies)...	.50

**FALL**  
*is coming!*





















## September Lunch Menu

Oso Canyon Café - Seniors Age 60+ \$2.00 suggested donation; Age 50-59 \$3.25

Reservations for daily specials must be made by 1 p.m. the previous day - Call 505-767-5959

Lunch is served from 11:30 a.m. to 1:00 p.m. Please arrive by 12:30 p.m. for reserved meal.

# ONE ALBUQUERQUE SEPTEMBER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>CLOSED</b> 1 	2 Rotisserie Chicken 4oz Brussel Sprouts 4oz Sweet Potato Mash 4oz Dinner Roll 1ea Margarine 1pc Diced Pears 1ea 1% Milk 8oz 	3 BBQ Pulled Pork 4oz Ranch Beans 4oz Spinach w/ Onions 4oz Dinner Roll 1ea Margarine 1pc Grapes 4oz 1% Milk 8oz 	4 Green Chile Vegetable Posole 4oz Carrots 4oz Cornbread 1ea Chocolate Pudding 4oz 1% Milk 8oz 	5 Beef Tips w/ Gravy 3oz Bowtie Pasta 1oz Steamed Broccoli 4oz Cauliflower 4oz Peach Cup 1ea 1% Milk 8oz 
8 Teriyaki Chicken 3oz Stir Fry Veggies 4oz Green Beans w/ Mushrooms 4oz Brown Rice 4oz Fortune Cookie 2ea 1% Milk 8oz 	9 Roasted Pork Loin w/ Brown Gravy 4oz Scalloped Potatoes 4oz Cabbage Slaw 4oz Dinner Roll 1ea Margarine 1pc Yogurt 4oz 1% Milk 8oz 	10 Roast Beef 3oz Brown Gravy 1oz Sliced Carrots 4oz Mashed Potatoes 4oz Breadstick 1ea Banana 1ea 1% Milk 8oz 	11 Pasta Primavera 4oz Spinach 4oz Diced Beets 4oz Mandarin Oranges 1ea 1% Milk 8oz 	12 Pork Carnitas 3oz Red Chile 1oz Pinto Beans 4oz Flour Tortillas 2ea Warm Apple Slices 4oz 1% Milk 8oz 
15 Meatloaf 3oz Gravy 1oz Mashed Potatoes 4oz Sliced Carrots 4oz Dinner Roll 1ea Margarine 1pc Yogurt 4oz 1% Milk 8oz 	16 Rotisserie Chicken 3oz Brown Rice 4oz Sliced Beets 4oz Green Beans w/ Mushrooms 4oz Grapes 4oz 1% Milk 8oz 	17 Chili Bowl 4oz Succotash 4oz Cornbread 1ea Mixed Berries 4oz 1% Milk 8oz 	18 Green Chile Southwest Omelet 4oz Stewed Tomatoes 4oz Diced Hash Browns 4oz Peaches 1ea 1% Milk 8oz 	19 Herb Pork Loin 3oz Gravy 1oz Sautéed Zucchini 4oz Dinner Roll 1ea Margarine 1pc Applesauce 4oz 1% Milk 8oz 
22 Baked Chicken 3oz BBQ Sauce .5oz Corn & Red Peppers 4oz Broccoli 4oz Cornbread 1ea Yogurt 4oz 1% Milk 8oz 	23 Salisbury Steak 3oz Brown Gravy 1oz Mashed Potatoes 4oz Corn & Edamame 4oz Mandarin Oranges 4oz 1% Milk 8oz 	24 Sweet & Sour Pork 3oz Stir Fry Veggies 4oz Brussel Sprouts 4oz Dinner Roll 1ea Margarine 1pc Warm Sliced Apples 4oz 1% Milk 8oz 	25 Green Chile Cheese Enchiladas 4oz Pinto Beans 4oz Spanish Rice 4oz Pudding 4oz 1% Milk 8oz 	26 Turkey Tetrazzini 8oz Italian Veggie Blend 4oz Breadstick 1ea Diced Pears 4oz 1% Milk 8oz 



As part of the New Mexico Grown state initiative, every Thursday, the Department of Senior Affairs will feature a vegetarian meal that incorporates locally sourced fruits, vegetables, beans, or chile into the menu.



## FRIENDS OF BEAR CANYON

### ***September Restaurant Fundraiser***



**Tuesday, September 23, 2025**

9:30 am - 9:30 pm

9500 Montgomery Blvd. NE

We would like to thank:



for being the August Restaurant of the Month!



### **August Birthdays**



### **Member Appreciation August 22, 2025**



## CALENDAR OF ACTIVITIES & RECENT EVENT



# fall EDUCATION SERIES

Join us for a fall education series at Bear Canyon Senior Center beginning in September and ending in December.

SEPT 09	<b>TEN WARNING SIGNS OF ALZHEIMER'S</b> 10:45am - 11:45am Bear Canyon Senior Center   4645 Pitt St NE, Albuquerque, NM 87111
OCT 14	<b>UNDERSTANDING ALZHEIMER'S AND DEMENTIA</b> 10:45am - 11:45am Bear Canyon Senior Center   4645 Pitt St NE, Albuquerque, NM 87111
NOV 18	<b>DEMENTIA CONVERSATIONS</b> 10:45am - 11:45am Bear Canyon Senior Center   4645 Pitt St NE, Albuquerque, NM 87111
DEC 09	<b>THE EMPOWERED CAREGIVER: BUILDING FOUNDATIONS OF CAREGIVING</b> 10:45am - 11:45am Bear Canyon Senior Center   4645 Pitt St NE, Albuquerque, NM 87111

**REGISTER TODAY!**

Call our 24/7 Helpline at (800) 272-3900

# Pie Social

**FRIDAY, SEPTEMBER 19**  
 1:30 - 2:30 pm  
 Social Hall

Stop by for free pie and ice cream!  
 Enjoy Fun, Fellowship and Friends.

Sponsored by: Anna Herrera  
 with Seasons Real Estate

### Did you know?

Did you know that Social Security just celebrated it's 90<sup>th</sup> birthday? The Social Security Act was signed into law by President Franklin D. Roosevelt on August 14, 1935.

Cakes were provided by the NM Alliance for Retired Americans in celebration of the occasion.





## OFFSITE AND ITEMS OF SPECIAL INTEREST

IN CELEBRATION OF NATIONAL SENIOR CENTER MONTH



**Barelas Senior Center Fiesta**

GET READY FOR A JAM-PACKED PARTY WITH LIVE MUSIC, DELICIOUS GRUB, AND ALL-AROUND GOOD TIMES!

**5 SEPTEMBER 2025** | 9 am - 3 pm

714 Seventh St SW 87102

ONE ALBUQUERQUE | United Healthcare | ENGAGE with Senior Affairs

ENGAGE with Wellness

# Protect Your Health!

Upcoming Shot Clinics!

- No appointments necessary. Walk-ins available.
- Flu, COVID-19, RSV, Pneumonia, and more.
- MMR, HIV, and more.
- COVID-19 Pre-screening available.

**All events are from 9 a.m. to 11 a.m.**

9/2/2025 Los Altos Senior Center  
650 Los Volcanes NW 87121

9/9/2025 Manzano Mesa Multigenerational Center  
501 Elizabeth St 87123

9/16/2025 North Domingo Baca Multigenerational Center  
7521 Carmel NE 87113

9/23/2025 North Valley Senior Center  
3825 4th NW 87107

Join us in building a healthier community!

cabq.gov/seniors/events | 505-764-6400 | ONE ALBUQUERQUE

ONE ALBUQUERQUE | ncoa | FallsFree

national council on aging | New Mexico Adult Falls Prevention Coalition

YOU HAVE THE POWER TO PREVENT A FALL

## FREE Falls Risk Screening Event

Health Sciences students and faculty from UNM, PIMA, and CNM will conduct falls risk screenings including balance tests, foot health, medication review, home safety and more. Paramedics from the ABQ Fire Dept. HEART program will teach how to get up from the floor. Each participant will receive a personalized falls risk report and education on how to reduce the chances of a fall.

**When**  
Friday, September 19, 2025  
8:30 am to 12:00 pm

**Where**  
North Domingo Baca  
Multigenerational Center  
7521 Carmel NE 87113

Brought to you by the City of Albuquerque Department of Senior Affairs Sports & Fitness Program, New Mexico Adult Falls Prevention Coalition, OASIS Albuquerque, New Mexico Department of Health, and Albuquerque Area Southwest Tribal Epidemiology Center. For more information about Falls Prevention, go to [ncoa.org/FallsPrevention](https://ncoa.org/FallsPrevention).

29th Annual PRIME TIME MONTHLY MAGAZINE 50+ EXPO

Don't miss...

## The Largest Health Fair in New Mexico!

- Free Event -  
Wednesday, October 8th 2025!  
8:30AM - 1PM At Embassy Suites (Lomas & I-25)

This is a fun and informative event connecting mature adults with health and wellness providers, lifestyle option providers, free health information and free health screenings.

The Prime Time 50+ Expo is great for seniors and anyone caregiving for elderly family members and friends.

**Free Health Information and Screenings • Free Flu Shots  
Live Entertainment • Giveaways and Much More!**

BROUGHT TO YOU BY PRESENTING SPONSOR

BlueCross BlueShield of New Mexico  
AND  
FRENCH | cigna | ONE ALBUQUERQUE |

Call 505-242-2428 or Visit [PrimeTimeNM.com](https://PrimeTimeNM.com)

## NOTICE OF PUBLIC HEARING



### PUBLIC HEARING

**PUBLIC COMMENT:  
CITY OF ALBUQUERQUE/BERNALILLO COUNTY  
AREA AGENCY ON AGING  
OLDER AMERICANS PROGRAM  
FOR THE PERIOD  
JULY 1, 2026 TO JUNE 30, 2030**

The City of Albuquerque/Bernalillo County Area Agency on Aging and the Older Americans Advisory Council will conduct a public hearing regarding the City of Albuquerque/Bernalillo County Older Americans Program. The Older Americans Program provides resources and services for persons age 60 and over and their caregivers in Bernalillo County.

During the hearing, comments will be solicited from senior citizens, their caregivers and other interested individuals and organizations on services to be funded with federal, state and local resources. Discussions will also be held on the City's request to the New Mexico Aging and Long-Term Services Department to implement a waiver for the City to directly provide services funded through the City of Albuquerque/Bernalillo County Older Americans Program Area Plan and permission to implement grab-and-go meals under certain circumstances.

The hearing is scheduled as follows:

**Manzano Mesa Multigenerational Center  
501 Elizabeth SE  
Albuquerque, NM 87123  
Wednesday, September 3, 2025  
10:00 a.m. - 11:00 a.m.**

Persons with hearing and/or sight impairment and those who require special assistance to participate in the public hearings, please contact Collette Baldwin at 505-768-2084 or New Mexico Relay Services at 1-800-659-1779 or TTY at 1-800-659-8331.

## Department of Senior Affairs

### Participant Code of Conduct

Participants are expected to respect the rights of others and to adhere to the following code of conduct so that all may have a pleasant and safe experience. This includes all City programs and activities and their locations.

1. Maintain personal hygiene that is not offensive or unhealthy.
2. Does not harass or bully other participants and/or staff, with racial slurs, verbal abuse, or sexual harassment. Participants must show consideration for the diversity of staff and other participants.
3. Does not use voice and behavior that will disturb other center participants.
4. Does not use language and behavior that other participants and staff will find obscene, abusive or sexually offensive. This includes, but is not limited to in person, by telephone or electronic device.
5. Show courtesy to other participants and staff; respect decisions made by staff and bring issues involving the operations of a facility to the management's attention for resolution.
6. No unlawful weapons are allowed in City facilities. (See Administrative Instruction AI 5-19, NMSA 1978 Section 30-7-2.1)
7. Fighting between participants or with a staff person is prohibited.
8. Bringing bicycles into the facility is prohibited.
9. Smoking is prohibited in facilities or on premises.
10. Alcohol consumption or possession of alcoholic beverages is prohibited,
11. Any type of gambling is strictly prohibited in all facilities.
12. Selling, soliciting or panhandling is prohibited.
13. Eating is prohibited in billiards rooms and computer labs.
14. Vandalizing or damaging facilities, grounds, equipment or materials or from any City sponsored program is prohibited.
15. Treat City materials, equipment, furniture, grounds, and facility with respect.
16. Use City equipment in a safe and appropriate manner.
17. Keep the building and grounds neat, clean, and litter free.

Failure to observe rules of conduct may result in disciplinary action being taken against participants, up to and including suspension from the facility, program or service.

### CITY OF ALBUQUERQUE



Mayor Timothy M. Keller



### Department of Senior Affairs

Anna M. Sanchez, Director

### Department of Senior Affairs

Marina Salazar, Deputy Director

Shay Armijo, Deputy Director

### Bear Canyon Staff

Tyler Dunn, Center Manager

Ya Vette Bailey, Program  
Coordinator

Brenda Carroll, Office Assistant

Isaiah Barton, Program Assistant

Irene Gomez, Program Assistant

Peter Thompson, Cook

Alice Saavedra, Kitchen Aid

Kelly Trujillo, General Services