

BCSC ONGOING ACTIVITIES

Activity	Weekdays	Start Time	End Time	Location
Breakfast	M - F	8:00 AM	9:00 AM	Multipurpose
Lunch	M - F	11:30 AM	1:00 PM	Social Hall
ARTS AND CRAFTS				
Knitting & Crocheting (Project Linus)	Monday	9:00 AM	12:00 PM	Room 5
Painting Workshop: Oil	Wednesday	8:30 AM	11:30 AM	Rooms 3 & 4
Quilting: Experienced	Tuesday	8:30 AM	11:45 AM	Room 3
Stained Glass	Tuesday	8:30 AM	11:30 AM	Room 5
Visual Journals	Saturday - 3rd	12:00 PM	2:30 PM	Rooms 3 & 4
Watercolor: Intermediate	Tuesday	1:00 PM	4:00 PM	Room 3
Woodcarver Workshop: BC Carvers	Friday	8:00 AM	12:00 PM	Room 5
COMPUTERS				
Apple Mac and PC Open Computer lab	Monday, Wednesday, Friday	9:00 AM	11:00 AM	Computer
Apple Mac Day	Saturday - 3rd	9:45 AM	12:00 PM	Comp Lab
Chromebook Users Group	Friday - 3rd	1:30 PM	3:00 PM	Computer
PC Computer Workshop	Wednesday - 3rd	1:30 PM	3:30 PM	Comp Lab
DANCE				
Ballroom Dance Class (\$6/class)	Thursday	5:00 PM	5:45 PM	Social Hall
Japanese Folk Dance	Monday	10:00 AM	12:00 PM	Multipurpose
Line Dancing: Advanced (\$1/donation)	Thursday	1:30 PM	3:00 PM	Social Hall
Line Dancing: Beg Improver	Thursday	3:15 PM	4:30 PM	Social Hall
Line Dancing: Beginning (begins 8/3)	Tuesday	1:30 PM	3:00 PM	Social Hall
Line Dancing: Intermediate	Tuesday	3:15 PM	4:30 PM	Social Hall
Thursday Night Dance -	Thursday	6:00 PM	8:30 PM	Social Hall
EXERCISE				
Chair Yoga (\$5/class)	Monday	2:30 PM	3:30 PM	Multipurpose
Dancing with the Bars (\$2/class)	Thursday	8:30 AM	9:15 AM	Social Hall
Tai Chi Chih Practice	Wednesday	3:30 PM	4:30 PM	Room 1
Tai Chi Chuan	Saturday	11:30 AM	1:00 PM	Social Hall
TNT Dynamite Exercise (\$2.00)	Monday, Wednesday, Friday	9:30 AM	10:30 AM	Social Hall
Yoga (\$5/class)	Friday	10:00 AM	11:00 AM	Multipurpose
Zumba (\$2/class)	Monday, Wednesday, Friday	8:15 AM	9:15 AM	Social Hall
GAMES				
Bingo (TBA)	Wednesday	2:00 PM	4:00 PM	Social Hall
Game Day	Wednesday	9:30 AM	11:00 AM	Multipurpose
Huachas	Friday	10:00 AM	11:00 AM	Park
Mexican Train	Saturday	10:00 AM	12:30 PM	Room 1
GAMES- BOARD				
Chess for Fun	Friday	12:15 PM	4:30 PM	Room 3
Chess for Fun	Monday	11:30 AM	2:30 PM	Room 2

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Chess for Fun	Wednesday	11:30 AM	4:30 PM	Room 2
Chess for Fun	Saturday	9:00 AM	2:45 PM	Multipurpose
GAMES- TABLE				
Billiards (\$.25/day)	Saturday	9:00 AM	2:45 PM	Pool Room
Billiards (\$.25/day)	M - F	8:00 AM	4:00 PM	Pool Room
Table Tennis	Monday	1:30 PM	4:30 PM	Social Hall
Table Tennis	Saturday	1:00 PM	2:45 PM	Social Hall
Table Tennis	Friday	2:30 PM	4:45 PM	Social Hall
Table Tennis	Thursday	9:30 AM	11:00 AM	Social Hall
Table Tennis	Saturday	9:00 AM	11:00 AM	Social Hall
GAMES-CARD				
Bridge Walk In	Wednesday	12:30 PM	3:30 PM	Room 3
Bridge: Duplicate	Thursday	12:45 PM	4:00 PM	Room 3
Bridge: WPB Club	Wednesday	12:00 PM	3:30 PM	Room 4
Canasta Hand & Foot	Monday	12:00 PM	4:30 PM	Room 4
Canasta: Hand & Foot (\$2/month)	Thursday	12:00 PM	4:30 PM	Room 4
Cribbage	Thursday	9:30 AM	11:30 AM	Room 4
Hearts	Friday	9:00 AM	12:00 PM	Room 3
Mahjong (American version)	Monday	12:00 PM	3:30 PM	Room 3
Mahjong (filipino version)	Saturday	12:00 PM	2:30 PM	Multipurpose
Pinochle Group (single deck)	Tuesday	9:30 AM	11:30 AM	Lobby
Pinochle Group (double deck)	Friday	12:30 PM	4:45 PM	Room 4
Poker	Monday	1:00 PM	4:00 PM	Pool Room
Shanghai Rummy Group	Tuesday	12:00 PM	4:00 PM	Lobby
Shanghai Rummy Group	Thursday	12:00 PM	4:00 PM	Lobby
GROUPS AND CLUBS				
Cherokee SW Township (begins 8/14)	Saturday - 2nd	10:30 AM	2:30 PM	Rooms 3 & 4
Fishing Club Meeting	Monday	1:00 PM	2:00 PM	Multipurpose
Friends of Bear Canyon Meeting	Thursday - 2nd	9:00 AM	10:30 AM	Room 2
High Energy Active Traveler	Friday - 1st, 3rd	1:00 PM	3:00 PM	Room 5
Lip Reading (\$5/book)	Monday	12:30 PM	1:30 PM	Room 1
Siglo de Oro RV Club (\$25/dues)	Tuesday - 3rd	10:00 AM	11:00 AM	Social
VFW Post 10763	Thursday - 1st	10:00 AM	12:00 PM	Room 2
Zia Rifle & Pistol Club	Thursday - 3rd	7:00 PM	8:45 PM	Room 5
Zia Sundials (begins 9/11)	Saturday - 2nd	12:30 PM	2:30 PM	Room 5
HEALTH				
Blood Pressure Screening	Wednesday	9:00 AM	11:00 AM	Room 2
GEHM Clinic	Monday - 4th	8:00 AM	12:00 PM	Lobby
Happy Losers	Thursday	8:00 AM	9:15 AM	Room 4
LANGUAGE				
Beginning German 9/28 - 12/28		10:30 AM	12:00 PM	Room 4

Activity	Weekdays	Start Time	End Time	Location
Dutch Speaking Club	Friday	10:00 AM	11:30 AM	Lobby
German: Conversational	Tuesday	1:15 PM	3:15 PM	Room 1
Italian	Tuesday	11:00 AM	12:30 PM	Room 2
Spanish Workshop	Tuesday	9:00 AM	10:50 AM	Room 2
Spanish, Advanced Conversational	Tuesday	1:00 PM	3:00 PM	Room 5
MUSIC				
ABQ Accordion Club	Thursday - 2nd, 4th	7:00 PM	8:45 PM	Room 3
Beartones	Thursday	10:00 AM	12:00 PM	Room 5
Guitar Workshop	Monday	1:00 PM	4:00 PM	Room 5
Guitar, Advanced Performance	Wednesday	10:00 AM	12:30 PM	Room 5
Guitar, Beginning	Wednesday	8:00 AM	9:30 AM	Room 1
Guitar, Beginning	Wednesday	10:00 AM	11:30 AM	Room 1
Guitar, Classical Beginning	Thursday	12:15 PM	2:00 PM	Room 1
Guitar, Classical Beginning	Thursday	10:00 AM	12:00 PM	Room 1
Guitar, Classical Intermediate	Thursday	2:00 PM	4:00 PM	Room 1
Guitar, Intermediate/Adv	Thursday	1:00 PM	3:00 PM	Room 5
Piano Open Workshop	Friday	9:00 AM	10:30 AM	Room 2
Piano: Intermediate	Friday	10:45 AM	12:00 PM	Room 2
Swing "Jam" music group	Friday	1:00 PM	3:00 PM	Room 1
SOCIAL				
Dessert Social (TBA)	Friday - 3rd	2:00 PM	4:00 PM	Social
Friendship Coffee	Tuesday	9:30 AM	10:30 AM	Social Hall
Lunch Bunch	Thursday - 3rd	10:45 AM	2:00 PM	Offsite
Monthly Birthday Party (TBA)	Thursday - 2nd	11:30 AM	12:30 PM	Social Hall
Movie Matinee (TBA)	Friday - 2nd	1:30 PM	3:30 PM	Room 5
New Member Orientation	Friday - 2nd	10:30 AM	11:30 AM	Room 1
Special Luncheon - (TBA)	Friday - 4th	11:30 AM	1:00 PM	Social Hall
SUPPORT GROUPS				
Alzheimer Caregiver Support Group	Friday - 3rd	10:15 AM	11:45 AM	Room 1
Grief Support Group	Monday	3:00 PM	4:30 PM	Room 2
Prostate Cancer Support Group	Saturday - 1st, 3rd	12:30 PM	2:45 PM	Room 5
TRAINING				
AARP Driver Safety Class (begins 10/2)	Saturday - 1st	9:30 AM	1:30 PM	Room 5
AARP Driver Safety Class (begins 9/16)	Thursday - 3rd	12:00 PM	4:00 PM	Room 5
WRITING / LITERATURE / DISCUSSION				
Classic & Great Books Discussion	Friday - 2nd, 4th	1:00 PM	3:00 PM	Room 2
Inquiring Minds Discussion Group	Monday	10:00 AM	11:00 AM	Room 2
Memories - Autobiography	Tuesday	9:00 AM	11:15 AM	Room 1