



Let's Do Lunch!

August 2016

Monday	Tuesday	Wednesday	Thursday	Friday
1 Green Chile Con Carne Corn w/ Red Peppers Flour Tortilla w/ Margarine Warm Chocolate Cake w/ Powdered Sugar 1% Milk	2 Vegetarian Lasagna Italian Vegetables Bread Stick Apple 1% Milk	3 Cold Turkey Avocado & Tomato Wrap Cold Pasta Salad Celery & Carrot Sticks Apricots 1% Milk	4 Catfish w/ Tartar Sauce Peas & Onions Squash Wheat Roll w\ Margarine Orange 1% Milk	5 Mushroom Swiss Burger Diced Potatoes Crinkle Cut Carrots Oatmeal Cookie 1% Milk
8 BBQ Chicken Sandwich Rice Pilaf Spinach Pear 1% Milk	9 Spaghetti w/ Meat Sauce Asparagus Garlic Bread Stick w/ Margarine Warm Cinnamon Apples 1% Milk	10 Chef Salad w/ Ham Cold Orzo w/ Marinated Vegetables Crescent Roll w/ Margarine Honey Dew 1% Milk	11 Steak Fingers w/ Ranch Ranch Beans Broccoli Dinner Roll w/ Margarine Mandarin Oranges 1% Milk	12 Denver Omelet Hash Browns Stewed Tomatoes Wheat Bread w/ Margarine Sliced Peaches 1% Milk
15 Salisbury Steak w/ Gravy Mashed Potatoes w/ Gravy 5 Way (Green Beans, Carrots, Corn, Peas, Lima Beans) Whole Wheat Roll w/ Margarine Fruit Cocktail 1% Milk	16 Ham & Swiss Sandwich Corn Chips Marinated Cucumber & Red Onion Salad Strawberry Mousse 1% Milk	17 Green Chile Chicken Enchiladas Spanish Rice Calabacitas Tortilla w/ Margarine Tapioca Pudding 1% Milk	18 Baked Ziti w/ Sausage Italian Vegetables (Green Beans, Yellow Squash, Carrots) Garlic Bread Warm Apricot Slices 1% Milk	19 Turkey Corn Dog w/ Mustard Steak Fries w/ Ketchup Baby Carrots Orange 1% Milk
22 Carne Adovada Rice Spinach Tortilla w/ Margarine Rice Pudding 1% Milk	23 Beef Tips over Noodles Brussels Sprouts Cornbread w/ Margarine Jell-O with Fruit 1% Milk	24 Pollock w/ Tartar Sauce Sautéed Potatoes & Onions Beets Whole Wheat Roll w/ Margarine Grapes 1% Milk	25 Chicken Stir Fry Brown Rice Dinner Roll w/ Margarine Warm Pineapples 1% Milk	26 Open Faced Turkey Sandwich Rosemary Red Potatoes Green Beans w/ Mushrooms Sliced Bread w/ Margarine Banana 1% Milk
29 Bratwurst w/ Sauerkraut in Bun Ranch Beans Baby Carrots Orange 1% Milk	30 Shredded Chicken Tacos Spanish Rice Cauliflower w/ Red Peppers Chocolate Chip Cookie 1% Milk	31 Egg Salad Sandwich Pasta Salad w/ Tomatoes Caesar Salad w/ Low Fat Dressing Melon 1% Milk	1 Meatloaf Scalloped Potatoes Mixed Vegetables (Corn, Carrots, Green Beans & Peas) Dinner Roll w/ Margarine Yogurt 1% Milk	2 Loaded Baked Potato Oriental Vegetables (Green Beans, Mushrooms, Red Peppers) Biscuit with Margarine Apple Crisp 1% Milk

We reserve the right to alter the menu to meet food availability.

Diabetic clients should not be given sugar and bread; only upon request.