

## **April 2024**

As part of the New Mexico Grown state initiative, every Thursday, the Department of Senior Affairs will feature a vegetarian meal that incorporates locally sourced fruits, vegetables, beans, or chile into the menu.



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<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<ul> <li>Salisbury steak w/gravy</li> <li>Roasted redskin potatoes</li> <li>Malibu blend vegetables</li> <li>Fruit mix</li> <li>1% milk</li> <li>Sloppy joe</li> <li>Ranch beans</li> <li>Mixed vegetables</li> <li>Yogurt</li> <li>1% milk</li> </ul>	Rotisserie chicken  Brown rice  Beets  Dinner roll w/ margarine  Banana 1% milk	Turkey chef salad Orzo pasta w/red peppers Croissant Tapioca pudding 1% milk  Turkey fajitas w/tortilla Spanish rice Mexi-corn Chocolate pudding 1% milk	◆ Bean & cheese burrito topped w/red chile and cheese	• Garlic tilapia • Pasta w/diced tomatoes • Green beans • Grapes • 1% milk  12 • Breaded cod w/tartar sauce • Orzo pasta w/ black olives • Green beans • Chocolate cake
• Carne adovada • Tortilla • Spinach • Pinto beans • Tapioca pudding • 1% milk	<ul> <li>1% milk</li> <li>16</li> <li>Baked chicken</li> <li>Mashed potatoes</li> <li>Collard greens</li> <li>Dinner roll w/margarine</li> <li>Banana</li> <li>1% milk</li> </ul>	• Beef patty w/ mushroom and Swiss • Mixed vegetables • Cauliflower • Orange • 1% milk	18  • Denver omelet • Stewed tomato • Diced potatoes • Pear • 1% milk	<ul> <li>◆ 1% milk</li> <li>★ Spaghetti w/meat sauce</li> <li>◆ Imperial blend vegetables</li> <li>◆ Garlic breadstick</li> <li>◆ Green apple</li> <li>◆ 1% milk</li> </ul>
<ul> <li>Frito pie</li> <li>Imperial blend vegetables</li> <li>Corn chips</li> <li>Orange</li> <li>1% milk</li> </ul>	Diced potatoes  White cake  1% milk  Dicad potatoes  → White cake	Pork loin  ◆ Black eyed peas  ◆ Brown rice w/red peppers  ◆ Cookie  ◆ 1% milk	<ul> <li>Baked ziti w/ mozzarella cheese</li> <li>Mixed vegetables</li> <li>Garlic breadstick</li> <li>Apple sauce</li> <li>1% milk</li> </ul>	<ul> <li>Deef tips w/noodles</li> <li>Malibu blend vegetables</li> <li>Peach crumble</li> <li>Dinner roll w/margarine</li> <li>1% milk</li> </ul>
• Chicken tender w/ BBQ sauce • Green beans • Sweet potatoes • Diced peaches • 1% milk	<ul> <li>Salmon w/garlic butter</li> <li>Fajita blend vegetables</li> <li>Brown rice</li> <li>Vanilla pudding</li> <li>1% milk</li> </ul>	<ul> <li>Beef stir fry</li> <li>Steamed carrots</li> <li>Orzo</li> <li>Banana</li> <li>1% milk</li> </ul>	Southwest omelet w/red chile  Diced potatoes  Stewed tomatoes  Cantaloupe  1% milk	<ul> <li>Turkey pot pie</li> <li>Diced beets</li> <li>Baked cinnamon apples</li> <li>1% milk</li> </ul>