



Let's Do Lunch!

SEPTEMBER 2014

Monday	Tuesday	Wednesday	Thursday	Friday
1 LABOR DAY HOLIDAY NO MEAL SERVICE	2 Cheese Burger w/Green Chile Ranch Beans Baby Carrots Mandarin Oranges 1% Milk	3 Cold Turkey Sandwich Tossed Salad w/ Dressing Cold Orzo Pasta w/Vegetables Ice Cream Cup 1% Milk	4 Boneless Chicken Wings Tater Tots Green Beans Whole Wheat Roll Pear 1% Milk	5 Cheese Ravioli w/Meat Sauce Italian Vegetables Crackers Hot Apricots 1% Milk
8 Corn Dog French Fries Brussel Sprouts Apple 1% Milk	9 Beef Stroganoff Beets Dinner Roll Cherry Cobbler 1% Milk	10 Carne Adovada Pinto Beans Squash Tortilla Rice Pudding 1% Milk	11 Chicken Stew w/Rice and Vegetables Lima Beans Crackers Warm Peaches 1% Milk	12 Denver Omelet Diced Potatoes Stewed Tomatoes Wheat Bread Pineapple Chunks 1% Milk
15 Shrimp Alfredo Broccoli Garlic Breadsticks Fruit Cocktail 1% Milk	16 Chicken Philly Sandwich Sweet Potatoes Green Beans Yogurt 1% Milk	17 BBQ Pork Chop Dirty Rice Scandinavian Blend Vegetables Whole Wheat Bread Sugar Cookie 1% Milk	18 Beef Fajitas Refried Beans Mixed Vegetable Banana 1% Milk	19 CLOSED NO MEAL SERVICE
22 Salisbury Steak w/Gravy Mashed Potatoes Glazed Carrots Whole Wheat Roll Cantaloupe 1% Milk	23 Chicken Teriyaki Steamed Rice Oriental Blend Vegetables Dinner Roll Mandarin Oranges 1% Milk	24 Red Chili Beef Enchiladas Corn w/Red Pepper Calabacitas Crackers Chocolate Chip Cookie 1% Milk	25 Pulled Pork Sandwich Ranch Beans Spinach Grapes 1% Milk	26 Salmon w/Garlic Butter Buttered Noodles California Blend Vegetables Crescent Roll Jell-O w/Fruit 1% Milk
29 Polish Sausage Potatoes & Onions Sauerkraut Wheat Bread Chocolate Pudding 1% Milk	30 Frito Pie Winter Blend Vegetables Crackers Orange 1% Milk			

We reserve the right to alter the menu to meet food availability.

Diabetic clients should not be given sugar and bread only upon request.