



Let's Do Lunch!

November 2014

Monday	Tuesday	Wednesday	Thursday	Friday
3 Pork and Chicken Tamale w/Red Chile Refried Beans Stewed Tomatoes Rice Pudding 1% Milk	4 Fish Nuggets Scalloped Potatoes Baby Carrots Wheat Bread Mandarin Oranges 1% Milk	5 Chicken Alfredo Broccoli Dinner Roll Warm Chocolate Cake 1% Milk	6 Tortilla Soup Spanish Rice Cabbage Tortilla Cinnamon Peaches 1% Milk	7 Cheeseburger Ranch Beans Mixed Vegetables Banana 1% Milk
10 Denver Omelet Diced Potatoes Spinach Bread Pineapple Chunks 1% Milk	11 HOLIDAY NO MEAL SERVICE	12 Shrimp w/Noodles California Blend Vegetables Warm Biscuit Chocolate Chip Cookie 1% Milk	13 Meatloaf Mashed Potatoes w/Gravy Winter Blend Vegetables Whole Wheat Roll Cantaloupe 1% Milk	14 Bean Burrito w/Red Chile Sauce White Hominy Calabacitas w/Red Peppers Crackers Jell-O w/Fruit 1% Milk
17 Salisbury Steak w/Mushroom Gravy Au Gratin Potatoes Carrots Whole Wheat Roll Apricots 1% Milk	18 Sweet & Sour Pork Rice Oriental Vegetables Crescent Roll Fortune Cookie 1% Milk	19 Cheese Ravioli w/Meat Sauce Italian Vegetables Breadstick Warm Cinnamon Apples 1% Milk	20 Green Chile Chicken Enchiladas Pinto Beans Yellow Squash Crackers Pear 1% Milk	21 Polish Sausage w/Sauerkraut on a Bun Diced Potatoes & Onions Cauliflower Chocolate Pudding 1% Milk
24 Chicken Nuggets w/BBQ Sauce Rice Pilaf Peas and Onions Wheat Roll Applesauce 1% Milk	25 Pasta Pizza w/Pepperoni Mixed Vegetables Tossed Salad w/Dressing Warm Breadstick Orange 1% Milk	26 Turkey w/Cranberry Sauce Mashed Potatoes w/Gravy Green Bean Casserole Dinner Roll Pumpkin Cheesecake 1% Milk	27 HOLIDAY NO MEAL SERVICE	28 HOLIDAY NO MEAL SERVICE

We reserve the right to alter the menu to meet food availability.

Diabetic clients should not be given sugar and bread only upon request.