



Let's Do Lunch!

January 2015

| Monday | Tuesday | Wednesday | Thursday | Friday |
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| | | | 1 Holiday No Meal Service | 2 Chicken Nuggets w/BBQ Sauce Mashed Potatoes w/Gravy Wheat Roll Warm Applesauce 1% Milk |
| 5 Cheese Tortellini w/Marinara Sauce Brussels Sprouts Bread Stick Warm Pears 1% Milk | 6 Chicken Tacos Pinto Beans Mexican Corn Apple 1% Milk | 7 Roast Beef w/Gravy Mashed Potatoes Cauliflower w/Cheese Sauce Dinner Roll Ice Cream Cup 1% Milk | 8 Pork Chop w/Green Chile Sauce White Rice Broccoli Wheat Roll Mandarin Oranges 1% Milk | 9 Smoked Salmon w/Lemon Butter Sauce Alfredo Pasta Carrot Coins Biscuit Banana 1% Milk |
| 12 Chicken Tenders Scalloped Potatoes California Blend Veggies Wheat Roll Grapes 1% Milk | 13 Shepherd Pie Spinach Biscuit Chocolate Cake 1% Milk | 14 Denver Omelet Sautéed Potatoes Stewed Tomatoes Wheat Bread Oatmeal Cookie 1% Milk | 15 Beef Tips Over Rice Baby Carrots Crescent Roll Jell-O w/Fruit 1% Milk | 16 Green Chile Chicken Stew Pinto Beans Crackers Warm Cinnamon Apricots 1% Milk |
| 19 Holiday No Meal Service | 20 Carne Adovada Papitas (potatoes) Calabacitas Tortilla Banana Pudding w/Wafers 1% Milk | 21 Chicken Stir Fry Rice Steamed Green Beans Fortune Cookie 1% Milk | 22 Sausage Gumbo Lima Beans Dinner Roll Warm Peaches 1% Milk | 23 Chili Dog Steak Fries Broccoli Orange 1% Milk |
| 26 Tortilla Soup w/Chicken Okra Tortilla Warm Cinnamon Apples 1% Milk | 27 Spaghetti w/Meatballs Winter Blend Vegetable Bread Stick Jell-O Cake 1% Milk | 28 Fish Nuggets w/Tartar Scalloped Potatoes Carrot Coins Wheat Roll Cupped Peaches 1% Milk | 29 Salisbury Steak w/Gravy Brown Rice Spinach Wheat Roll Pineapple 1% Milk | 30 Ham w/Pineapple Glaze Sweet Potatoes Green Beans w/Mushrooms Biscuit Yogurt 1% Milk |

We reserve the right to alter the menu to meet food availability.

Diabetic clients should not be given sugar and bread only upon request.