



Albuquerque/Bernalillo County Department of Senior Affairs

FOR IMMEDIATE RELEASE

CONTACT: Anthony R. Romero (505) 977-4565

**Thursday, September 4, 2014 ❖ 8:00 a.m – 1:00 p.m.
(Bowling begins at 9:15 a.m.; Awards Presentation at 12:30 p.m.)**

The First Annual Department of Senior Affairs Bowling Tournament

ALBUQUERQUE—Mayor Richard J. Berry and Department of Senior Affairs Director Jorja Armijo-Brasher are happy to announce the 1st Annual Department of Senior Affairs Bowling Tournament. The tournament is being sponsored by United Healthcare of New Mexico, Lucky 66 Bowl, and the City of Albuquerque's Department of Senior Affairs. The tournament will be held at the Lucky 66 Bowl, located at 6132 4th St., NW 87107. Registration for tournament participants begins at 8:00 a.m. and bowling will start at approximately 9:15 a.m.

There will be 152 seniors participating in this tournament; 38 teams of four will compete in this fun sport. Members who will participate are at least 50 years old and will be participating in all female, all male, or mixed teams. "I wish each of the seniors who participate in today's tournament the best of luck. Above all, it is my hope that they enjoy themselves today," said Jorja Armijo-Brasher.

Bowling is a type of physical exercise that helps to burn calories and work muscle groups that are not usually exercised. In addition to the physical benefits of the sport, bowling allows you to get together with friends to relax and socialize. The Department of Senior Affairs is committed to keeping seniors healthy and active.

The City of Albuquerque's Department of Senior Affairs provides a wide array of services for citizens in the community. Senior Centers serve individuals who are 50 years old and older. For more information regarding the City of Albuquerque's Department of Senior Affairs, contact the Information & Assistance Hotline at (505) 764-6400, Monday – Friday, between 8:00 a.m. and 5:00 p.m.

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Anthony R. Romero, Associate Director

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