



# 2021 COMMUNITY IMPACT REPORT



## ONE ALBUQUE RQUE

DEPARTMENT OF SENIOR AFFAIRS  
ANNA M. SANCHEZ, DIRECTOR

The Department of Senior Affairs (DSA) rounded out another year navigating the evolving needs of our community's older adult population and the COVID-19 pandemic. All services returned to normal operations as of July 6, 2021, while maintaining the priority of keeping our community members safe.

DSA offers a continuum of services designed to support our community as they age. Through our mission to provide resources with care and compassion that help our community thrive while embracing aging, the Department focuses on ways to **help seniors live with dignity in supportive environments, live healthy lives, and engage and contribute to the community.**

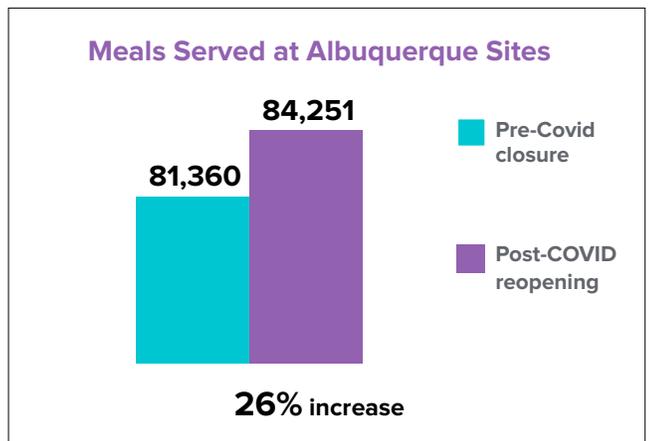
The below are highlighted areas of our mission from 2021.

## Living with Dignity and Independence



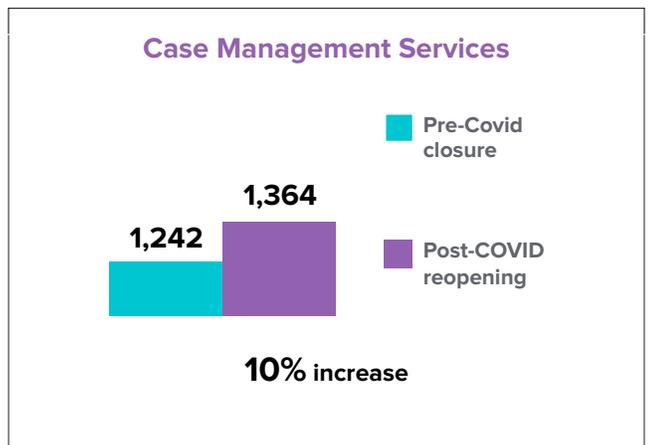
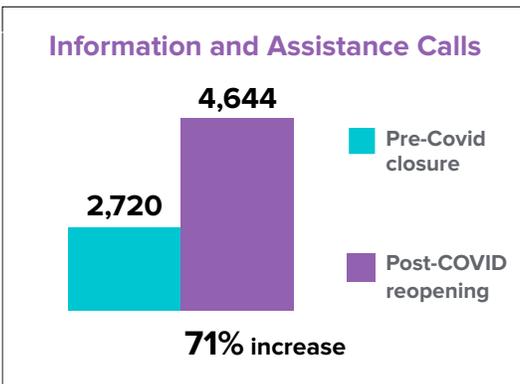
### The Home Delivered Meal Program

The Home Delivered Meal program has increased by 50% compared to pre-covid numbers, with more than 81,918 meals being delivered as well as 20% more seniors now receiving meals daily at 744 clients.



### Transportation Expansion

In August 2021, DSA expanded the transportation range, five-miles to and from all City Senior and Multigenerational Centers and Bernalillo County senior meal sites to make it easier for isolated seniors to engage with others and receive meal service.





## DSA Launches Technology Effort

With seniors being isolated more than others during the pandemic due to a lack of understanding of technology, DSA partnered with Teeniors and Adelante to increase technology access. From zoom presentations, in-person class offerings and one-on-one supports, DSA worked to increase opportunities for seniors to learn a variety of technology tools to help increase their quality of life and maintain independence.

## Protecting the Public

DSA partnered with local pharmacies and health care providers throughout the year to offer flexible, drive thru and in-person free services including 2,700 COVID-19 vaccinations, boosters and flu shots for all eligible ages.

## Fitness and Wellness Expansion

In July 2021, the expansion of the Palo Duro 50+ Fitness Center was opened to the public, providing 2,000 more square feet of fitness space. The new area will allow for a multi-purpose use promoting health and wellness, including the incorporation of TRX suspension weight training equipment.

## Programming at Centers

Each month, DSA centers provide more than 1,200 various programs and activities for older adults. DSA continues to evaluate and evolve its offerings depending on the growing generational interests and needs of our older adults.

## Leading Active, Healthy Lives



Expressive Arts	Self-Care & Health Awareness	Physical Fitness	Communication & Language	Technology & Financial Literacy Assistance	Social Interconnectivity
428 Programs	47 Programs	346 Programs	62 Programs	54 Programs	314 Programs
34.2% of Total Programming; 21% of seniors rated as important	3.8% of Total Programming; 21% of seniors rated as important	27.7% of Total Programming; 13% of seniors rated as important	5% of Total Programming; 9% of seniors rated as important	4.3% of Total Programming; 6% of seniors rated as important	25.1% of Total Programming; 34% of seniors rated as important

## Engage and Contribute to Community

### Holiday Drive for Seniors

During the Annual Senior Holiday drive, community volunteers partnered with AmeriCorps Seniors to package 2,500 donations that were then distributed to homebound seniors by the DSA Case Management team.

### Training Senior Volunteers

More than 300 AmeriCorps Seniors volunteers were trained to use technology in order to continue service virtually during the pandemic, assisting multiple service locations throughout the city.

## Age-Friendly Designation

In 2021, the City of Albuquerque was designated as an Age-Friendly City codifying DSA's ongoing commitment, with internal and external partners, to making our city accessible, equitable, inclusive, safe, secure, and supportive enabling residents to have an improved quality of life as they continue to age. In year one of the designation, DSA continued to work collaboratively with other City departments such as Planning, to ensure people of all ages and abilities live well and stay connected to their communities.