Kwirinda ibyaha rusange

Kugira umutekano ntibisaba guhindura uburyo ubaho, kamere cyangwa ibyo ukunda gukora. Guteganyiriza igihe kiri imbere bishobora kugufasha kugira umutekano mu rugo, ku kazi kandi utaretse ibikorwa bigushimisha.

Mu rugo

- Fata imfunguzo mu ntoki igihe wegereye inzu utuyemo.
- Ba ugumye hanze niba ugize amakenga – umuryango urangaye, idirishya ryamenetse n'ibindi.
- Hora ukinze imiryango n'amadirishya; tekereza ku gukinga serire z'inyongera igihe usize idirishya ridakinze hose ushaka ko umwuka winjira.
- Sigira urufunguzo umuturanyi wizeye cyangwa umuntu wo mu muryango. Ntuzigere uhisha urufunguzo hanze mu ivaze y'indabo, munsi ya tapi yo ku muryango cyangwa munsi y'ibuye.
- Kata ibyatsi/ibiti kugira ngo habone.
- Koresha amatara yo hanze – cana amatara yo hanze ijoro ryose. Tekereza ku matara yiyatsa yikanze igihise ahakikije urugo.

Mu mukino

- Menyesha umuntu inzira yawe/ gahunda yawe mbere yo kugenda.
- Hinduranya inzira n'ingengabihe kugira ngo hatagira ubitahura.
- Itwaze ibyangombwa bikwiye.
- Menya kandi witondere ibigukikije.
- Itwaze ibikoresho bya ngombwa mu rwego rwo kwiteganyiriza.
- Irinde ibikorwa byo hanze yo mu rugo igihe bumaze kwira.
- Koresha imyambaro yo kwirinda.
- Menya imbibi utarenga.
- Kina neza n'abandi – tumira inshuti zawe!
- Umutekano wugire akamenyero.
- Umuntu ntiyabasha ibintu byose, ariko buri muntu hari icyo abashije.

Ku kazi

- Gira uruhare mu kunoza umutekano wo ku kazi; tanga amakuru ku bikeneye gusanwa cyangwa ku mpungenge ugize ku mutekano.
- Gendana n'abo mukorana igihe ujya/uva muri parikingi.
- Gira ibanga; ntukamamaze mu bakiriya gahunda z'ibiruhuko cyangwa ibikorwa uhuriyeho n'abandi.
- Hita umenyesha abashinzwe umutekano n'/cyangwa ubuyobozi imyitwarire cyangwa igikorwa biguteye amakenga.
- Herekeza abashyitsi ubageze ahantu hari umutekano.
- Gira uwo ubwira aho uraba uri n'igihe uteganya kugarukira.
- Umvira umutimanama wawe

Kuhagera

- Irinde kugenda wenyine, niba bishoboka. Gendana intego kandi wiyizeye; irinde ibikurangaza – telefoni ngendanwa, mikoro z'amatwi.
- Hitamo inzira zirimo abantu benshi, zibona.
- Genda werekeza aho ibinyabiziga bituruka.
- Kora ku buryo imodoka yawe ihora imeze neza.
- Fata kontaki mu ntoki igihe wenda kwegera imodoka yawe.
- Twara ikinyabiziga cyawe inzugi zifunze n'amadirishya azamuye.
- Shaka ahantu habona neza kandi hakunda gukoreshwa nk'arete za bisi.
- Genzura mbere gahunda za bisi.
- Icara hafi ya shoferi igihe uri muri bisi.
- Emeza ko ari umushoferi w'imodoka, mbere yo kwinjira mu modoka.
- Genzura amanota yahawe umushoferi w'imodoka
- Ujye wicara ku ntebe y'inyuma.
- Hamagara kandi utegerereze imbere imodoka wahamagaye ufatanya n'abandi bagenzi.

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