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May 1st is National Computer Password Day – how strong is your password?

Do you use “12345678” or “password” or your birthday as passwords? These are commonly used passwords and are weak ones!

To add to your internet safety, use strong passwords with multiple characters, numbers and special characters.

Change your passwords often. Changing passwords every 90 days is a good habit.

Don't use one password for everything.

Don't share your password with others.

Consider a password manager program for security and convenience. These services generate strong passwords, issue security alerts and can help you manage your passwords. There are several out there – do some research and consider this service if you feel password management is too complicated.

*Stay safe! Jill Garcia, Crime Prevention Specialist / ICPS NCPS
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