2-32  EXPOSURE TO BLOOD OR BODILY FLUIDS

Related SOP(s), Form(s), Other Resource(s), and Rescinded Special Order(s):

A. Related SOP(s)
   None

B. Form(s)
   PD 4706 Albuquerque Police Department Infectious Disease Exposure Consent Form

C. Other Resource(s)
   29 C.F.R. § 1910.1030 (h)(5)(i) Sharps Injury Log
   NMSA 1978, § 24-2B-5.3 Informed Consent Not Required; Testing of Persons Who Are Source Individuals

D. Rescinded Special Order(s)
   None

2-32-1  Purpose
The purpose of this policy is to protect Albuquerque Police Department (Department) personnel by ensuring that they receive treatment when exposed to blood or bodily fluids.

2-32-2  Policy
It is the policy of the Department to provide Department personnel with preventative information about blood or bodily fluids and how to process exposures to blood or bodily fluids.

2-32-3  Definitions

A. Bloodborne Pathogen

   Microorganisms that can be transmitted from one person to another through blood or bodily fluids, excluding spittle, urine, and fecal matter unless blood is present.

B. Exposure

   1. The act of exposing someone or something to including, but not limited to:

   a. Human bites;
   b. Needle sticks;
   c. Injuries from contaminated broken glass;
d. Blood or bodily fluids contacting the skin with unhealed cuts/injuries;
e. Blood or bodily fluid splashes in the eyes, nose, or mouth;
f. Incurring injuries while subduing a bleeding subject; and
g. Rescue or first responder procedures that are given to accident or injured victims.

C. Source Person

Any person who transfers blood or bodily fluid(s) by any means to Department personnel.

D. Universal Precautions

The practice in medicine of avoiding contact with patients’ bodily fluids by means of the wearing of non-porous articles, such as medical gloves, goggles, and face shields.

2-32-4 Procedures

A. Contact with Communicable Diseases

1. It is possible that in the course of their duty, Department personnel will come into physical contact with individuals infected with communicable diseases.

2. Department personnel are always encouraged to use personal protective equipment (PPE) when contacting all individuals and shall follow universal precautions including:

   a. Wearing surgical gloves if there is a possibility of direct contact with a person or contamination from bodily fluid(s), especially blood;
   b. Washing their hands as soon after contact as possible or cleaning and disinfecting contaminated skin with hand sanitizer;
   c. If clothing is contaminated, cleaning it with hot water and dry on high heat (130 degrees).
      i. Department personnel shall clean equipment with an anti-bacterial cleaner or a 1:10 chlorine/bleach/water solution.

3. Exposure to Blood or Bodily Fluid(s)

   a. If blood or bodily fluid(s) from a source person have penetrated the skin or mucus membranes, such as the eyes, nose, or mouth of Department personnel, the employee shall notify their immediate supervisor immediately.
   b. The supervisor or the employee shall call MedCor (1-800-775-5866) and the Safety Officer (505-850-4511). Both are available twenty-four (24) hours a day, seven (7) days per week.
   c. The MedCor nurse will determine the employee’s exposure risk and advise them of medical treatment.
d. The supervisor of the employee or the employee who was exposed to blood or bodily fluid(s) from a source person who has been admitted into a medical facility or is incarcerated at the Metropolitan Detention Center (MDC) or any other detention facility shall notify the Safety Officer with the status and location of the source person.
   i. If the source person is not incarcerated at MDC or another detention facility, the employee’s supervisor or the employee who was exposed to blood or bodily fluid(s) shall notify the Safety Officer of the source person’s location and physical status.

e. The Safety Officer shall:
   i. Collect information about the source person from whom a blood sample shall be drawn;
   ii. Contact the source person to have them sign the Infectious Disease Exposure Consent Form; and
      1. If the source person refuses to consent, the Safety Officer shall contact the Office of the City Attorney to arrange for a court order, consistent with NMSA 1978, § 24-2B-5.3.
   iii. If necessary, arrange for the source person to be transported to a local blood draw facility.

f. Department personnel shall:
   i. Follow the directives given by the MedCor nurse and Safety Officer;
   ii. Follow up with the City of Albuquerque’s Employee Health Center; and
   iii. Provide to their immediate supervisor any medical documentation that authorizes them to return to work on the first business day following the exposure.

B. Records Management

The Safety Officer shall maintain a log of bloodborne pathogen exposures to Department personnel, consistent with OSHA regulations (29 C.F.R. § 1910.1030 (h)(5)(i)).
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Related SOP(s), Form(s), Other Resource(s), and Rescinded Special Order(s):

A. Related SOP(s)
   None

B. Form(s)
   PD 4706 Albuquerque Police Department Infectious Disease Exposure Consent Form

C. Other Resource(s)
   29 C.F.R. § 1910.1030 (h)(5)(i) Sharps Injury Log
   NMSA 1978, § 24-2B-5.3 Informed Consent Not Required; Testing of Persons Who Are Source Individuals

D. Rescinded Special Order(s)
   None

2-32-1  Purpose

The purpose of this policy is to facilitate protection and ensure that Albuquerque Police Department personnel receive treatment when exposed to blood or bodily fluids.

2-32-2  Policy

It is the policy of the Department to provide Department personnel with preventative information about blood or bodily fluids and how to process exposures to blood or bodily fluids.

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A. Bloodborne Pathogens

Microorganisms that can be transmitted from one person to another through blood or bodily fluids. This does not include spittle, urine, and fecal matter unless blood is present.

B. Exposures

1. The act of exposing someone or something to including, but not limited to:
   a. Human bites;
b. Needle sticks;

c. Injuries from contaminated broken glass;

d. Blood or bodily fluids contacting the skin with unhealed cuts/injuries;

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f. Incuring injuries while subduing a bleeding subject; and

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C. Source Person

Any person who transfers blood or bodily fluid(s) by any means to Department personnel.

D. Universal Precautions

The practice in medicine of avoiding contact with patients’ bodily fluids by means of the wearing of non-porous articles, such as medical gloves, goggles, and face shields.

2-32-4 Procedures

A. Contact with Communicable Diseases

1. It is possible that in the course of their duty, Department personnel will come into physical contact with individuals infected with communicable diseases.

2. Department personnel are always encouraged to use personal protective equipment (PPE) when contacting all individuals and shall follow universal precautions including:

   a. Wearing surgical gloves if there is a possibility of direct contact with a person or contamination from bodily fluid(s), especially blood; and
   
   b. Washing their hands as soon after contact as possible, or cleaning and disinfecting contaminated skin with hand sanitizer;

   i. If clothing is contaminated, Department personnel shall clean clothing with hot water and dry on high heat (130 degrees); and

   ii. Department personnel shall clean equipment with an anti-bacterial cleaner or a 1:10 chlorine/bleach/water solution.

3. Exposure to Blood or Bodily Fluid(s)

   a. If blood or bodily fluid(s) from a source person have penetrated the skin or mucus membranes, such as the eyes, nose, or mouth of Department personnel, the employee shall notify their immediate supervisor immediately.
b. The supervisor or the employee shall call MedCor (1-800-775-5866) and the Safety Officer (505-850-4511). Both are available twenty-four (24) hours a day, seven (7) days per week.

c. The MedCor nurse will determine the employee’s exposure risk and advise them of medical treatment.

d. The supervisor of the employee or the employee who was exposed to blood or bodily fluid(s) from a source person who has been admitted into a medical facility or is incarcerated at the Metropolitan Detention Center (MDC) or any other detention facility shall notify the Safety Officer with the status and location of the source person.

   a. When the source person is incarcerated at the Metropolitan Detention Center (MDC) or other detention facilities.

   iii. If the source person is not incarcerated at MDC or another detention facility, the exposed employee’s supervisor or the employee who was exposed to blood or bodily fluid(s) shall notify the Safety Officer of the source person’s location and physical status, and shall provide a phone number for the source person.

b. The Safety Officer shall:

   i. Collect information about the source person from whom a blood sample shall be drawn; and
   ii. Contact the source person to have them sign the Infectious Disease Exposure Consent Form; and
      1. If the source person refuses to consent, the Safety Officer shall contact the Office of the City Attorney to arrange for a court order, consistent with NMSA 1978, § 24-2B-5.3.

   i. If necessary, arrange for a transport of the source person to be transported to a local blood draw facility.

   b. If blood or bodily fluid(s) from a source person have penetrated the skin or mucus membranes, such as the eyes, nose, or mouth of Department personnel, shall notify a supervisor shall be notified immediately.

   iii. The supervisor shall call MedCor (1-800-775-5866) and the Safety Officer (505-850-4511). Both are available twenty-four (24) hours a day, seven (7) days per week.

   iv. The MedCor nurse will determine the employee’s exposure risk and advise them of medical treatment.

c. Department personnel shall:

   i. Follow the directives given by the MedCor nurse and Safety Officer; and
   ii. Follow up with the City of Albuquerque’s Employee Health Center; and
   iii. Provide to their immediate supervisor any medical documentation related that authorizes them to return to work their treatment they received on the first business day following the exposure.

B. Records Management
The Safety Officer shall maintain a log of bloodborne pathogen exposures to Department personnel, consistent with OSHA regulations (29 C.F.R. § 1910.1030 (h)(5)(i)).