2-32 EXPOSURE TO BLOOD OR BODY FLUIDS

2-32-1 Purpose

The purpose of this policy is to facilitate proper protection and ensure that Department personnel receive the proper treatment when exposed to any body fluids.

2-32-2 Policy

It is the policy of the Department to provide Department personnel with preventative information about blood or body fluids and how to process exposures to blood or bodily fluids. It is the policy of the Department to ensure personnel receive the appropriate treatment when exposed to any body fluids to facilitate proper protection and follow-up care.

2-32-3 Definitions

A. Source Person

Any person that transfers body fluids by any means to Department personnel.

B. Bloodborne Pathogens

Microorganisms that can be transmitted from one person to another through blood and body fluids. This does not include spittle, urine, and fecal matter unless blood is present.

C. Biological Agents

A disease-causing microorganism or virus, or other toxic biological matter.

D. 2-32-3—Examples of Exposures

A. Exposures may include but are not limited to:

Examples of exposures which may occur on the job include: human bites, needle sticks, injuries from contaminated broken glass, blood or body fluids contacting skin with unhealed cuts/injuries, blood or body fluid splashes in the eyes, nose, or mouth, incurring injuries while subduing a bleeding subject, rescue or first responder procedures given to accident or injured victims.

2-32-4 Procedures
B. Exposed Person Will

1. Notify the supervisor on duty.

2. Contact Medcor nurse at 1-800-775-5866 available 24/7.
   a. The nurse will determine the employee's exposure risk.

3. Follow the directives given by the nurse and Safety Officer.

   Follow-up with Employee Occupational Health Services on the first business day following the exposure.

A. Contact with Communicable Diseases

1. It is possible that in the course of duty department personnel will come into physical contact with individuals infected with communicable diseases.

2. Personnel contacting individuals suspected of being infected with any communicable disease should follow universal precautions:
   a. Wear surgical gloves if there is a possibility of direct contact with a person or contamination from body fluids, especially blood.
   b. Wash hands as soon after contact as possible or clean and disinfect contaminated skin with hand sanitizer.
   c. Clean clothing with hot water and dry on high heat (130 degrees F).
      Clean equipment with anti-bacterial cleaner or a 1-10 chlorine/bleach/water solution.

3. If there is a possibility that body fluids from an infected individual have penetrated the skin or mucus membranes (eyes, nose, mouth) of an employee, a supervisor should be notified at once to call Medcor and the APD Safety Officer. The individual shall follow up with Employee Health, and bring any medical treatment paperwork related to treatment already received on the first business day following the exposure.
   a. The exposure should be documented in the report, if no report was required for the incident the Medcor report will be sufficient documentation.

B. Exposure to Biological Agents

1. Personnel exposed to a biological agent while on duty will:
   a. Immediately notify their supervisor;
   b. Advise communications to contact the Albuquerque Fire Rescue (AFR) Hazardous Materials Team.
C. Exposed Person Will

1. Notify the supervisor on duty.

2. Call Medcor nurse at 1-800-775-5866 and then Safety Officer both available 24/7.
   a. The nurse will determine the employee’s exposure risk and advise medical treatment.

3. Follow the directives given by the nurse and Safety Officer.

4. The individual shall follow up with Employee Health, and bring any medical treatment paperwork related to treatment already received on the first business day following the exposure.

C-D. Supervisors Will

1. Respond to the exposed employee’s location.

2. Contact the Safety Officer (505-850-4511) if blood is needed for testing from the source for all blood borne pathogen exposures. If the source is to be incarcerated at the Metropolitan Detention Center (MDC), the blood draw will be drawn by the medical staff on site. The Safety Officer or designee shall call for a Blood Technician for a blood borne pathogen exposure to make arrangements.

3. Coordinate with the Safety Officer regarding blood draw procedures, if the source is not going to be incarcerated, prior to releasing the individuals.

D. Exposure to Biological Agents[

1. Personnel exposed to a biological agent while on duty will:
   a. Immediately notify their supervisor;
   b. Advise communications to contact the Albuquerque Fire Rescue (AFR) Hazardous Materials Team.
   c. If the AFD Haz-Mat team is present, personnel will follow all decontamination procedures as determined by AFR personnel.
   d. The contaminated area will be secured.

3. E. Safety Officer Duties
1. The Safety Officer will collect information about the source person from whom a blood sample will be drawn. If the source person is to be incarcerated at the Metropolitan Detention Center (MDC), the Safety Officer will contact the medical staff and request blood to be drawn from the source person.

2. If the source person is not incarcerated at MDC, the Safety Officer will be informed of the location, physical status and a phone number of the source person. The Safety Officer will contact source person, get signed consent form (PD Form 4706) and transport if necessary to local blood draw facility.

3. If the source refuses to consent, the Safety Officer will contact City Legal to arrange for a court order.