

## Admission Prices for Recreation and Lap Swim

	Daily	West Mesa Sierra Vista	ESJ	Monthly	Yearly
5 & under	\$0.50	\$0.50	\$0.25	\$3.25	\$22.00
Kids	\$1.75	\$2.00	\$0.75	\$14.25	\$99.00
Adult	\$2.50	\$3.00	\$1.50	\$25.25	\$176.00
Teen	\$2.25	\$2.50	\$1.00	\$21.00	\$143.00
Senior	\$1.00	\$1.00	\$0.50	\$10.00	\$66.00
Family	N/A	N/A	N/A	\$49.50	\$275.00
Spectator	\$1.00	\$1.00	\$0.50	N/A	N/A
Water exercise	\$2.75	\$2.75	N/A	\$23.00	\$200.00
Disabled	\$1.00	\$1.00	\$0.50	\$10.00	\$66.00
Senior Therapy	\$2.75	N/A	N/A	N/A	N/A

Free Sundays Begin May 25 and run through mid-August 2018  
{Council Resolution 82-1991}

### Class Information

Parent Tot Ages 6 months – 3 years  
 Preschool Ages 3 – 5 years  
 Child Ages 6 years and older  
 Adult Ages 13 and up

### Fee Information

Swim Lessons: **\$35.00** per two-week session  
 Metro League: **\$38.50** for the first family member; \$27.50 for each additional family member  
 For more information about dates and times please check our website:  
<http://cabq.gov/aquatics/swimming-lessons>.

**Lifeguard Classes** - Ages 15 and older. American Red Cross Classes offered at Highland, Sandia, Valley and West Mesa. Upon completion students will receive Lifeguarding, First Aid, AED, and CPR certifications. The class fee is \$50.00 + pocket mask (\$15). Call your local pool for more information. Junior Lifeguarding fee is \$27.50.

**Water Exercise** – Water exercise classes available at all four indoor sites. This program consists of strength and cardiovascular conditioning. Resistance weights are available. The fee is \$2.75 per visit or purchase a **10 punch pass for \$23.00**. Classes run continuously, so join anytime.

**Low Impact Water Exercise** – Water Therapy classes offered at Sandia. This slower paced exercise program concentrates on increasing range of motion while building strength. The fee is \$2.75 per visit or purchase a **10 punch pass for \$23.00**. Classes run continuously, so join anytime.

Please note the following pool rules:

- \*Proper swimsuits with liners are required
- \*Children 10 and under need to come with someone 18 or over to gain admission to the pool
- \*Children 8 and under need someone 18 or older within arm's reach in the water at all times
- \*No refunds will be granted in the event of noncompliance with these rules

## District

Highland, Wilson & East San Jose  
 Ashlee Hicks - [ashicks@cabq.gov](mailto:ashicks@cabq.gov)

Los Altos, Wells Park, Sierra Vista & Cesar Chavez  
 Shawn Maden - [smaden@cabq.gov](mailto:smaden@cabq.gov)

Sandia, Eisenhower & Montgomery  
 Shay Armijo - [shayarmijo@cabq.gov](mailto:shayarmijo@cabq.gov)

Valley, Rio Grande & Sunport  
 Derrik Bentz - [dbentz@cabq.gov](mailto:dbentz@cabq.gov)

West Mesa Aquatic Center & Westgate  
 Alicia Parr – [aparr@cabq.gov](mailto:aparr@cabq.gov)

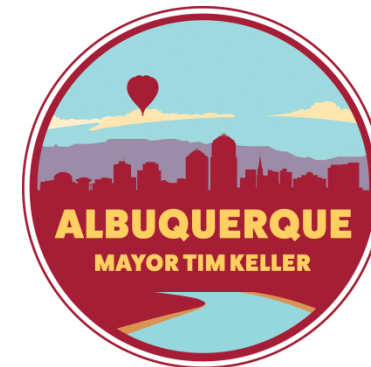
The City of Albuquerque does not discriminate on the basis of race, color, national origin, sex, ancestry, religion, age or disability in employment or provision of services.

Persons with special needs may call 768-5300 so special arrangements can be made.

TTY users call  
 NM Relay 1-800-659-8331.  
 The City of Albuquerque pools are  
 ADA accessible.

# Summer 2019

## Swimming Pool Schedule Parks and Recreation



**ONE  
ALBUQUE  
RQUE** parks & recreation

**Swimming is a year round activity**

<http://www.cabq.gov/aquatics>  
[play.cabq.gov](http://play.cabq.gov)

Timothy M. Keller, Mayor  
 David J. Simon, Director PRD  
 Josh Herbert, Aquatics Division Manager

<b>POOL NAME AND #</b>	<b>Lap Swim (M-F)</b>	<b>Open Swim (M-F)</b>	<b>Lap Swim (weekends)</b>	<b>Open Swim (weekends)</b>	<b>Swim Lessons</b>	<b>Water Exercise</b>	<b>Swim Team (Mon-Fri)</b>
<b>Cesar Chavez Spray Pad</b> (6/13-8/6) (256-2680)		10:00 – 5:00 PM		Saturdays 10:00 – 12:30 PM Closed on Sundays			
<b>Wells Park Spray Pad</b> (6/11-8/6) (848-1390)		10:00 – 5:00 PM		Saturdays 9:00 – 1:00 PM Closed on Sundays			
<b>Manzano Mesa Spray Pad</b> (275-8731) or (768-4901)		11:00 – 3:00 PM		Saturdays 10:00 – 2:00 PM Closed on Sundays			
<b>East San Jose</b> (848-1396)		12:00 – 4:00 PM		12:00 – 5:00 PM	Swim School Free Lessons Morning and Evening		
<b>Eisenhower</b> (291-6292)	4:00 – 5:00 PM 5:30 PM – 8:00 PM 1 Lane Available (upon request)	12:30-5:00 PM 5:30 PM – 8:00 PM	4:00 – 5:00 PM 1 Lane Available (upon request)	June 12:30 – 4:00 PM July 12:30-5:00 PM	Sessions 1 - 4 Morning Sessions 1 - 2 Evening Intercession July 1 - 5		Metro Aquatic Team June 3 7:30 – 10:00 AM
<b>Highland</b> (256-2096)	6:00 – 9:00 AM 11:00-12:30 PM 6:00 – 8:30 PM (6-7:30 there will limited lap lanes due to overlapping with lessons)	12:30 – 4:00 PM Diving boards open at 12:30	12:00 – 1:00 PM	1:00 – 5:00 PM	Sessions 1 - 4 Morning Sessions 1 - 4 Evening		
<b>Montgomery</b> (888-8123)	4:00 – 5:00 PM 5:30 PM – 8:00 PM 1 Lane Available (upon request)	12:30 – 5:00 PM 5:30 PM – 8:00 PM (Friday only) 7:00 PM – 8:00 PM (M, W, Th)		12:00 – 5:00 PM	Sessions 1 – 4 Morning Sessions 1 – 3 Evening	Water exercise 11:30-12:20 PM MWF Water therapy 11:30-12:20 PM T,Th	Metro Aquatic Team June 3 Swim Team: 7:15 - 8:45 a.m. Water Polo: 8:45 - 9:30 a.m.
<b>Rio Grande</b> (848-1397)	11:00 AM – 12:00 PM	12:00 – 5:00 PM 5:30-8:00 PM		12:00 – 5:00 PM	Sessions 1 – 3 Morning Sessions 1 and 2 - Evening		Metro Aquatic Team June 3 10:00-11:00 AM
<b>Sandia / Betsy Patterson</b> (275-6279)	6:00 – 8:00 AM 4:30 – 6:00 PM 8 lanes	12:30 – 4:30 PM 6:00 – 8:00 PM (Friday)	11:00 AM – 1:00 PM	1:00 – 5:00 PM	Sessions 1 – 4 Morning and Evening		Club Swim Team: Charger Aquatics M-F 8:00-9:30 AM Masters MWF 5:00-6:00 AM
<b>Sierra Vista</b> (897-8819)		12:30 – 5:00PM Starting July 5 <sup>st</sup> 5:30 – 8:00 PM		12:00-5:00 PM	Sessions 1 – 4 Morning Session 1 – 2 Evening		Metro Aquatic Team June 3 7:00 – 10:00 AM
<b>Sunport</b> (848-1398)	11:30 AM – 12:30 PM	12:30 – 5:00PM 5:30-8:00 PM (M,Th,F only)		12:00 – 5:00 PM	Sessions 1 - 3 Morning Session 1 – 2 Evening		Metro Aquatic Team June 3 10:00-10:50 AM
<b>Valley</b> (768-5349)	6:00 – 8:00 AM (M-F) 6:30-7:30 PM (M-TH)	11:30AM - 4:00 PM (M-F) 7:30 – 8:30 PM (M-TH) 5:00 – 8:30 PM (Friday)	12:00 – 1:00 PM	1:00 – 5:00 PM Lap Lanes Available	Sessions 1 – 4 Morning and Evening	Aerobics 6:30 – 7:30 PM (M,W,Th) Deep Water Tu and Th 6:30-7:30 PM	Metro Aquatic Team June 3 4:00 – 4:55 PM Water Polo: 5:55 p.m. (Mon-Th)
<b>West Mesa Aquatic Center</b> (836-8718) -50 Meter Olympic -Indoor slide pool -Outdoor slide pool	5:30 – 8:00 AM 12:30 – 2:30 PM 3:00 – 5:00 PM 6:00 – 8:00 PM	(All pools Pre-sale 5:30 AM until all tickets are sold) 12:30 – 2:30 PM & 3:00-5:00 PM (Outdoor Pool Only M-TH) 6:00-8:00 PM (All pools open Friday Only) 6:00-8:00 PM	12:00-2:30 PM 3:00-5:00 PM	(All pools) <b>Pre-Sale Hours: 11:00AM – until all tickets are sold</b> 12:30 - 2:30 PM 3:00 – 5:00 PM	Sessions 1 – 4 Morning and Evening	Aerobics 9:00 – 10:00 AM M – F 7:00 – 8:00 PM M,Tu,TH	Metro Aquatic Team June 3 8:00 – 10:00 AM
<b>Wilson</b> (256-2095)		12:00 – 5:00 PM 5:30-8:00 PM		12:00 – 5:00 PM	Session 1 2 & 3 Morning		Metro Aquatic Team June 3 9:00 -10:15 AM
<b>Los Altos</b> <b>768-4901</b>	6:00 – 8:00 AM 6:00 – 8:00 PM	12:30 – 4:00 PM 6:00 – 8:00 PM	11:00 AM – 1:00 PM	1:00 – 4:00 PM	Sessions 1 – 4 Morning Sessions 1 – 2 Evening Intercession July 1 - 5	Water exercise 9:00-10:00 AM M-F Water therapy 9:05-10:05 AM MWF Water exercise 6:30-7:30 PM M-Th	Metro Aquatic Team June 3 7:45 – 10:00 AM

**Special Events** – Friday Nights are \$0.50 for everyone at all pools! Sundays kids 17 and under are free at all pools beginning Memorial Day Weekend - August 11<sup>th</sup> ! Group rates are available. Pools are available to book for private rentals. For more information about special events, please call your local pool or visit [play.cabq.gov](http://play.cabq.gov)