



City of Albuquerque SwimLab Code of Conduct

As adults and role models it's important to help encourage and motivate all athletes by setting a good example. We live in a civil society where respect, maturity and effective communication can influence people in a positive manner. Please read over these rules and sign to help us maintain this status quo.

1. I will remember that adults participate to have fun, improve swimming skills, meet members of the aquatic community and that the league is semi-competitive.
2. I will inform the coach of any physical disability or ailment that may affect the safety of myself or others.
3. I will learn the rules and the policies of the league. I will also follow the rules of any of the facilities I attend to swim at.
4. I (and my guests) will not engage in any kind of unsportsmanlike conduct with any official, coach, or participant such as booing and taunting; refusing to shake hands; or using profane language or gestures.
5. I will not encourage any behaviors or practices that would endanger the health and well being of myself and other athletes.
6. I will refrain from coaching other members of SwimLab during meets and recreational swimming times they attend.
Any concerns will be brought up with the swim coach at a reasonable, convenient time.
7. I understand that SwimLab is a self-improvement service with social events where members of SwimLab compete in swim races against each other as well as supplementary instructional videos and not a private swim lesson service.
8. I am over the age of 18 years old.

Participants name (print) _____

Participants Signature / date _____