

# OUR POOL SITES & CONTACTS

## SANDIA CLUSTER

BETSY PATTERSON/SANDIA - (505) 275-6278  
7801 CANDELARIA NE @ CANDELARIA & PENNSYLVANIA

\*EISENHOWER - (505) 291-6292  
11001 CAMERO NE @ JUAN TABO & EUBANK

\*MONTGOMERY - (505) 888-8123  
5301 PALO DURO NE @ SAN MATEO & COMANCHE

## HIGHLAND CLUSTER

HIGHLAND - (505) 768-3940  
400 JACKSON SE @ SAN MATEO & CENTRAL

\*EAST SAN JOSE - (505) 848-1396  
2015 GALERA SE @ GIBSON & BROADWAY

\*WILSON - (505) 256-2095  
6000 ANDERSON SE @ SAN PEDRO & GIBSON

## LOS ALTOS CLUSTER

LOS ALTOS - (505) 768-4901  
10100 LOMAS NE @ LOMAS & EUBANK

\*SIERRA VISTA - (505) 897-8819  
5001 MONTAÑO NW @ COORS & MONTAÑO

\*SPLASH PADS - (505) 768-4901

## VALLEY CLUSTER

VALLEY - (505) 768-5349  
1505 CANDELARIA NW @ CANDELARIA & 12TH

\*RIO GRANDE - (505) 768-4928  
1410 IRON SW @ IRON & 14TH

\*SUNPORT - (505) 768-5399  
2033 COLUMBIA SE @ GIBSON & GIRARD

## WEST MESA AQUATIC CENTER

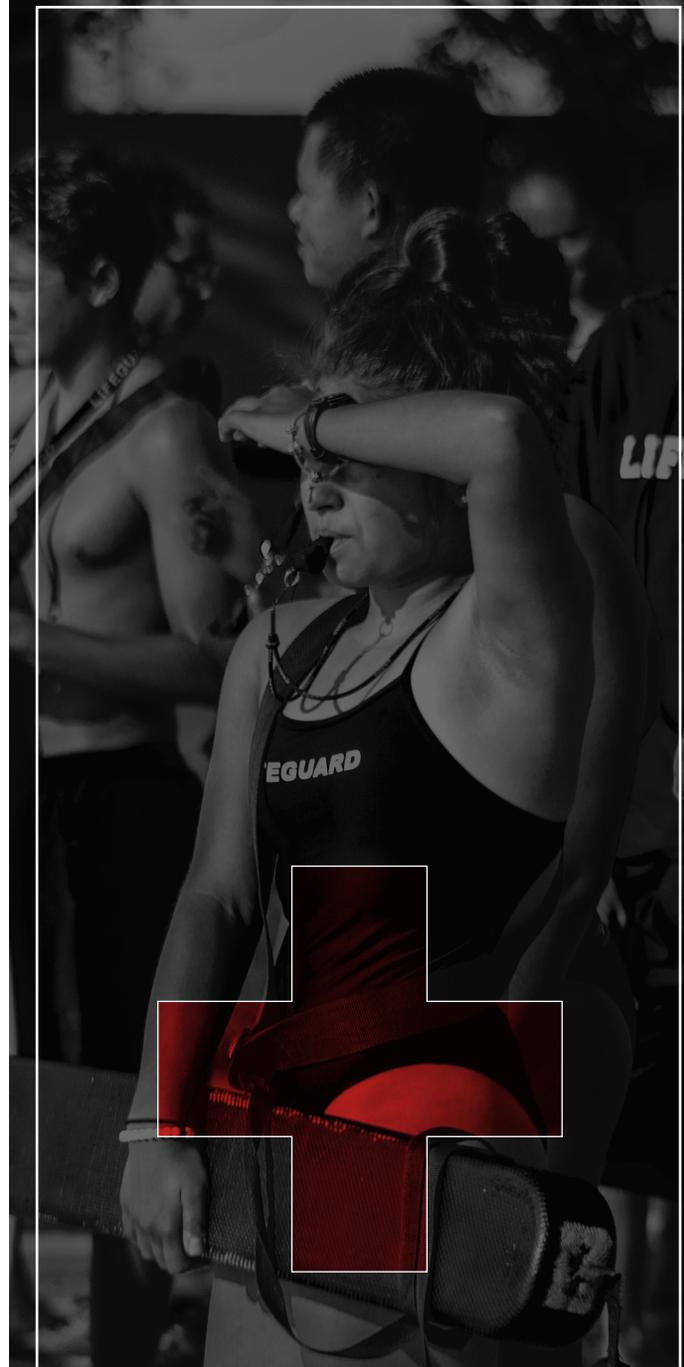
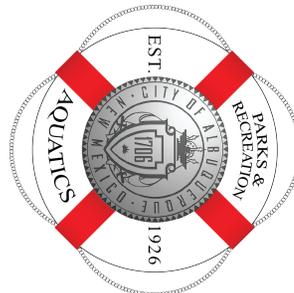
(505) 836-8718  
6705 FORTUNA NW @ COORS & FORTUNA

\* FACILITY NOT OPEN DURING SCHOOL YEAR

[WWW.CABOQ.GOV/AQUATICS](http://WWW.CABOQ.GOV/AQUATICS)



ONE  
ALBUQUE  
ROUE  
parks &  
recreation



CITY OF ALBUQUERQUE  
LIFEGUARDING

# WHY BE A LIFEGUARD?

## - YEAR-ROUND EMPLOYMENT

The City of Albuquerque offers lifeguards the opportunity to work year-round at its various swimming pools. It is a great way to work outdoors in the summer and avoid the cold once the winter returns.

## - FLEXIBLE SCHEDULING

The City of Albuquerque is aware that the majority of lifeguards are students. As such, the various swimming pools offer flexible scheduling that allows you to work during the school year and get the education you're seeking. Much of the time, you are able to study while at work!

## - LEARN LIFE SKILLS

Working at the various CABQ swimming pools is a great way to learn an assortment of different skills that can be utilized for future career paths as well as day-to-day life. It's an opportunity to learn lifesaving skills, effective communication, and learn how to be a successful leader.

## - PREPARE FOR FUTURE CAREERS

Working as a lifeguard is a stepping stone towards preparing for future careers. Besides offering the opportunity for growth within CABQ Aquatics or other City departments, this job is perfect for those wishing to build a resume and learn skills relevant towards pursuing careers in the medical field.



## - STAYING IN SHAPE

Not many jobs pay you to stay in shape or be physically fit, but this is definitely one of them. Lifeguards need to stay in shape in order to help ensure the safety of the people they're watching. This job is great motivation to stay working on your fitness!

## - MAKE LIFE LONG FRIENDS

Lifeguarding is a very fun and rewarding jobs that introduces you to a number of different people. The amazing people you guard and those that you work with can go on to be some of the most important people in your life. These bonds can last a lifetime and are one of the best parts of this job!

## - SAVING LIVES & SERVING THE COMMUNITY

Lifeguarding provides a unique opportunity in that it directly allows you to serve your community. You make your community safer by doing your job and ensuring the safety of pool patrons and their families. Aside from watching the waters, you can also teach the members of our community how to swim no matter their age!

## - CAN'T SWIM?

If you aren't built for water, that's okay! While the City of Albuquerque is always looking for lifeguards to watch its waters, it is always looking to hire other staff as well. CABQ Aquatics needs cashiers as well as labor workers to help run its facilities. It takes more than just lifeguards to operate a swimming pool.

# READY TO TAKE A CLASS?

## SIGNING UP

Please sign up at [play.cabq.gov](http://play.cabq.gov)

If we don't have enough participants before the first day of class, the class may be canceled. So sign up early!

## BEFORE THE CLASS

- Register for the course before the first day.
- Courses are **FREE** for those who want to work for the City and \$75.00 for outside organizations.
- Purchase rescue mask for \$15.00.
- Go to [www.redcross.org](http://www.redcross.org) for class materials.
- Must be 15 prior to the last day of the course.

## 1ST DAY

- Bring a swimsuit and a towel.
- Swim 300 yards without stopping; either freestyle or breaststroke is allowed.
- Perform 10 lb brick retrieval under 1:40 secs.
- Legs only tread for 2 mins.

## SUCCESSFUL COMPLETION

- Be punctual and attend all class dates.
- Pass all in-water lifeguarding skills and activities.
- Demonstrate competency in CPR, first-aid, lifeguard skills.
- Pass both written exams with an 80% or higher.

## UPON COMPLETION

- You will receive a valid CPR, first-aid, lifeguarding, AED certificate, valid for 2 years.
- Successful completion of the lifeguarding course does not guarantee a job with the city.
- Applicants who wish to continue to a city facility will have to meet with a hiring manager and pass the City's own water test.
- Applicants must be 15 years of age in order to apply for employment with the City.