

# OUR POOL SITES & CONTACTS

## SANDIA CLUSTER

BETSY PATTERSON/SANDIA - (505) 767-5448  
7801 CANDELARIA NE @ CANDELARIA & PENNSYLVANIA

\*EISENHOWER - (505) 767-5440  
11001 CAMERO NE @ JUAN TABO & EUBANK

\*MONTGOMERY - (505) 767-5442  
5301 PALO DURO NE @ SAN MATEO & COMANCHE

## HIGHLAND CLUSTER

HIGHLAND - (505) 768-3940  
400 JACKSON SE @ SAN MATEO & CENTRAL

\*EAST SAN JOSE - (505) 767-5446  
2015 GALENA SE @ GIBSON & BROADWAY

\*WILSON - (505) 256-2095  
6000 ANDERSON SE @ SAN PEDRO & GIBSON

## LOS ALTOS CLUSTER

LOS ALTOS - (505) 768-4901  
10100 LOMAS NE @ LOMAS & EUBANK

\*SIERRA VISTA - (505) 767-5444  
5001 MONTAÑO NW @ COORS & MONTAÑO

\*SPLASH PADS - (505) 768-4901

## VALLEY CLUSTER

VALLEY - (505) 768-5349  
1505 CANDELARIA NW @ CANDELARIA & 12TH

\*RIO GRANDE - (505) 768-4928  
1410 IRON SW @ IRON & 14TH

## WEST MESA AQUATIC CENTER

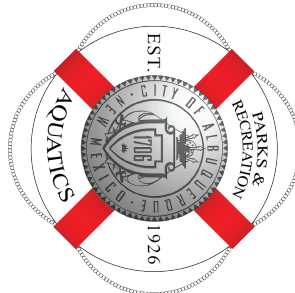
(505) 836-8718  
6705 FORTUNA NW @ COORS & FORTUNA

\* FACILITY NOT OPEN DURING SCHOOL YEAR

[WWW.CABQ.GOV/AQUATICS](http://WWW.CABQ.GOV/AQUATICS)



ONE  
ALBUQUE  
ROUE  
parks &  
recreation



CITY OF ALBUQUERQUE  
LIFEGUARDING

# WHY BE A LIFEGUARD?

## - YEAR-ROUND EMPLOYMENT

The City of Albuquerque offers lifeguards the opportunity to work year-round at its various swimming pools. It is a great way to work outdoors in the summer and avoid the cold once the winter returns.

## - FLEXIBLE SCHEDULING

The City of Albuquerque is aware that the majority of lifeguards are students. As such, the various swimming pools offer flexible scheduling that allows you to work during the school year and get the education you're seeking. Much of the time, you are able to study while at work!

## - LEARN LIFE SKILLS

Working at the various CABQ swimming pools is a great way to learn an assortment of different skills that can be utilized for future career paths as well as day-to-day life. It's an opportunity to learn lifesaving skills, effective communication, and learn how to be a successful leader.

## - PREPARE FOR FUTURE CAREERS

Working as a lifeguard is a stepping stone towards preparing for future careers. Besides offering the opportunity for growth within CABQ Aquatics or other City departments, this job is perfect for those wishing to build a resume and learn skills relevant towards pursuing careers in the medical field.



## - STAYING IN SHAPE

Not many jobs pay you to stay in shape or be physically fit, but this is definitely one of them. Lifeguards need to stay in shape in order to help ensure the safety of the people they're watching. This job is great motivation to stay working on your fitness!

## - MAKE LIFE LONG FRIENDS

Lifeguarding is a very fun and rewarding job that introduces you to a number of different people. The amazing people you guard and those that you work with can go on to be some of the most important people in your life. These bonds can last a lifetime and are one of the best parts of this job!

## - SAVING LIVES & SERVING THE COMMUNITY

Lifeguarding provides a unique opportunity in that it directly allows you to serve your community. You make your community safer by doing your job and ensuring the safety of pool patrons and their families. Aside from watching the waters, you can also teach the members of our community how to swim no matter their age!

## - CAN'T SWIM?

If you aren't built for water, that's okay! While the City of Albuquerque is always looking for lifeguards to watch its waters, it is always looking to hire other staff as well. CABQ Aquatics needs cashiers as well as labor workers to help run its facilities. It takes more than just lifeguards to operate a swimming pool.

# READY TO TAKE A CLASS?

## SIGNING UP

Please sign up at [play.cabq.gov](http://play.cabq.gov)

If we don't have enough participants before the first day of class, the class may be canceled. So sign up early!

## BEFORE THE CLASS

- Register for the course before the first day.
- Courses are FREE for those who want to work for the City and \$150.00 for outside organizations.
- Purchase rescue mask for \$15.00.
- Go to [www.redcross.org](http://www.redcross.org) for class materials.
- Must be 15 prior to the last day of the course.

## 1ST DAY

- Bring a swimsuit and a towel.
- Swim 150 yards non-stop, perform a 2 minute legs only tread, and then swim 50 additional yards.
- Perform 10 lb brick retrieval in under 1:40 secs.

## SUCCESSFUL COMPLETION

- Be punctual and attend all class dates.
- Pass all in-water lifeguarding skills and activities.
- Demonstrate competency in CPR, first-aid, lifeguard skills.
- Pass written exam and skills assessments with an 80% or higher.

## UPON COMPLETION

- You will receive a valid Red Cross certification, valid for 2 years.
- Successful completion of the lifeguarding course does not guarantee a job with the city.
- Applicants who wish to continue to a city facility will have to meet with a hiring manager and complete a water test and application.
- Applicants must be 15 years of age in order to apply for employment with the City.