



# WEST MESA FALL LESSONS



Registration starts  
August 9th at 10 am

Sign up in person or online  
at [play.cabq.gov](https://play.cabq.gov)



## POD OVERVIEW



### PARENT TOT 1

AGE: 6-18 MONTHS

### PARENT TOT 2

AGE: 18 MONTHS - 2 YEARS

### PRESCHOOL 1

AGE: 3-4.5 YEARS

### PRESCHOOL 2

AGE: 4-5 YEARS

THE FOLLOWING PODS ARE SKILL  
BASED

### POD 1 - FLOATING

AGE: 6-14 YEARS

### POD 2 - FREESTYLE

AGE: 6-14 YEARS

### POD 3 - BACKSTROKE

AGE: 6-14 YEARS

### POD 4 - BREAST/FLY

AGE: 6-14 YEARS

## FALL LESSONS



### SESSION 1:

**DAYS:** TUESDAY AND THURSDAYS

**DATES:** SEPT 9<sup>TH</sup> - OCT 2<sup>ND</sup>

**TIMES:** 5:15P - 5:45P

PARENT TOT, PRESCHOOL 1 AND 2  
AND POD 1 ONLY



### SESSION 2:

**DAYS:** TUESDAY AND THURSDAYS

**DATES:** OCT 7<sup>TH</sup> - OCT 30<sup>TH</sup>

**TIMES:** 5:15P - 5:45P

