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NEIGHBORHOOD NEWS

MAY 2019



NEWS



**MAY
THE FOURTH
BE WITH YOU...ALWAYS!**





INSIDE

Prescription Trails Offer Free Fitness Opportunities

4.

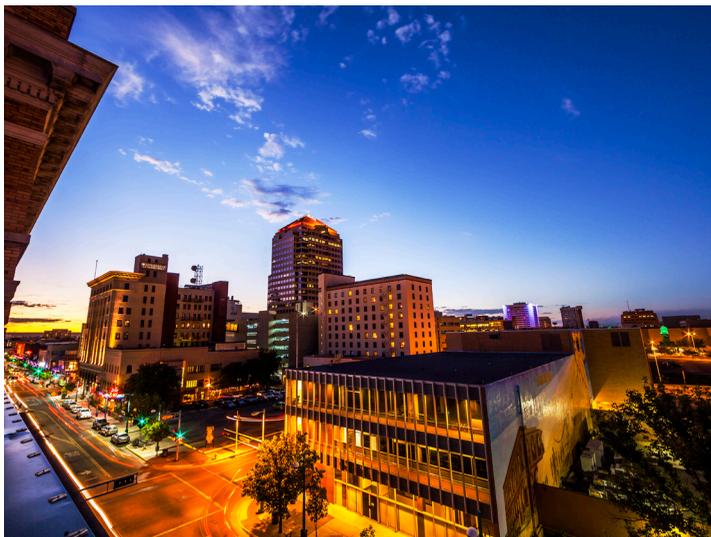
Barelas Neighborhood Showcased in Historic Photos

6.



Last Chance for Zoning Conversions Coming Up!

10.



National Senior Games Seek Volunteers!



The National Senior Games is possibly the largest event to come to Albuquerque, aside from the annual Balloon Fiesta! this 10-day event will bring an estimated 15,000 athletes to Albuquerque, including their families and friends, and will provide an excellent opportunity for our city to show what makes us so great! With the expected influx of athletes comes a significant need for volunteers!

"We need a minimum of 3,000 volunteers for this event," said Senior Services Association Director Anthony Romero.

Volunteers are needed in such diverse areas as: hospitality, scorekeeping, venue coordination, athlete registration, and awards presentation, and will typically serve a minimum of four hours and will receive training in their preferred area of serving the event.

"It's very exciting for our city to host this national event," said Romero. "In addition to bringing positive attention to our city on a very large scale, it is also a great opportunity for people in the community to be part of it, either as a volunteer or even just coming out to support the athletes. We really encourage everyone in Albuquerque and in the state to be part of this great event!"

If you would like to volunteer at the 2019 National Senior Games, send an e-mail to: volunteer@nsga.com or call (505) 210-1930.

To learn more about the National Senior Games themselves, visit: www.nsga.com for details. •



Prescription Trail Parks Offer Free Fitness Options

Did you know you can work out for free along our Prescription Trails?

Springtime usually means more sunshine, longer days, and often, a desire to be more active. If you want to be out in the sunshine and get in some extra steps toward your daily recommended 10,000, why not check out one of Albuquerque's many Prescription Trail Parks?

A Prescription Trail is a walking path in a city park, of varying length and degrees of difficulty. Albuquerque has nearly 30 Prescription Trails dotted about, with each installed as a way of encouraging residents, families and even pets to

increase activity level. It's also a good way to encourage residents to utilize their city parks.

"The great thing about a Prescription Trail is that it's easy to use," said Christina Sandoval, Principal Planner at the Parks and Recreation Department. "No matter what level of fitness you're at, you can take a walk or roll in a wheelchair. Even taking just one walk per day can have enormous benefits on your health."

Walking is a great form of exercise, and can also be a

gateway to other types of physical activity, such as working out or using fitness machines; and many Prescription Trail parks have fitness equipment, making our city's free fitness options much more comprehensive.

"We've found with many of our residents who walk the trails regularly that they oftentimes have a health issue that prevents them going to the gym, or they may not have the financial resources or inclination to go to a fitness center," said Sandoval. "But a Prescription Trail can be used by anyone. It's actually a very inclusive program!"

When using a Prescription Trail for walking or running, always wear comfortable shoes and bring water. The Dietary Guidelines for Americans say that most adults should be physically active on a moderately intensive level for 30 minutes on most days of the week.



"We really encourage all our residents to get out there and use these great trails," said Sandoval. "It's not only good for your physical health, it's also a great way to be part of all the fun events happening at all neighborhood parks across the city."

The Parks and Recreation Department maintains and oversees 286 parks citywide, which includes the Prescription Trails parks, 14 dog parks, and City swimming pools.

You can also enjoy one of the City's four golf courses, and the 29,000-acre Open Space Program.

To learn more about the City's

Prescription Trail Program, visit: <http://prescriptiontrails.org>

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Mother's Day Historic Home Tour Coming Up!

Want to show appreciation to a great mom this Mother's Day? Why not take them on the Bi-Annual Mother's Day Home Tour in the Huning Highlands Historic District on Sunday, May 12 between 11am and 3pm? This unique neighborhood tour showcases five homes and gardens, and two commercial/residential buildings, all from the turn of the last century! To learn more about this event, visit the Huning Highlands Historic District website at: hhda.squarespace.com •



Photo Exhibit Showcases Neighborhood History



The Barelás Neighborhood is one of the most historic in Albuquerque. With residents living there as far back as the 18th century, its particular history and location gave rise to numerous city destinations, including the zoo, the National Hispanic Cultural Center, the Albuquerque Chamber of Commerce, and most recently, the revitalized Rail Yards Market. With the February 2019 opening of the Barelás Photo Exhibit at the Barelás Community Center, the history of this close-knit neighborhood provides yet another draw for the Albuquerque community to see why Barelás is so unique.

The photo exhibit showcases the stories of the diverse people who lived in Barelás their entire lives, whose children and grandchildren and even great-grandchildren have continued to make up the fabric of this area, and also demonstrates how the neighborhood has evolved from mainly residential homes and small shops to one of the most instantly recognizable areas in town.

“We wanted to do something to honor the history of the neighborhood and the people who have lived here over the years,” said Barelás Neighborhood Association member Julia Guerra. “The idea originated during a meeting between the former

supervisor of the Barelás Community Center, Melissa Peters, myself, and Alicia Romero, current president of the Association, and many people contributed photos from the neighborhood.”

The community center had previously partnered with the neighborhood association for other events and when Melissa mentioned that her staff had found a treasure trove of old black-and-white photographs of people who had attended the community center over the past 60 years, the photo exhibit was born.

At its heart, Barelás has always been about the connected people who make up this beautiful neighborhood near the heart of our city. This interconnectedness is clearly demonstrated in the many historic photos in the Exhibit, and not only reflect the colorful history of the earlier residents of Barelás, it also provides a way to showcase the future of the neighborhood as well.

The Barelás Photo Exhibit will be on display through the end of July 2019 at the Barelás Community Center, 801 Barelás SW. ●

Civic Skills Workshop: A Place-Building Toolkit

Join us for a Civic Skills Workshop on three dates in May focused on Planning, Zoning, & Organizing: The Place-building Toolkit. This event is a collaboration between the Office of Neighborhood Coordination (ONC), the Planning Department, and Common Ground ABQ, a McCune Foundation-funded program using an equity lens to strengthen the relationship between the City, local organizations, and underserved communities.

Visit <https://abc-zone.com/ido-trainings> to RSVP for one of the trainings!

Saturday, May 11

10:30 a.m. – 12:30 p.m.

**Los Duranes Community Center
2920 Leopoldo Rd NW**

Tuesday, May 14

5:30 – 7:30 p.m.

**Cesar Chavez Community Center
7505 Kathryn Ave SE**

Wednesday, May 15

11:30 – 1:30 p.m.

**Mesa Verde Community Center
7900 Marquette Ave NE**

Last Chance to Opt Into Zoning Conversion Process!

IDO Zoning Conversions

The deadline to submit the Property Owner Request and Agreement Form to the Planning Department is 5 p.m. on May 16, 2019. To download the form and find out more, visit the project website: <https://tinyurl.com/zc-project>

IDO Annual Update 2019

The list of proposed updates to the Integrated Development Ordinance (IDO) is posted on the project webpage at: <https://abc-zone.com>

Daytime and evening meetings will take place in May and June 2019 to walk through the proposed changes by IDO chapter. See the project webpage for details. Follow-up working sessions for complicated issues will be scheduled as needed.

The final list will be submitted to the City's review and decision process in July for an EPC hearing in September 2019.

The list of proposed updates will continue to grow and change until City Council takes final action for this annual update. You can email your ideas, edits, or comments to: abcto@cabq.gov for consideration. To be most helpful, please reference a particular section in the IDO, if possible, so that staff can best understand your suggestion. See the IDO Effective Draft here: <https://ido.abc-zone.com>.

Keep up to date with all the IDO deadlines and events by frequently checking this website: <https://abc-zone.com/ido-annual-update-2019> •



What Makes Albuquerque GREAT?

Let us know what makes Albuquerque great by e-mailing: onc@cabq.gov and we'll feature your answer in an upcoming newsletter!



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HOWDY NEIGHBOR!

Want to get involved?

If you want to learn more about neighborhood associations, or find out what resources we can bring to your neighborhood, contact us! Our vision is to have an engaged, connected city based on trust with safe, diverse communities that have a voice and feel empowered to address their concerns in a meaningful way.

Neighborhood News is published monthly by the Office of Neighborhood Coordination (ONC).

Staff:

Angelo Metzgar, ONC Manager

Vanessa Baca, Neighborhood Communication Liaison

Vicente Quevedo, Neighborhood Liaison

Dalaina Carmona, Senior Administrative Assistant



Office of
**Neighborhood
Coordination**

Creating Community Together



 (505) 768-3334

 onc@cabq.gov

 cabq.gov/neighborhoods

1 Civic Plaza NW Suite 9087,
9th Floor
Albuquerque, NM 87102
TTY 1-800-659-8331