

# Uko uburyo bwo kwipima COVID-19 bwa iHealth bukoresheha

Soma amabwiriza cyangwa urebe videwo ikubiyemo inyigisho kuri [ihealthlabs.com](http://ihealthlabs.com) mbere yo gutangira.

## UGOMBA KUBA UFITE IBI BIKORESHO

Agapamba ko gufatisha ibipimo



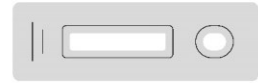
Agapamba kaba kari mu ipaki!

Agacupa karimo umuti



iHealth

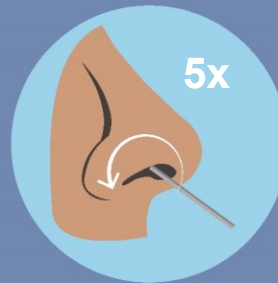
Kasete yo gupima COVID-19



## INTAMBWE YA MBERE: SHYIRA AGAPAMBA MU ZURU



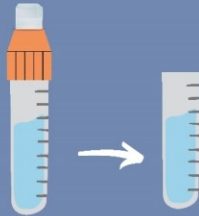
Kura agapamba mu ipaki maze ufate ku mpera itariho ipamba.



Zunguza agapamba mu zuru (winjizemo kugeza nko kuri 1/2 cya inshi).  
Zunguza inshuro 5 muri buri mwenge w'izuru.

## INTAMBWE YA KABIRI: KUVANGA IGIPIMO N'UMUTI

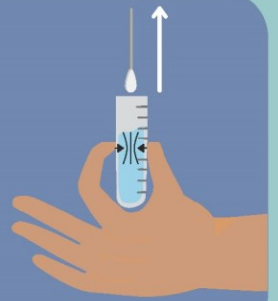
Kura agafuniko ka oranje ku gacupa.



Shyira agapamba mu muti. Koroga inshuro 15.



Vana agapamba mu muti ukanze agacupa. Hanyuma wongere upfundikire na ka gafuniko ka oranje.



## INTAMBWE YA GATATU: PIMA

Kura agafuniko kabonerana ku gafuniko ka oranje.

Kandira **ibitonyanga 3** ku kazeru kari kuri kasete.

Tegereza iminota 15.



## INTAMBWE YA KANE: IBISUBIZO

Iyo hariho imirongo ibiri, biba bivuze ko **wanduye COVID**.



\*Imirongo ishobora kuba itagaragara neza

Iyo hari umurongo umwe gusa kuri "C", biba bivuze ko **utanduye COVID**.



Iyo nta murongo uhari cyangwa uri gusa kuri "T", biba bivuze ko ibisubizo **bituzuye**.



Niba ufite ibibazo, sura urubuga rwa [cv.nmhealth.org/selftest](http://cv.nmhealth.org/selftest) cyangwa uhamagare umurongo utangirwaho ubufasha bujyanye na koronavirusi: **1-855-600-3453**

