# Mental Health Response Advisory Committee (MHRAC) Resource Subcommittee Annual Report 2018

Prepared by: MHRAC Resource Subcommittee, December, 2018

Co-Chairs: Ellen Braden and TBD

Committee Members: Karen Navarro, Delia Munoz, Lt. Matt Dietzel, Rob Nelson, Kevin Arthun

### 1 Overview

The MHRAC Resource Subcommittee (RSC) is committed to identifying and helping to implement, for the Albuquerque Police Department (APD), a methodology and system for identification, verification, delivery, maintenance, and quality feedback of resource information which serves both the APD and the community. This report details progress of the RSC in delivering a tailored resource information system that addresses APD, community, and homeless needs. The report further identifies the RSC's completions in 2018 and direction for 2019.

# 2 Scope

This report is in response to the requirement set forth in the City of Albuquerque Settlement Agreement (CASA) Paragraph 117 for MHRAC committees to prepare and release an annual report identifying their activities. This report is for the RSC and is for the period of January 1, 2018 to December 31, 2018. For this document "resource(s)" is defined as services in the local community which support individuals with behavioral health conditions, their families, caregivers, those with brain injury, and the homeless.

# **3 CASA Requirements: Resources**

The CASA contains several requirements addressing resources; the following are extracts from the sections dealing with resources.

- Paragraph 115: states that the MHRAC shall "identify mental health resources that may be available to APD,"
- Paragraph 116: states the MHRAC shall "seek to enhance coordination with local behavioral health systems, with the goal of connecting chronically homeless individuals and individuals experiencing mental health crisis with available services."
- Paragraph 117: requires that the MHRAC shall provide a report to APD "identifying available mental health resources."

From these three requirements, the Resource Subcommittee is defining its responsibility to assist APD as:

- 1. Identifying resources that are of importance to APD and the community with regards to behavioral health,
- 2. Identifying techniques to distribute information about behavioral health resources to the large community,
- 3. Implementing techniques to extend resource information to the homeless and individuals experiencing a mental health crisis, specifically focusing on the resource cards that have proven to be widely used,
- 4. Developing a quality plan to vet resources and incorporate community and APD input into the maintenance and improvement of a resource information system over the long term.

### 4 Deliverables

From the above requirements the primary deliverables to be achieved by APD and the RSC are:

- 1. Updating and enhancing the currently utilized paper resource card to be provided by APD,
- 2. Electronic access to resource information via the APD website if the field officers in APD determines this is a needed resource, or utilizing other electronic resource websites,
- 3. A quality process to allow for feedback and improvement.

## **5 Performance**

The RSC is an all-volunteer group. Therefore, they will do their best to help APD achieve the goals identified in this document. The RSC has seen change in both leadership and membership over 2018, which has led to challenges in implementing concepts designed from the previous year.

### 6 Needs:

As previously identified, the RCS is an all-volunteer group. To be effective in helping APD with this project the RSC can use administrative support in maintaining minutes of meetings, and funding to support an efficient electronic mechanism for APD to find and utilize community resources.

# 7 Accomplishments 2018

- 1. Review of paper resource card and recommendations for updating to enhance resources provided to APD and the community. APD continues to support the printing and distribution of the cards.
- 2. Exploration of two other databases and their availability for utilization by APD.
- 3. Ongoing review of purpose of RSC.
- 4. Annual Report

### 8 Tasks for 2019

The following are projected activities for the RCS and APD.

- Select a co-chair
- Complete review of best practices and lessons learned, where other PDs, have implemented resource flyers, websites, etc.
- Complete collection of stakeholder requirements.
- Complete identification of other needs of APD, and provide resources as appropriate.