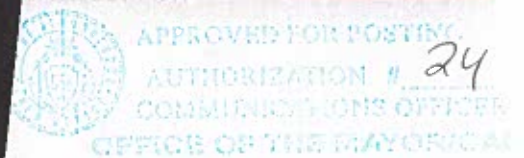


# WELLNESS REWARD



## BENEFITS ELIGIBLE EMPLOYEES -

including benefits eligible spouses/domestic partners who complete the Personal Health Assessment (PHA) will earn a **\$25.00** Amazon.com gift card through the Wellness Program!



## EARNING A GIFT CARD IS EASY!

Complete your Personal Health Assessment (PHA).

**Step 1:** Using an internet browser, go to the Presbyterian homepage: [www.phs.org](http://www.phs.org).

**Step 2:** Click on "myPRES Login" on the upper right hand corner of the page and sign in to your myPRES account.

**Step 3:** Access Wellness at Work

- Set up your profile if you have not done so already.
- Complete your Personal Health Assessment (PHA).



BetterHealth

*Better you.*