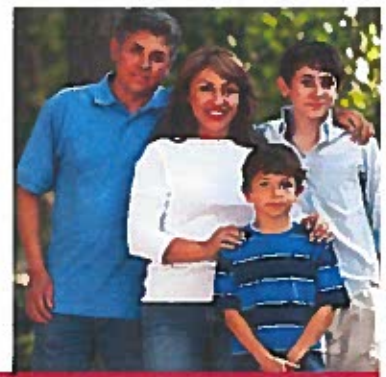


# View Your Health Plan Benefits at myPRES



**PRESBYTERIAN**  
Presbyterian Health Plan, Inc.  
Presbyterian Insurance Company, Inc.

## ACCESSING myPRES:

- If you do not have a myPRES account, go to [www.phs.org](http://www.phs.org) and look for the "Register Now" link in the myPRES Login box. Follow the easy steps to create a login and password.
- If you already have a myPRES account, you may log in anytime through the myPRES Login box on our [www.phs.org](http://www.phs.org) home page.
- Once you've logged in, select the myPRES option to access your personal information.

## Dear Member:

You can quickly and easily review your benefit information at your convenience using myPRES.

A myPRES account gives you secure, 24-hour access to your health plan information and member exclusive tools and resources. An important eco-friendly feature of myPRES is the ability to view and print your health plan benefit materials; therefore, you will no longer automatically receive paper copies of your benefit materials.

## Through myPRES you can also:

- Look up your benefit information
- Check the status of your membership
- Change your Primary Care Provider
- Review your claims history
- Request replacement Member ID cards
- Send an online question to Customer Service

If you do not have a way to access the Web or would like to receive your member materials by mail, please call the Presbyterian Customer Service Center at (505) 923-5678 or toll-free at 1-800-356-2219, TTY users may call (505) 923-5699 or toll-free at 1-877-298-7407.