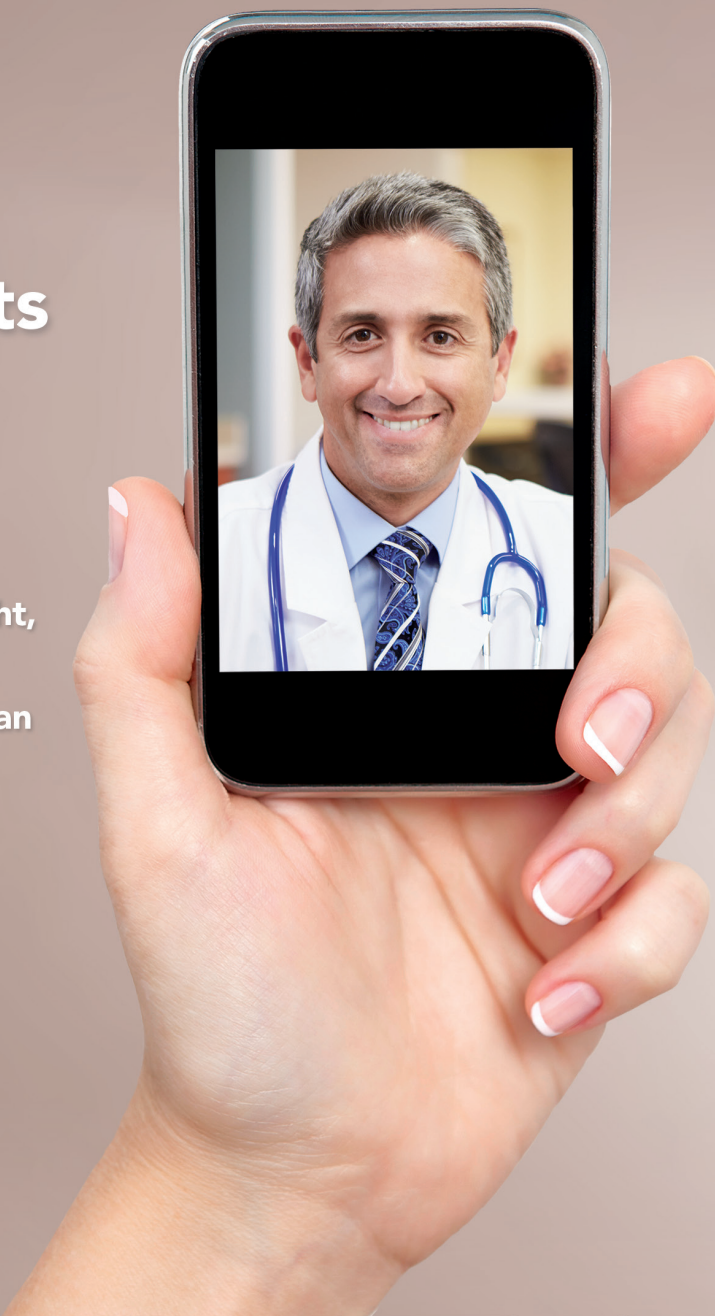


Only our plans have Video Visits for \$0 for most members.

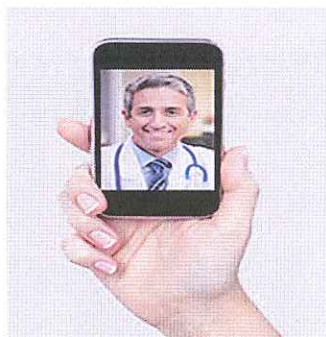
See a doctor anytime, day or night,
with Presbyterian Video Visits.
And most Presbyterian Health Plan
members pay \$0.



- Set up an appointment on your computer, smartphone or tablet
- Get diagnosed for minor illnesses and injuries
- Get prescriptions
- Available to most Presbyterian Health Plan members

 **PRESBYTERIAN**
Health Plan, Inc.

(505) Ask-PRES | phs.org



Schedule a Video Visit via myPRES

Step 1: Login to myPRES

As a Presbyterian Health Plan member you can access Video Visits from your myPRES dashboard. Once there, tap the Schedule a Video Visit link to begin. A care coordinator will contact you shortly to help connect you with a medical provider:

You may register for a myPRES Account at www.phs.org

Step 2

Click on the Schedule a Video Visit link and register for a Video Visits account. It's quick and easy and we'll walk you through each step.

Tip: Complete this form in advance so you're ready to go should you need to schedule a Video Visit.

Step 3: Scheduling Your Online Doctor Visit

You'll be greeted by a care coordinator who's there to quickly connect you with a medical provider. Following a brief consultation, you'll be placed into the Waiting Room queue.

Step 4: Your Consultation

Within 30 minutes or less, a medical provider will contact you on the device of your choice (computer, tablet, or smartphone). He or she will ask you to describe your medical issue, offer a diagnosis and medical advice, and, if a prescription is appropriate, send one to your pharmacy.

STEP 5: Follow-Up

After your appointment, you'll receive a text message once you have completed a mobile phone visit or email after you have completed a Video Visit on your computer, prompting you to access your Presbyterian Video Visit profile account to download your Visit Summary.

Return to your Presbyterian Video Visit profile account anytime to review past medical information. Remember, this account is different from your **myPRES** member account.