Follow these simple guidelines as stairwell safety precautions.

Always Use the Handrails
They can help prevent a fall if you slip or trip.

Don’t Impair Your Vision
Avoid carrying loads that block your vision or require two hands.

Don’t Text or Read While Taking the Stairs!
Look straight ahead at the stairs in front of you.

Obey Basic Traffic Rules
Stay on the right side of the stairwell to avoid collisions.

Be Vigilant
Alert maintenance personnel if you notice stairwell lights have gone out or the tread on stairs has worn off or is damaged.

Wear Proper Shoes
Avoid taking the stairs if you are wearing shoes with slick soles or high heels.