

Presbyterian Gym Membership Benefit for July 1, 2021 - June 30, 2022

- **New employees** who wish to use the gym benefit must enroll in Presbyterian Health Plan with Gym Membership within 31 days of employment. Enrolled dependents 18 and over receive the gym benefit when employees enroll.
- **Current employees who already have the Presbyterian Gym Benefit** will remain enrolled unless they make changes in Employee Self Service by deadline of open enrollment.
- **Current employees who wish to add the Gym Benefit** must select the Presbyterian Health Plan with Gym Membership in Employee Self Service by deadline of open enrollment. Enrolled dependents 18 and over receive the gym benefit when employees enroll.
- **Current employees who have never enrolled in the City's Health insurance** can enroll in the Presbyterian Health Plan with Gym Membership within 31 days of a qualifying life event.
- IRS considers gym memberships a taxable benefit and tax deductions occur with each paycheck.
- **Disclaimer: Use this list at your own discretion. Participating gyms may change at any given time. The most current Prime Member gyms available can be found at primemember.com. The City of Albuquerque, Presbyterian Healthcare Services, or their affiliate partners will not be held accountable for changes or gyms no longer available in this list.**

Participating Gyms as of May 6th, 2021

Defined Fitness (ABQ, Rio Rancho, Santa Fe, Farmington)	Sports & Wellness (Reduced membership rate for enrolled employees)
505 Fitness & Wellness (Belen)	Longevity! Strength Training & Fitness (Santa Fe)
AB's Exclusive Fitness (Santa Fe)	Main Street Muscle & Fitness Center (Belen)
Amplify Strength & Conditioning (ABQ)	McLeod Mountainside YMCA (ABQ)
Anytime Fitness (Los Lunas, Los Alamos, Santa Fe, Rio Rancho, ABQ, Espanola)	Mo's Gym (ABQ)
Belen Community Center (Belen)	New Heart (ABQ)
Body Mass Foundation (ABQ)	Planet Fitness (Los Lunas, Santa Fe, Rio Rancho, ABQ)
BodyShock Fitness Studio (Belen)	Pojoaque Wellness and Healing Arts Center (Santa Fe)
Center for Ageless Living Health&Wellness Program (Belen)	Powerflex Gym (ABQ)
Christus St. Vincent Health & Fitness Center (Cardiac & Pulmonary Rehab Gym) (Santa Fe)	R.L. Lucero Center (Española)
CHUZE Fitness (ABQ)	Rio Rancho Aquatic Center (Rio Rancho)
CrossFit Petroglyph (ABQ)	Roots Fitness (Rio Rancho)
Crunch Fitness (ABQ)	Santa Fe Athletic Co. (Santa Fe)
Elite Muscle (Belen)	SANTA FE HEALTH & FITNESS (Santa Fe)
Elite Physique Gym (Rio Rancho)	Simms Fitness (ABQ)
Espanola Fitness Studio (Espanola)	Snap Fitness (ABQ)
Extreme Fitness (Belen)	Stretch Strength & Fitness (ABQ)
Gainz Fitness (ABQ)	Superior Fitness Phone (Santa Fe)
GoTime Fitness (Rio Rancho)	The Athlete's Playground, LLC (ABQ)
Hardkor Fitness (Belen)	The Hit Fit Club (ABQ)
HB and Lucille Horn YMCA at the Heights Branch (ABQ)	The Open Gym (ABQ)
HEALTH & FITNESS (Santa Fe)	UFC Gym (Rio Rancho)
Inspire Fitness (Belen)	United Fit (ABQ)
Life 180 Biorhythm Center, Inc (Belen)	Z-Fit of New Mexico (ABQ)