

# Presbyterian Baby Benefits

A Prenatal Wellness Program



 **PRESBYTERIAN**  
Health Plan, Inc.

## Congratulations on your pregnancy!

Presbyterian offers a program that will help you have a healthy pregnancy and baby. You can enroll in the Presbyterian Baby Benefits prenatal program in one of these ways:

- Online at [www.mypres.org](http://www.mypres.org)
- Call us at (505) 923-5017
- Mail your enrollment certificate:  
Presbyterian Health Plan  
PO Box 27489  
Albuquerque, NM 87125

**STEP**  
**1**

Have your first prenatal (pre-birth) visit before week 14 of your pregnancy and earn a \$25 gift card\*. (If you enroll with Presbyterian after the 14 weeks, please call us as you may still be eligible.)

**STEP**  
**2**

Go to at least 10 (or 80%) of your recommended prenatal visits and earn a \$75 gift card\*. You can use it towards healthy items.

**STEP**  
**3**

Have a visit to check your health within 1-12 weeks (7-84 days) after your baby is born (postpartum) and earn a \$50 gift card\*.

\*This gift card cannot be used to buy alcohol, tobacco or firearms.

**We will accept your submissions up to one year after your baby's birth.**

**Performance Improvement Department**  
Voicemail only. Calls returned within 24 hours.

Phone: (505) 923-5017  
Toll-free: 1-866-634-2617  
TTY users: 711  
Email: [Performanceimp@phs.org](mailto:Performanceimp@phs.org)

Available to Bernalillo County and City of Albuquerque and participating entities enrolled in Presbyterian Health Plan. You can earn rewards if you join our prenatal program. Learn more and sign up online at [www.phs.org/mypres](http://www.phs.org/mypres).

Presbyterian complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al (505) 923-5420, 1-855-592-7737 (TTY: 711).

Díí baa akó nínízin: Díí saad bee yánítíí'go Diné Bizaad, saad bee áká'ánída'áwo'déé', t'áá jjik'eh, éí ná hóló, kójj' hódíílnih (505) 923-5420, 1-855-592-7737 (TTY: 711).