BENEFITS ELIGIBLE EMPLOYEES - 

including benefits eligible spouses/domestic partners who complete the Personal Health Assessment (PHA) will earn a $25.00 Amazon.com gift card through the Wellness Program! (Note: you can take your PHA as many times as you'd like, however, gift cards are only redeemable once per fiscal year.)

EARNING A GIFT CARD IS EASY!

Complete your Personal Health Assessment (PHA).

**Step 1:** Using an internet browser, go to the Presbyterian homepage: www.phs.org.

**Step 2:** Click on “myPRES Login” on the upper right hand corner of the page and sign in to your myPRES account.

**Step 3:** Access Wellness at Work

- Set up your profile if you have not done so already.
- Complete your Personal Health Assessment (PHA).